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THE GARDEN

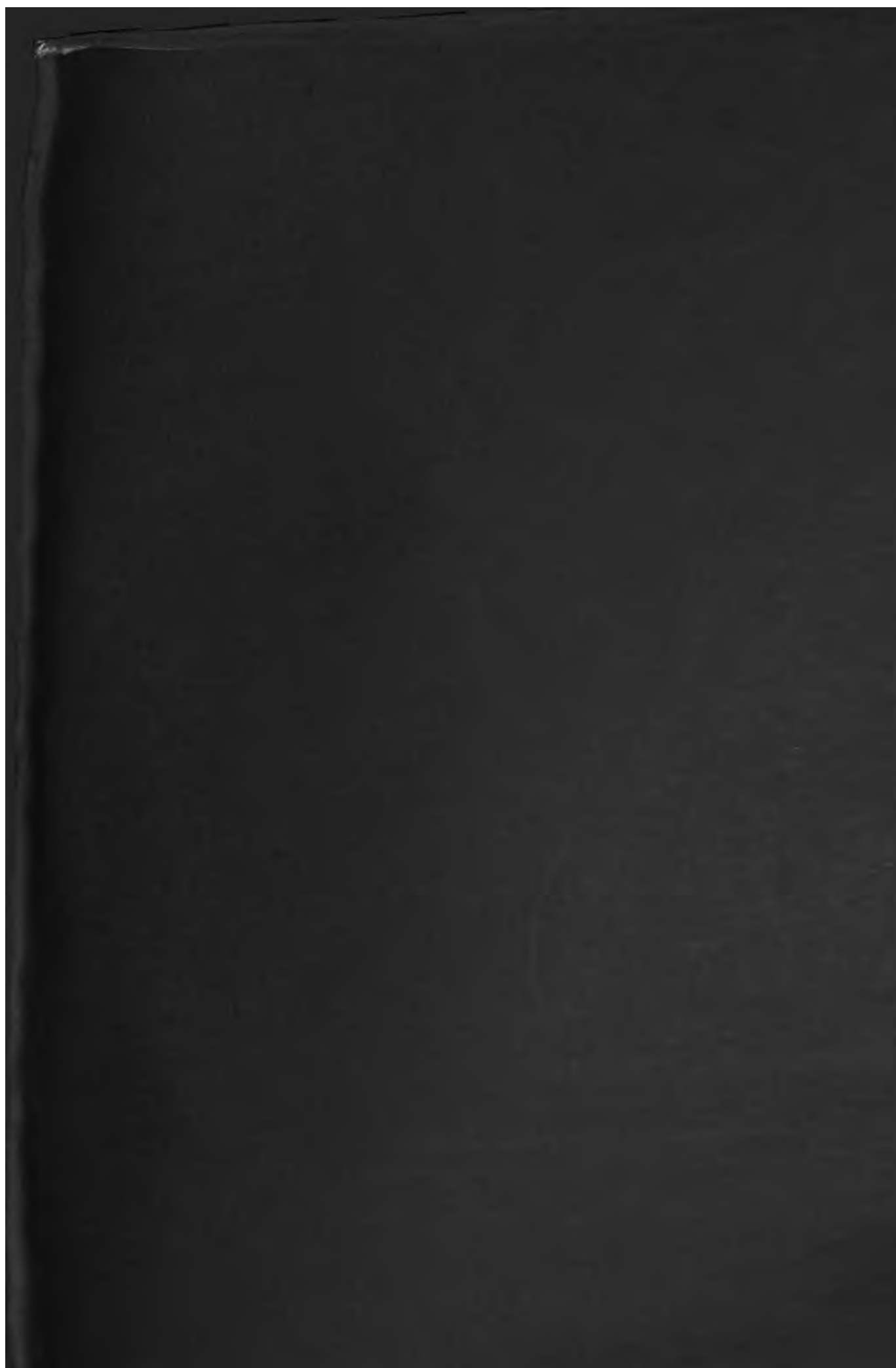


OF LIFE



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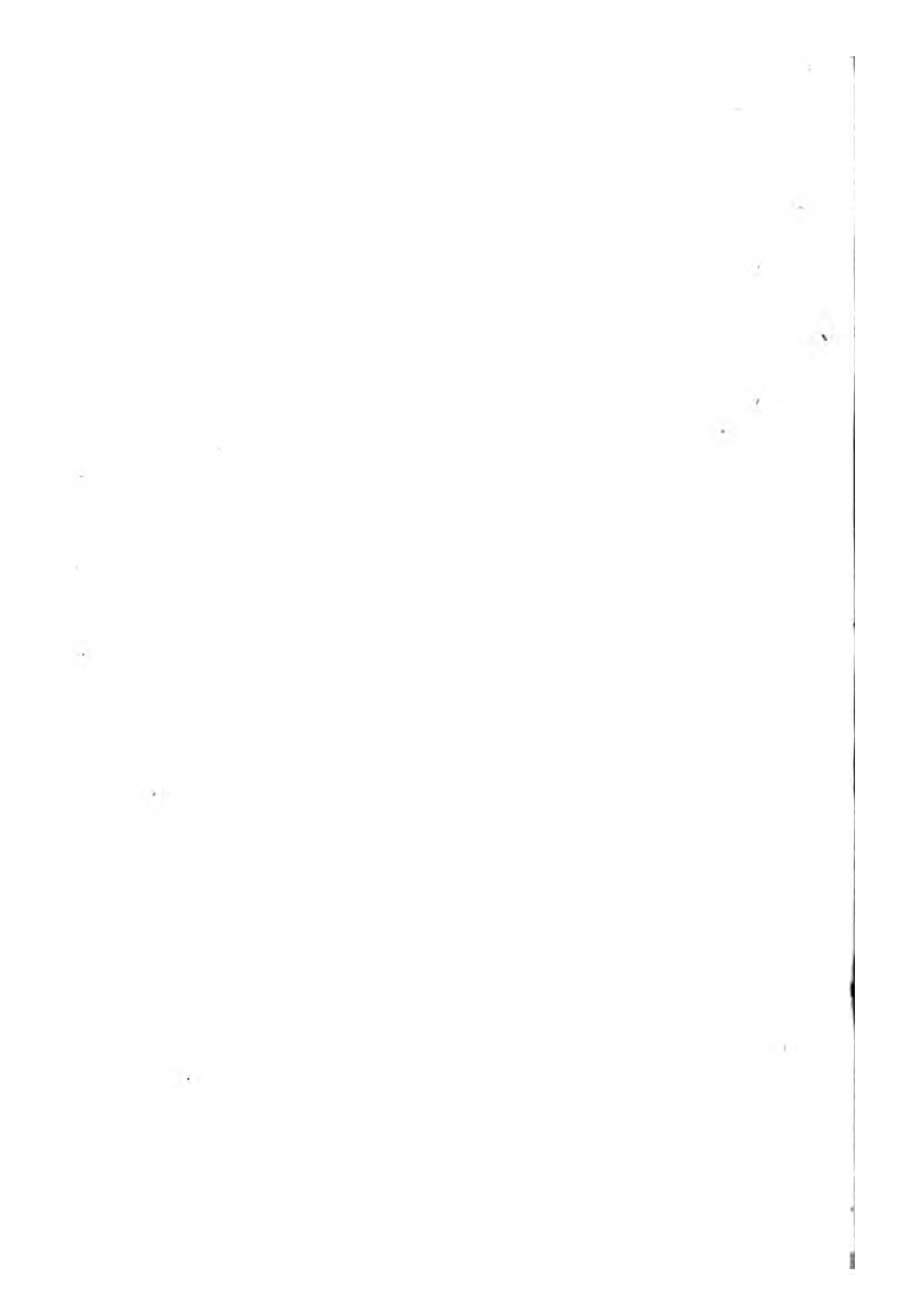


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The Garden of Life.







THE GARDEN
OF LIFE.

A Manual of Devotion

FOR

CHRISTIANS LIVING IN THE WORLD

YET

LIVING TO THEIR LORD.

BY THE AUTHOR OF "THE BREAD OF LIFE," &c. &c.

"Let my Beloved come into His Garden."

A. R. MOWBRAY & CO.

LONDON : 20, WARWICK LANE, PATERNOSTER ROW.

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1873.



P R E F A C E .

THIS little manual is the result of an attempt to complete the task commenced some few years ago by the compiler, "in the publication of "Simple Prayers for School Boys."

In that little work, the wants of the class for whom it was intended were alone considered ; but when the companion volume, the " Bread of Life," was written, the compiler felt that it would be a mistake to limit its scope to the capacities of boys at school, lest when they went forth into the world, the book should be cast aside, and ties perhaps broken which bound them to habits of devotion formed in the spring-tide of life, when religion, if it really has a place in the heart, leaves the brightest memories behind.

But the use of "Simple Prayers for School Boys" has naturally been discontinued on all such occasions, and, as a rule, some book has been adopted framed upon a different plan, and requiring time ere its merits could be appreciated. Under these conditions, it has often been suggested to the compiler that he should complete his labours by compiling a book of devotions to accompany the " Bread of Life," similar in general structure and in its contents to "Simple Prayers for School Boys," but adapted to the wants of those who have commenced the battle

of life in the world. The result is before the reader.

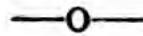
The volume being intended as a companion to the "Bread of Life," does not contain special devotions for Holy Communion, lest its bulk should be increased without any corresponding advantage. For similar reasons, there are no devotions provided for Self-Examination and Confession, since a whole section is devoted to that purpose in the companion volume. But all such portions of "Simple Prayers" as could be retained in their integrity, with due regard to the objects of the compilation, will be found contained within.

Dedicating his humble efforts to those who, although now in the world, were once under his pastoral care, the author commends his labours to the blessing of the Holy Spirit.

A. D. C.

Epiphany, 1873.

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PART I.

The Calendar.

JANUARY.

1. THE CIRCUMCISION *of our Lord.*
6. THE EPIPHANY, *or Manifestation of Christ to the Gentiles.*
8. S. Lucian, Priest and Martyr, A.D. 290.
13. S. Hilary, Bishop of Poitiers, A.D. 368.
18. S. Prisca, Virgin and Martyr, A.D. 270.
20. S. Fabian, Bishop of Rome, and Martyr, A.D. 250.
21. S. Agnes, Virgin and Martyr at Rome, A.D. 304.
22. S. Vincent, Deacon and Martyr at Valencia, A.D. 304.
25. CONVERSION *of S. PAUL*, A.D. 34.

FEBRUARY.

1. Vigil. Fast.
2. PURIFICATION *of the Blessed Virgin Mary.*
3. S. Blasius, Bishop of Sebaste, in Cappadocia, A.D. 316.
5. S. Agatha, Virgin and Martyr in Sicily, A.D. 251.
14. S. Valentine, Bishop and Martyr at Rome, A.D. 270.
23. Vigil. Fast.
24. S. MATTHIAS, *Apostle and Martyr*, A.D. 74.

MARCH.

1. S. David, Archbishop of Wales, A.D. 544.
2. S. Chad, Bishop of Lichfield, A.D. 673.
7. S. Perpetua, Martyr at Carthage, A.D. 203.

- 12. S. Gregory, Bishop of Rome, A.D. 604.
- 18. S. Edward, King of the West Saxons, A.D. 978.
- 21. S. Benedict, Abbot, A.D. 543.
- 24. Vigil. Fast.
- 25. ANNUNCIATION of the *Blessed Virgin Mary*.

APRIL.

- 3. S. Richard, Bishop of Chichester, A.D. 1253.
- 4. S. Ambrose, Bishop of Milan, A.D. 397.
- 19. S. Alphege, Archbishop of Canterbury, A.D. 1012.
- 23. S. George, Martyr at Nicomedia, A.D. 303.
- 25. S. MARK, *Evangelist and Martyr*, A.D. 64.

MAY.

- 1. S. PHILIP and S. JAMES, *Apostles and Martyrs*.
- 3. The Finding of the Holy Cross, A.D. 326.
- 6. S. John, before the Latin Gate of Rome, A.D. 95.
- 19. S. Dunstan, Archbishop of Canterbury, A.D. 988.
- 26. S. Augustine, Archbishop of Canterbury, A.D. 604.
- 27. The Venerable Bede, Monk, A.D. 735.

JUNE.

- 1. S. Nicomede, Bishop and Martyr at Rome, A.D. 90.
- 5. S. Boniface, Bishop of Mayence, and Martyr, A.D. 775.
- 11. S. BARNABAS, *Apostle and Martyr at Cyprus*, A.D. 50.
- 17. S. Alban, First Martyr of Britain, A.D. 303.
- 20. Translation of the Body of S. Edward the Martyr, A.D. 982.
- 23. Vigil. Fast.
- 24. NATIVITY of S. JOHN BAPTIST.
- 28. Vigil. Fast.
- 29. S. PETER, *Apostle and Martyr*, A.D. 69.

JULY.

- 2. Visit of the Blessed Virgin Mary to S. Elisabeth.

- 4. Translation of the Body of S. Martin, A.D. 473.
- 15. Translation of the Body of S. Swithin, A.D. 862.
- 20. S. Margaret, Virgin and Martyr at Antioch, A.D. 278.
- 22. S. Mary Magdalene, A.D. 68.
- 24. Vigil. Fast.
- 25. S. JAMES, Apostle and Martyr (*the brother of S. John*),
A.D. 43.
- 26. S. Anne, Mother of the Blessed Virgin Mary.

AUGUST.

- 1. Lammas Day, or S. Peter's Deliverance from Prison.
- 6. Transfiguration of our Blessed Lord.
- 7. Feast of the Holy Name of Jesus.
- 10. S. Laurence, Deacon and Martyr, A.D. 258.
- 23. Vigil. Fast.
- 24. S. BARTHOLOMEW, *Apostle and Martyr*, A.D. 44.
- 28. S. Augustine, Bishop of Hippo, A.D. 430.
- 29. Beheading of S. John Baptist, A.D. 32.

SEPTEMBER.

- 1. S. Giles, Abbot in France, A.D. 724.
- 7. S. Enurehus, Bishop of Orleans, A.D. 340.
- 8. Nativity of the Blessed Virgin Mary.
- 14. Exaltation of the Holy Cross, A.D. 335.
- 17. S. Lambert, Bishop of Mæstricht, A.D. 709.
- 20. Vigil. Fast.
- 21. S. MATTHEW, *Apostle, Evangelist, and Martyr*.
- 26. S. Cyprian, Bishop of Carthage, and Martyr, A.D. 258.
- 29. S. MICHAEL *and* ALL ANGELS.
- 30. S. Jerome, Priest and Doctor of the Church, A.D. 420.

OCTOBER.

- 1. S. Remigius, Bishop of Rheims, A.D. 533.
- 6. S. Faith, Virgin and Martyr at Agen, A.D. 290.
- 9. S. Denys, Bishop and Martyr at Paris.

- 13. Translation of the Body of S. Edward the Confessor,
A.D. 1066.
- 17. S. Etheldreda, Virgin, Abbess of Ely, A.D. 679.
- 18. S. LUKE, *Evangelist and Martyr*, A.D. 74.
- 25. S. Crispin, Martyr at Soissons, A.D. 287
- 27. Vigil. Fast.
- 28. S. SIMON and S. JUDE, *Apostles and Martyrs*.
- 31. Vigil. Fast.

NOVEMBER.

- 1. ALL SAINTS' DAY.
- 6. S. Leonard, Abbot at Limoges, A.D. 559.
- 11. S. Martin, Bishop of Tours, A.D. 397.
- 13. S. Britius, Bishop of Tours, A.D. 444.
- 15. S. Machutus, Bishop of Alett, A.D. 564.
- 17. S. Hugh, Bishop of Lincoln, A.D. 1200.
- 20. S. Edmund, King of East Anglia, and Martyr, A.D.
870.
- 22. S. Cecilia, Virgin and Martyr at Rome, A.D. 230.
- 23. S. Clement, Bishop of Rome, and Martyr, A.D. 102.
- 25. S. Catherine, Virgin and Martyr at Alexandria, A.D.
307.
- 29. Vigil. Fast.
- 30. S. ANDREW, *Apostle and Martyr* in Greece, A.D. 69.

DECEMBER.

- 26. S. Nicholas, Bishop of Myra, A.D. 342.
- 28. Conception of the Blessed Virgin Mary.
- 23. S. Lucy, Virgin and Martyr in Sicily, A.D. 384.
- 10. Vigil. Fast.
- 21. S. THOMAS, *Apostle and Martyr*, A.D. 44.
- 34. Vigil. Fast.
- 25. CHRISTMAS DAY.
- 26. S. STEPHEN, *Deacon and Martyr*, A.D. 34.
- 27. S. JOHN, *Apostle, Evangelist, and Martyr*, A.D. 101.
- 27. THE HOLY INNOCENTS.
- 21. S. Sylvester, Bishop of Rome, A.D. 335.

Movable Holy Days.

ADVENT SUNDAY.—The Sunday nearest the Feast of S. Andrew. There are four Sundays in Advent, after which follows—(1) Christmas : (2) Epiphany : the Sundays are then reckoned after Epiphany until—

SEPTUAGESIMA.—Nine weeks before Easter. The following Sundays are—(1) Sexagesima : (2) Quinquagesima. The Wednesday after Quinquagesima is—

ASH WEDNESDAY.—The first day of Lent.

PASSION SUNDAY.—The fifth Sunday in Lent, when the Church begins to commemorate the Passion : see the Epistle for the day.

PALM SUNDAY.—The first day of Holy Week, when our Lord entered Jerusalem in triumph. Wednesday in Holy Week, the Betrayal.

MAUNDY THURSDAY.—The institution of the Holy Communion.

GOOD FRIDAY.—The Cross and Passion.

EASTER EVE.—Our Lord in the Grave.

EASTER DAY.—The Resurrection. Easter-Tide lasts forty days, until—

ASCENSION-DAY.—When our Lord ascended into heaven. Ascension-Tide lasts ten days, and is followed by—

WHITSUNDAY.—The Day of Pentecost, the descent of the Holy Ghost. The next Sunday is—

TRINITY SUNDAY.—The Sundays are now called Sundays after Trinity, until Advent Sunday.

The year of the Church is divided into two portions—the first reaching from Advent to Trinity, wherein we commemorate the various events of our Lord's earthly life; the second from Trinity to Advent, wherein we endeavour to apply His sacred teaching to our souls.

In Advent we prepare to welcome His coming in the flesh; at Christmas we join with the shepherds in adoring the new-born King; on the Circumcision we behold Him obedient to the law for us; at Epiphany we come again to greet Him with the wise men; on the Purification we behold Him presented in His Father's temple, and again greet Him in company with Simeon and Anna. In Lent we strive to remember His forty days' fasting in the wilderness; in Passion Week His sorrowful Passion; and in Holy Week we follow His steps from His entry into Jerusalem on Palm Sunday, till we stand beneath the Cross on Good Friday. On Easter Eve we contemplate the grave; and on Easter Day welcome the resurrection. On Ascension Day we gaze with the Apostles towards that home whither He is gone to prepare a place for us; and, ten days later, rejoice with them over the fulfilment of His promise in the Descent of the Holy Ghost, on Whitsunday.

Then, on the Sunday after, Trinity Sunday, we commence the second half of the Christian year.

Days of Fasting and Abstinence.

1. The forty days of Lent.
2. All the Fridays in the year.
3. The Vigils (see Calendar).
4. The Ember Days, being the Wednesday, Friday, and Saturday before the fourth Sunday in Advent; the second Sunday in Lent; Trinity Sunday; and after Holy Cross Day (Sept. 14th).
5. The three Rogation Days, being the three days before Ascension Day.

- (1.) *The forty days of Lent are observed in memory of our Lord's fasting in the wilderness ; (2) the Fridays, in remembrance of His Passion ; (3) the Vigils, to show that, like the Saints, we must enter glory through suffering ; (4) the Ember Days, to pray for those about to be ordained ; (5) the Rogation Days, to ask God's blessing on the fruits of the earth.*



Instructions on Christian Doctrine.

WHAT EVERY CHRISTIAN MUST BELIEVE.

I. Every Christian must believe that there is one God, and *only* one God ; of infinite power, wisdom, and goodness ; Who is a Spirit, and knows all things, and can do all things ; Who created man out of dust, and made heaven and earth, and all that therein is. He never had any beginning, and will have no end ; He is everywhere present, and nothing can be hidden from His sight.

II. We must believe that in this one God there are three Persons,—God the Father, Who made us ; God the Son, Who redeemed us ; God the Holy Ghost, Who sanctifieth us,—These three Persons are all equal,—the Father, Who proceeds from none ; the Son, Who was begotten of the Father before all worlds ; and the Holy Ghost, Who proceeds from the Father and the Son.

And although there are three Persons, yet they are all three, one and the same God, having one and the same Will.

III. We must believe that this Holy God first created the Angels, that they might love and serve Him for ever ; but being gifted with free will, part of them fell away and became devils ; that then He created our first parents, granting them supernatural grace whereby they might persevere in holiness ; that they sinned against him by disobedience, lost the gift of supernatural grace, and involved all their posterity in their fall, hence we are born in sin and the children of wrath, and are utterly incapable of meriting salvation, or of redeeming ourselves from the curse of original sin.

IV. Every Christian must believe that God the Son, for us men and for our salvation, came down from heaven, and, being still God, became man, being incarnate by the Holy Ghost of the Virgin Mary, combining in one Person the properties of the Divine and human natures, so that while He can sympathise with us, being man, He can succour us, being God. He is anointed to be our Prophet, Priest, and King, and therefore (1) we accept His teaching given through His Word and by His Church ; (2) we look to the One Sacrifice offered by Him for salvation, and (3) we acknowledge Him as our sovereign Lord, to Whom all obedience is due.

V. We must believe that, during His mortal

life, He founded the Christian religion, by His wonderful teaching and miracles ; that He perfectly fulfilled the law of His heavenly Father, by a life of sinless obedience in the flesh ; that He completed that life of obedience and voluntary sacrifice by His death upon the Cross, whereby He made a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world, without which neither mercy nor grace could be given unto us.

VI. We must believe that, having died for our sins, He rose again for our justification ; that He remained upon earth forty days, speaking of the things pertaining to the kingdom of God (the Church upon earth) ; that finally He ascended into heaven, in the full perfection of our human nature, (1) to send us the Holy Spirit as the teacher of the Church, (2) to present His one abiding Sacrifice for us, (3) to prepare a place for us, that where He is we may be also, and (4) to reign until He has put all enemies under His feet.

VII. We must believe that He *still* sitteth on the right hand of God, to plead and make intercession for us ; and that He will come again at the end of the world to judge the quick and the dead, when all men will rise again with their bodies, to give an account for their own works ; and they who have done good shall go into life everlasting, and they who have done evil into everlasting fire.

VIII. We must believe that God has established His Holy Catholic Church upon earth, to last until He shall come again ; that He made His twelve Apostles His first ministers, and they laid their hands in turn upon others, who were afterwards called Bishops, to fill their places, and continue the succession, in like manner, to the end of the world.

IX. This Church is one, having *one* Lord, *one* Faith, and *one* Baptism. It is Holy, teaching a *Holy* Doctrine, inviting to a *Holy* Life, and having the means to make its members *Holy*. It is Catholic (or universal), teaching *all* Truth, existing throughout *all* ages, and extending to *all* nations. It is Apostolic, continuing in the Apostles' *doctrine* and *fellowship*, and deriving its ministry by continuous succession from them.

X. Into this Church we were all admitted by Baptism, wherein we were made members of Christ, children of God, and inheritors of the Kingdom of Heaven, cleansed from the sin in which we were born, and engrafted into the mystical Body of Christ.

XI. We must believe that in this Church the saints have communion with God the Father through our Lord Jesus Christ ; with God the Son, in Whose mystical Body they are incorporated ; with God the Holy Ghost, Who dwelleth in them as in a temple ; with the holy Angels, who are ministering spirits sent forth to minister to those who are heirs of salvation ; with the

Faithful departed, who aid us by their intercessions, and for the consummation of whose bliss we pray ; and with the Faithful on earth, being by one Spirit baptized into one Body.

XII. We must believe also in the Forgiveness of Sins, through the Blood of Jesus Christ, applied through the operation of the Holy Ghost, to those who repent and truly believe ; firstly, in the one Baptism for the remission of sins, and furthermore *especially* through the *ministry of reconciliation*, whereby His ministers declare and pronounce to His people being penitent, the absolution and remission of their sins ; for if we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

XIII. He has also appointed Confirmation, whereby those who have already been baptized, are strengthened by the sevenfold gifts of the Holy Ghost ; the Spirit of Wisdom and Understanding ; of Counsel and Ghostly Strength ; of Knowledge and True Godliness ; and the Holy Fear of the Lord.

XIV. Furthermore, in this Church He has instituted and ordained the Eucharistic Sacrifice, whereby His death is pleaded before the Father, and His Body and Blood become the nourishment of our souls, under the outward forms of bread and wine. Thus is our Lord a priest for ever after the order of Melchizedek, and thus we present the pure offering prophesied by

Malachi, as the principal worship of the Church upon earth, wherein Christ is invisibly present as our Priest and Victim, in Whom all the types of the Jewish law are fulfilled.

XV. He has also instituted Ordination, whereby ministers are set apart, by the laying on of hands, to be Bishops, Priests, or Deacons, in direct succession from the Apostles ; and without these three orders there is no Church. To Deacons is committed the discharge of the lower ministerial functions, including the power to preach and to baptize ; to Priests of shewing forth the Lord's death in the Eucharistic sacrifice, of blessing in the Name of the Lord, and of absolving the penitent ; to Bishops, the additional power of imparting the gifts which they have themselves received, by the laying on of hands.

XVI. In this Catholic Church, which is the pillar and ground of the truth, and which He has commanded all men to hear, He has deposited the Holy Scriptures, to be received and admitted by all Christians as the Rule of their Faith and Practice, in accordance with the teaching of the Church, which is the witness and keeper of Holy Writ.

XVII. Finally, we must believe in the necessity of Divine Grace, without which we cannot even make one step towards heaven ; that all our merits are the gift of God, through Jesus Christ, Who died for all men ; to Whom, with

the Father and the Holy Ghost, be glory for ever and ever. Amen.



A Rule of Life.

I. Every morning when you awake strive to give your first thoughts to God, and allow no worldly ideas to enter your mind until you have discharged your duties towards Him ; rise early so that you may never be forced to shorten your devotions ; and go forth in His strength to your daily duties.

II. During the day endeavour to raise your thoughts frequently towards God, to which end you will find ejaculatory prayer very useful. Commend all your daily duties and pleasures to His blessing, remembering that they are the appointed road whereby you are to gain heaven—therefore strive to perform them as in His sight and for His honour. If your religion is real, it should influence your action in every respect.

III. Go to your meals with a pure intention to take that which is necessary for the support of nature, because it is God's will, without gluttony or excess, to eat that you may live, not to live that you may eat ; never forget to join earnestly in grace, or, if alone, to say it privately.

IV. Avoid all occasion of sin, but be prepared

for temptation. The moment an evil thought assails you shake it off as you would a spark from your hand. Make the sign of the cross and pray, *By Thy Cross and Passion, good Lord deliver me.* But carefully avoid all books, companions, and places which may lead you into temptation, remembering that God has promised to keep you in all your ways, not when you stray into forbidden paths.

V. In the beginning of your daily work, beg the assistance of God, and remember that S. Paul has said, "If any would not work, neither should he eat." Idleness is often the parent of sin, and a great safeguard against evil lies in the sentence passed upon all mankind,—“In the sweat of thy brow shalt thou eat bread.”

VI. Let your recreations be always innocent ; never seek any amusement upon which you could not ask the blessing of God ; above all, never seek pleasure in that which gives pain to others, and never permit amusement to become the business of your life.

VII. Be greatly upon your guard in conversation ; always show disapproval of evil, at least by silence ; never jest about holy things. Never choose a friend who would belong to that class of whom it is said, ‘Fools make a mock at sin.’

VIII. Strive not to let a day pass without reading some portion of the Bible, or some spiritual book, if it be in your power. Always begin

your reading by invoking the assistance of God's Holy Spirit. Remember that when you pray, you speak to God; when you read His Word, He speaks to you. Meditation, which you should frequently practise, combines these things.

IX. Frequent the services of the Church. Be present if possible at the Holy Eucharist on Sundays and other Festivals, and attend such other services as lie in your power. Above all be a regular communicant: without the Bread of Life you are like a man striving to cross a desert without food. Should your conscience be troubled by any deadly sin, remember the advice given in the Prayer-book, and open your grief to those to whom God has committed the ministry of reconciliation that you may receive the benefit of absolution.

X. Be constant in works of mercy. On fast days deny yourself unnecessary luxuries, and give the money you thereby save, to the poor. Strive to bring all within your influence to their religious duties and to lead them aright by word and deed. Comfort the sick and afflicted, remembering that it is written of their Lord "In all their affliction He was afflicted."

XI. Resign your will to God in all sickness and adversity, remembering that you are in the hands of a loving Father, and that if we endure not chastisement, whereof all are partakers, then are we bastards and not sons, for what son is he whom the Father chasteneth not? Affliction

patiently endured brings rich blessing in its train.

XII. Every night examine your conscience as to the actions of the day and make acts of contrition : never defer your prayers till you are too tired to say them properly. As you undress, remember that so must your soul, unclothed of its vesture of flesh, stand before God, pray that it may be with joy and not with grief : let your last words be “ *Into Thy hands O Lord I commend my spirit.* ”

Daily Meditation.

Go forth, my soul, another day
Go forth upon thy pilgrim way :
Remember thou art not alone,
Remember thou art not thine own :
For God to thee thy being gave,
And Jesus died thy life to save :
And all around are those who need
Thy love in thought, and word, and deed :
Thou hast a place in Heaven's plan :
Bring praise to God and good to man.
Do all to glorify thy God :
Tread in the path thy Saviour trod :
Fear lest thy soul for every die :
Thy flesh keep down and mortify :
In penitence forsake thy sin :

Each heavenly virtue strive to win :
 Flee from the place of endless pain :
 Press on the heavenly rest to gain :
 Make ready for eternity :
 Use well each hour that passes by :
 With deeds of love thy life adorn :
 The world's temptations learn to scorn :
 Beat down the passions that rebel :
 Fight bravely with the powers of hell :
 Live to meet death without a fear—
 To meet thy Judge with conscience clear.



The Way of Life.

In sin conceived and born ; in sin I lost and
 helpless lie ; *Ps. xxi. 5.*

If left alone by God, I can but sin and mourn
 and die. *Rom. vii. 24.*

No good is mine, no hope of any good beyond
 the grave, *Eph. ii. 12.*

Unless God's loving mercy come to seek and
 heal and save. *Job. xxxiii. 24.*

There is salvation ready. One this sin-stained
 earth has trod, *S. Luke ii. 14.*

Who, born the Son of Man indeed, is also
 very God. *S. John i. 14.*

He has brought down to us from heaven the
 life and power we need, *Rom. v. 6.*

He is our Life, by Him our souls from sin and
 death are freed, *Heb. ii. 9. 14.*

He shed His blood upon the Cross to take
our sins away, *1 Pet. ii. 24.*

He lives to form our souls for heaven, and
help us day by day. *Gal. ii. 20.*

Come unto Me—His voice calls gently to the
born in sin— *Matt. xi. 28.*

Be born again, and in My power new life to
God begin ; *S. John iii. 5.*

Dead, buried in baptismal grave, thine evil
nature leave, *Rom. vi. 4.*

Rise one with Me and share My life, the
Holy Ghost receive. *Col. ii. 12.*

A child of God,—thy Father's name and care
and gifts divine, *Gal. iii. 26, 27.*

The promise of the heritage of joy in heaven
are Thine. *Gal. iv. 7.*

Take heed, waste not thy hope, make not thy
birth-right vain : *Heb. xii. 15, 16.*

Live as one born of heaven, and strive thy
heritage to gain. *Phil. ii. 12.*

Come unto me, and in the laying on of hands
with prayer, *Acts viii. 15, 17.*

Seek for the Holy Spirit's power in which to
do and dare : *Eph. iii. 16.*

Confirm thy vows, own thyself God's, confess
thy lack of might *2 Cor. xii. 9,*

God will confirm thy trembling soul and arm
thee for the fight. *Eph. vi. 10.*

Come unto me in faith and prayer, to guard the
grace bestowed, *Jas. i. 5. 6.*

Let all my words be light to lead thee on the
heavenward road. *Ps. cxix. 105.*

Love well thy Father, in all men thy Father's
children see, *1 John v. 1.*

In works of love and holiness be follower of
Me. *1 Pet. ii. 21.*

Seek from the word of life to learn thy
heavenly Father's will, *S. Matt, xi. 29.*

Seek in the means of grace the power thy
duty to fulfil. *Is. xii. 3.*

Keep My commandments, cleave to Me, and
in My love abide ; *John xv. 10.*

Drink of the living waters flowing from My
wounded Side. *John iv. 14.*

Where in My Name the two or three are met
for praise and prayer, *Heb. x. 25.*

I come to make My presence known, plead
Thou My promise there. *S. Matt. xviii. 18, 20.*

Shew forth My death ; in holy service plead
before the throne *S. Luke xxii. 19. 1 Cor. xi. 26.*

The Sacrifice, once offered, ever mighty to
atone. *Heb. x. 12.—vii. 25.*

Come with thy hungry fainting soul, and at My
Table feed, *S. John vi. 51.*

I will refresh and strengthen thee with meat
and drink indeed. *S. John vi. 54, 55.*

When sin comes near, draw nigh to Me ; for
help and courage call ; *S. Jas. iv. 8.*

Arise, repent. confess, and pray for pardon if
thou fall ; *S. Luke xv. 18.*

Seek for the grace that will the humbled prodigal restore,
Hos. xiv. 24.

And keep thee ever true and watchful, that thou sin no more.
1 Cor. xvi. 13.

Seek in thy day of joy and hope the blessings that endure,
S. John ii. 2.

So shall thy life indeed be glad, thine earthly love be pure.
Gal. v. 22.

Lift up thy cross, and follow Me in faith, with will resigned,
S. Luke ix. 23.

The peace of God which passeth thought shall keep thy heart and mind.
Phil. iv. 6, 7.

In sickness call for those I send to guide thee on thy way,
Heb. xiii. 17.

To speak My words of comfort, in My Name to bless and pray.
S. Jas. v. 14.

Trust in the Good Physician, I will calm thee in thy pain,
S. Matt. viii. 17.

Will raise thee up, or bless thee more, and make thy dying gain.
Phil. i. 21.

In death commend thy soul to Him in Whom all spirits live,
S. Luke xxiii. 46.

Who, for thy passing life on earth, will Life Eternal give.
2 Cor. iv. 17, 18.



The Lord's Prayer.

OUR Father, Which art in heaven, Hallowed be Thy Name. Thy kingdom come. Thy will be done in earth, As it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation : But deliver us from evil ; For Thine is the kingdom, The power, and the glory, For ever and ever. Amen.

The Apostles' Creed.

I BELIEVE in God the Father Almighty, Maker of heaven and earth :

And in Jesus Christ His only Son our Lord, Who was conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried, He descended into hell ; The third day He rose again from the dead, He ascended into heaven, And sitteth on the right hand of God the Father Almighty ; From thence He shall come to judge the quick and the dead.

I believe in the Holy Ghost ; The Holy Catholic Church ; The Communion of Saints ; The Forgiveness of sins ; The Resurrection of the body ; And the life everlasting. Amen.

The Ten Commandments.

I. Thou shalt have none other gods but Me.

This Commandment teaches us to believe, fear, love, and serve God with all our heart, soul, mind, and strength.

II. Thou shalt not make to thyself any graven image, nor the likeness of anything that is in heaven above, or in the earth beneath, or in the water under the earth. Thou shalt not bow down to them, nor worship them : for I the Lord thy God am a jealous God, and visit the sins of the fathers upon the children, unto the third and fourth generation of them that hate Me, and shew mercy unto thousands in them that love Me, and keep My commandments.

This Commandment teaches us to worship Him, to give Him thanks, to put our whole trust in Him, and to call upon Him.

III. Thou shalt not take the Name of the Lord thy God in vain ; for the Lord will not hold him guiltless that taketh His Name in vain.

This Commandment teaches us to honour His Holy Name and His Word.

IV. Remember that thou keep holy the Sabbath-day. Six days shalt thou labour and do all that thou hast to do ; but the seventh day is the Sabbath of the Lord thy God. In it thou shalt do no manner of work, thou, and thy son, and

thy daughter, thy man-servant, and thy maid-servant, thy cattle, and the stranger that is within thy gates. For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day ; wherefore the Lord blessed the seventh day, and hallowed it.

This Commandment teaches us to serve Him truly all the days of our life.

V. Honour thy father and thy mother, that thy days may be long in the land which the Lord thy God giveth thee.

This Commandment teaches us to love, honour, and succour our father and mother ; to honour and obey the Queen, and all who are put in authority under her ; to submit ourselves to all our governors, teachers, spiritual pastors, and masters ; and to order ourselves lowly and reverently to all our betters.

VI. Thou shalt do no murder.

This Commandment teaches us to hurt nobody by word or deed, and to bear no malice nor hatred in our hearts.

VII. Thou shalt not commit adultery.

This Commandment teaches us to keep our bodies in temperance, soberness, and chastity.

VIII. Thou shalt not steal.

This Commandment teaches us to keep our hands from picking and stealing, and to be true and just in all our dealings.

IX. Thou shalt not bear false witness against thy neighbour.

This Commandment teaches us to keep our tongues from evil speaking, lying, and slandering.

X. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his servant, nor his maid, nor his ox, nor his ass, nor any thing that is his.

This Commandment teaches us not to covet or desire other men's goods, but to learn and labour truly to get our own living, and to do our duty in that state of life unto which it shall please God to call us.



The Precepts of the Church.

(From Bishop Cosin.)

1. To observe the Festivals and Holy Days appointed.
2. To keep the Fast days with devotion and abstinence.

3. To observe the Ecclesiastical customs and ceremonies established, and that without frowardness or contradiction.

4. To repair unto the public services of the Church for Matins and Evensong, with other holy offices, at times appointed, unless there be a just and unfeigned cause to the contrary.

5. To receive the Blessed Sacrament of the Body and Blood of Christ with frequent devotion, and three times a year at the least, of which times Easter to be always one. And for better preparation thereto, as occasion is, to disburden and quiet our consciences of those sins that may grieve us, or scruples that may trouble us, to a learned and discreet Priest, and from him to receive advice and the benefit of absolution.

The two Sacraments generally necessary for salvation :—

1. Baptism.
2. The Holy Eucharist.

The other five ordained for certain persons or states of life :—

1. Confirmation.
2. Penitence.
3. Orders.
4. Matrimony.
5. Visitation of the Sick, or “Extreme
 Uction.”

Bishop Cosin.

D

The Eight Beatitudes.

1. Blessed are the poor in spirit, for theirs is the kingdom of heaven.

2. Blessed are they that mourn, for they shall be comforted.

3. Blessed are the meek, for they shall inherit the earth.

4. Blessed are they that do hunger and thirst after righteousness, for they shall be filled.

5. Blessed are the merciful, for they shall obtain mercy.

6. Blessed are the pure in heart, for they shall see God.

7. Blessed are the peacemakers, for they shall be called the children of God.

8. Blessed are they which are persecuted for righteousness' sake, for theirs is the kingdom of heaven.



The Seven Spiritual Works of Mercy

WHICH YOU SHOULD PERFORM AS OCCASION OFFERS.

To counsel the doubtful.

To instruct the ignorant.

To warn sinners.

THE SEVEN CORPORAL WORKS OF MERCY. 27

To comfort the afflicted,
To forgive injuries.
To bear wrongs patiently,
To pray for others.

The Seven Corporal Works of Mercy.

To feed the hungry, and give drink to the
thirsty.
To clothe the naked.
To harbour the stranger and the needy.
To visit the sick.
To minister unto prisoners and captives,
To visit the fatherless and widows,
To bury the dead.

The Seven Deadly Sins and their opposite Virtues.

Pride

Humility

*If men knew me as God knows me, what occasion should
I have for pride?*

Anger

Patience

*Who when He was reviled, reviled not again ; when He
suffered He threatened not.*

Envy

Love

*If a man love not his own brother whom he hath seen,
how shall he love God Whom he hath not seen?*

Covetousness

Liberality

I was hungry and ye gave Me no meat, thirsty and ye gave Me no drink.

Gluttony

Temperance

And faring sumptuously every day.

Lust

Chastity

How shall I do this great wickedness and sin against God?

Sloth

Diligence

Not slothful in business, but fervent in spirit, serving the Lord.

The Seven Gifts of the Holy Ghost.

WISDOM teaches us to consider our latter end, to choose the service of God, and renounce that of the Devil.

UNDERSTANDING raises our mind to the comprehension of the mysteries of the Faith, in their application to our individual souls.

COUNSEL directs us to make a right choice, in the things which relate to our salvation.

GHOSTLY STRENGTH enables us to defy our spiritual enemies, and to overcome temptation.

KNOWLEDGE reveals God to the soul, as it is written : "And this is life eternal, to *know* Thee the only true God, and Jesus Christ, Whom

Thou hast sent ; Whom to *know* is everlasting life."*

TRUE GODLINESS consists of the perfect fulfilment of our duty towards God and our neighbours, as set forth in the Commandments.

THE HOLY FEAR OF THE LORD gives us that reverential awe of His name and His word, of which it is written : "The fear of the Lord is the beginning of wisdom."†

Anima Christi.

Soul of Christ, sanctify me ;
Body of Christ, save me ;
Blood of Christ, refresh me ;
Water from the Side of Christ, wash me ;
Passion of Christ, strengthen me.
O good Jesu, hear me,
Within Thy wounds hide me,
Suffer me not to be separated from Thee.
From the malicious enemy defend me,
In the hour of my death call me,
And bid me come unto Thee,
That with Thy saints I may praise Thee
To all eternity. Amen.

* S. John xvii. 3.

† Psalm cxi. 10.





PART II.

FORMS OF DAILY PRAYER.

Whatsoever ye shall ask in prayer, believing, ye shall receive.—*S. Matt. xxi. 22.*

As the soul animates the body, so prayer sustains the life of the soul ; as the body cannot live without the soul, so the soul without prayer is dead.—*S. Chrysostom.*

He knows how to live well, who knows how to pray well.—*S. Augustine.*

First Form of Morning Prayer.

When you awake give your first thoughts to God, and say,

O GOD, Thou art my God, early will I seek Thee.

Blessed be the Father, Who created me ;
Blessed be the Son, Who redeemed me ;
Blessed be the Holy Ghost, Who sanctifieth me.

While you wash and dress, pray mentally.

Create in me a clean heart, O God ;
And renew a right spirit within me.
Purge me with hyssop, and I shall be clean ;
Wash me, and I shall be whiter than snow.

When you are dressed, kneel down very reverently ; remember you are about to speak unto the God in Whom you live, move, and have your being.

Place yourself in the presence of God, and say,

✝ IN the name of the Father, and of the Son, and of the Holy Ghost. Amen.

O MY God, I firmly believe that Thou art present, and now seest me; that Thou knowest all my most secret thoughts; I confess that I am a grievous sinner, and unworthy to come before Thee. But Thy goodness and mercy invite me to come to Thee in the name of Thy dear Son. Assist me, therefore, by Thy grace, and send to me Thy Holy Spirit, that the words of my mouth and the meditation of my heart, may be always acceptable in Thy sight, O Lord my Strength and my Redeemer.

Make an act of thanksgiving to God for all His past mercies to you, and especially for preserving you through the night.

O ETERNAL God, Father, Son, and Holy Ghost, I bless Thee, and give Thee thanks for all Thou hast done for me, Thine unworthy servant; I bless Thee that Thou didst create me in Thy love, that Thou didst send Thy dear Son to die for me, that thou hast regenerated me in Holy Baptism, sanctified me by Thy Holy Spirit in Confirmation, and hast often strengthened me with the precious food of the Body and Blood of Thy dear Son, forgiven me so many sins, and crowned me with mercy and loving-kindness. And now, especially, I thank Thee that Thou hast pre-

served me through the night, and hast brought me in safety to the light of another day. What shall I render to Thee, O my God, for all Thy mercies? Teach me to give Thee my heart, and to yield my body a willing sacrifice to Thee, and to serve Thee all the days of my life; through Jesus Christ our Lord. Amen.

Here think with sorrow on your past sins, and say,

BUT, O my God, how often have I sinned against Thee and neglected to serve Thee; I have sinned against Thee through my fault, my own fault, my own most grievous fault; but by Thy grace I will offend Thee no more. I now renew my baptismal vow, I renounce the world, the flesh, and the devil. I believe steadfastly all that Thou hast revealed in Thy Holy Word and through Thy Church. I will strive to continue Thy faithful soldier and servant until my life's end. O forgive me the past, and blot out all mine iniquities in the Blood of Thy dear Son. By His holy life, and by his life-giving death, O most blessed Father, forgive me, Thine unworthy servant, and grant me grace to sin no more. Amen.

*Here use prayers for the particular graces you most need.
Think especially of your besetting sin, and say,*

O MOST loving Father, I resolve by Thy help and through love of Thee to forsake all occasion of —; by Thy help I will

conquer this sin, and will strive most earnestly this day to keep from it. But it is only by Thy help I can stand ; leave me not to myself : and if through my weakness I fall, raise me up quickly, for the sake of Thy dear Son. Amen.

Unto Thee have I cried, O Lord ;
And early shall my prayer come before Thee.
O let my mouth be filled with Thy praise :
That I may sing of Thy glory and honour all the day long.

O Lord turn Thy face from my sins ;
And blot out all my misdeeds.
Create in me a clean heart, O God ;
And renew a right spirit within me.
Cast me not away from Thy presence ;
And take not Thy Holy Spirit from me.
O give me the comfort of Thy help again ;
And stablish me with Thy free Spirit.
Our help is in the name of the Lord ;
Who hath made heaven and earth.

Here you may add prayers for the graces you need (Part III.), the Memorial for the day, or proper Collect from the Prayer Book, and of Intercession for Others (Part IV.)

✠ May the Almighty Lord order all my days and actions in His peace. Amen.

FORTH in Thy Name, O Lord I go,
My daily labour to pursue ;
'Thee, only Thee, resolved to know
In all I think, or speak, or do.

The task Thy wisdom hath assigned
O let me cheerfully fulfil ;
In all my works Thy presence find,
And prove Thy good and perfect will.

Thee may I set at my right hand,
Whose eyes my inmost substance see ;
And labour on at Thy command,
And offer all my works to Thee.

Give me to bear Thy easy yoke,
And every moment watch and pray ;
And still to things eternal look,
And hasten to Thy glorious day.

Fain would I still for Thee employ
Whate'er Thy bounteous grace hath given,
And run my course with even joy,
And closely walk with Thee to Heaven.

To Father, Son, and Holy Ghost,
The God Whom Heaven and earth adore,
From men and from the angel-host
Be praise and glory evermore. Amen.





Second Form of Morning Prayer.

Place yourself in the presence of God, and make the following act of adoration.

✠ In the Name of the Father, and of the Son, and of the Holy Ghost. Amen.

PSALM CXXXIX. 1—11.

O LORD, Thou hast searched me out, and known me: Thou knowest my down-sitting, and mine up-rising; Thou understandest my thoughts long before.

Thou art about my path, and about my bed: and spiest out all my ways.

For lo, there is not a word in my tongue: but Thou, O Lord, knowest it altogether.

Thou hast fashioned me behind and before: and laid Thine hand upon me.

Such knowledge is too wonderful and excellent for me: I cannot attain unto it.

Whither shall I go then from Thy Spirit: or whither shall I go then from Thy presence?

If I climb up into heaven, Thou art there: if I go down to hell, Thou art there also.

If I take the wings of the morning: and remain in the uttermost parts of the sea;

Even there also shall Thy hand lead me: and Thy right hand shall hold me.

If I say, Peradventure the darkness shall cover me: then shall my night be turned to day.

Yea, the darkness is no darkness with Thee,
but the night is as clear as the day : the darkness
and light to Thee are both alike.

Glory be, &c.

As it was, &c.

Implore the aid of the Holy Spirit.

Come, Holy Ghost, our souls inspire,
And lighten with celestial fire ;
Thou the anointing Spirit art,
Who dost Thy sevenfold gifts impart :
Thy blessed unction from above
Is comfort, life, and fire of love ;
Enable with perpetual light
The dulness of our blinded sight :
Anoint and cheer our soilèd face
With the abundance of Thy grace :
Keep far our foes, give peace at home ;
Where Thou art guide, no ill can come.
Teach us to know the Father, Son,
And Thee, of Both, to be but One ;
That, through the ages all along,
This may be our endless song :
Praise to Thy eternal merit,
Father, Son, and Holy Spirit. Amen.

Make an act of Contrition.

O LORD Jesus Christ I an unworthy sinner
yet redeemed by Thy precious Blood,
plead before Thee, all the Holy thoughts of Thy
life upon earth, when for us men, and for our
salvation, Thou wast made man.

And, O most merciful Lord, I pray from my inmost heart, that Thou wilt pardon me all my sins in thought, which up to this time I have entertained against Thy will, or caused others to entertain.

O Lord Jesus Christ, I an unworthy sinner, yet redeemed by Thy precious Blood, call to Thy remembrance, all the holy words which for us men and for our salvation Thou spakest upon earth.

And, O most merciful Lord, I pray Thee from my inmost heart, that thou wilt pardon me all the evil words which up to this time I have uttered against Thy Will, or caused others to utter.

O Lord Jesus Christ, I an unworthy sinner, yet redeemed by Thy precious Blood, call to Thy remembrance, all the good works which for our salvation Thou hast wrought upon earth.

And O merciful Lord, I pray Thee from my inmost heart, that Thou wilt pardon me all the deeds I have committed contrary to Thy Will, or caused others to commit.

Purge me with hyssop and shall I be clean.

Wash me and I shall be whiter than snow.

O HEAVENLY Father look down, from the throne of thy glory, upon the Sacrifice which our High Priest Jesus presents before Thee, for the sins of His brethren. Pardon the multitude of my offences, have compassion upon my miseries. Hearken to the voice of that

Blood, which crieth to Thee, speaking better things than that of Abel, and pleadeth for our forgiveness. O let my tongue bless and praise Thee, Who didst give up Thine only Son to death upon earth, that Thou mightest make Him our prevailing Advocate in Heaven. Amen.

Here make an act of Thanksgiving.

PSALM ciii. 1—5, 8—13.

PRAISE the Lord, O my soul : and all that is within me praise His holy Name.

Praise the Lord, O my soul : and forget not all his benefits ;

Who forgiveth all thy sin : and healeth all thine infirmities ;

Who saveth thy life from destruction : and crowneth thee with mercy and loving-kindness :

Who satisfieth thy mouth, with good things : making thee young and lusty as an eagle.

The Lord is full of compassion and mercy : long-suffering, and of great goodness.

He will not always be chiding : neither keepeth He His anger for ever.

He hath not dealt with us after our sins : nor rewarded us according to our wickednesses.

For look how high the heaven is in comparison of the earth : so great is his mercy also toward them that fear Him.

Look how wide also the east is from the west : so far hath He set our sins from us.

Yea, like as a father pitieth his own children : even so is the Lord merciful unto them that fear Him.

Glory be to the Father, and to the Son : and to the Holy Ghost ;

As it was in the beginning, is now, and ever shall be : world without end. Amen.

Here dedicate yourself to God.

O ALMIGHTY God, Who hast preserved me in safety unto this day, Whose I am, and Whom I serve : behold, in union with the Sacrifice of Thy dear Son, I pray Thee to receive the surrender of my whole being : accept and sanctify my memory, intellect, and will. Whatsoever I have, or possess, Thou hast given me. I return it to Thee, to be fashioned according to Thy Holy Will.

Grant me only Thy Love, and the help of Thy grace, and I ask no other boon. Amen.

Here you may add prayers for the graces you need (Part III.), the Memorial for the day (page 67), or proper Collect from the Prayer Book, and Intercessions for Others (Part IV.)

O GOD by Whose merciful providence I am brought to the beginning of this day, grant me the help of Thy grace even to its close. Grant me never to lose sight of Thee,

but to order all my actions as in Thy sight, and to walk in the path of Thy commandments. Enable me to govern all my senses, to guard my heart, and to mortify my flesh, that, serving Thee with a pure heart here below, I may stand at length with a good hope before the judgment seat of Christ, in Whose Holy Name I offer now my prayer. Amen.

Conclude with the Lord's Prayer and the Apostles' Creed, and add

✠ **I**N the name of the Lord Jesus Christ Crucified I depart to my daily work, may He direct and guide me, may he sanctify all my toil and suffering, and order all my thoughts, words, and actions in His peace. Amen.

The weary frame with sleep refreshed,
And sloth cast off, I rise from rest ;
And while I sing Thy praises high,
O Father, be Thy presence nigh.

To Thee, O Lord, my morning song,
To Thee, O Lord, my powers belong ;
O Holy One, this day abide
With me, my Guardian, and my Guide.

SECOND FORM OF MORNING PRAYER. 41

As shades of darkness flee away,
Before the rising orb of day,
So may each evil of the night
Depart before Thy heavenly light.

O purge my heart from every sin,
Teach me eternal life to win,
That I, when night shall be no more,
May love, may praise Thee, and adore.
Amen.





Third form of Morning Prayer.



These forms are added for the use of those who wish to gain the habit of systematic prayer in their own words. They are not forms to be repeated, but directions intended to suggest oral or mental prayer.

I. When you awake, give your first thoughts to God, and remember that you have this day, as **every day**—

A God to glorify :	Eternity to prepare for.
A soul to save :	Time to profit by.
Sins to repent of :	Neighbours to edify.
Mercy to crave :	The world to despise.
The flesh to mortify :	Devils to combat.
Grace to attain :	Passions to subdue.
Hell to avoid :	Death, perhaps, to suffer.
Heaven to gain.	Judgment to undergo.

II. When sufficiently dressed, place yourself in the presence of God ; compose your thoughts, and say—

“In the name of the Father, and of the Son, and of the Holy Ghost. Amen.”

III. Adore God as the Author of your being ; the Father, Who has created you in His love,

and sent His Son to die for you ; the Son, Who has redeemed you by His Blood ; the Holy Ghost, Who has sanctified you in Baptism, and daily applies the fruits of the Passion to your soul.

IV. Thank God for the mercies of the night ; for the care of His holy Angels ; for his love in Redemption ; for the means of grace, and for the hope of glory.

Excite your love and gratitude.

V. Think of the sins to which you are most prone ; ask forgiveness for sinful habits—for sins in thought, word, and deed ; ask Him to show you the lurking sins you are not aware of ; make petition for—(1) forgiveness, (2) for resistance through the day. Dedicate yourself to Him ; unite all your words, works, and sufferings to those of our Lord ; make your resolutions for the day.

VI. Think of the season of the Church, and offer prayers to secure the especial blessing connected with it.

VII. Offer intercessions for all you should pray for,—Parents, Brothers, Sisters, Friends, the Clergy, the Church at large, the Suffering, the Dying ; commemorate the Faithful departed.

VIII. Conclude with the Lord's Prayer, the Apostles' Creed, and " In the Name of the Lord Jesus crucified," as on page 40.



During the Day.

It is well to strive to raise our thoughts to God during the day, especially at the third hour (9 o'clock A.M.), when the Holy Spirit descended upon the Apostles ; at the sixth hour (12 A.M.), when our Lord was nailed to the cross ; and at the ninth hour (3 P.M.), when He died.

These forms of prayer may help you to do this, if time and circumstances permit.

THIRD HOUR (9 A.M.).

℣. O Thou, Who at the third hour didst send the Holy Ghost upon Thine Apostles.

℞. Take not away Thy Holy Spirit from us, but renew Him daily in our hearts, and save us.

Come, Holy Ghost, Who ever One
Art with the Father and the Son ;
Come, Holy Ghost, our souls possess
With Thy full flood of holiness.

In word and deed, by heart and tongue,
With all our powers, Thy praise be sung ;
May love enwrap our mortal frame,
And others catch the living flame.

Almighty Father, hear our cry
Through Jesus Christ our Lord, most High,
Who, with the Holy Ghost and Thee,
Doth live and reign eternally. Amen.

PRAYER.

O ALMIGHTY God, Who hast vouchsafed to regenerate us, Thy servants, by water and the Holy Ghost, and hast given unto us the forgiveness of our sins, strengthen us, we beseech Thee, O Lord, with the Holy Ghost the Comforter, and daily increase in us Thy manifold gifts of grace; the Spirit of Wisdom and Understanding; the Spirit of Counsel and Ghostly Strength; the Spirit of Knowledge and True Godliness; and fill us, O Lord, with the Spirit of Thy most Holy Fear: through Him Who hath sent down the Spirit upon His Church, Jesus Christ our Lord and Saviour. Amen.

OUR Father, etc.

MAY the Lord of His mercy grant unto us, with all His faithful servants, eternal rest and peace. Amen.

THE SIXTH HOUR (NOON).

℣. O Thou, Who didst nail the sins of the world to the same cross with Thyself.

℞. Blot out the handwriting of our offences that is written against us, and save us.

O God of truth, O Lord of might,
Who orderest time and change aright,
Brightening the morn with golden gleams,
Kindling the noon-day's fiery beams;

Quench Thou in us the flames of strife,
From passion's heat preserve our life,
Our bodies keep from perils free,
And give our souls true peace in Thee.

Almighty Father, hear our cry
Through Jesus Christ our Lord most High,
Who, with the Holy Ghost and Thee,
Doth live and reign eternally. Amen.

O MOST gracious Jesus, our Lord and our God, Who, as at this hour, didst bear our sins in Thine own Body on the Tree, that we being dead to sin might live unto righteousness, have mercy upon us, we beseech Thee, both now and at the hour of our death; and grant unto us, Thy humble servants, with all other Christian people who have this Thy Blessed Passion in devout remembrance, a godly and peaceful life in this present world, and through Thy grace eternal glory in the life to come, where with the Father and the Holy Ghost Thou livest and reignest, ever one God world without end. Amen.

OUR Father, etc.

MAY the Lord of His mercy, etc.

THE NINTH HOUR (3 P.M.).

℣. O Thou, Who at the ninth hour, for us sinners and our sins, didst taste death.

R^y. Mortify our members upon the earth, and whatsoever is contrary to Thy holy will, and save us.

O God, of all the Strength, and Power,
Who dost, unmoved, each passing hour
Through all its changes guide the day,
From early morn to evening's ray ;
Brighten life's eventide with light
That ne'er shall set in gloom of night,
Till we a holy death attain
And everlasting glory gain.

Almighty Father, hear our cry
Through Jesus Christ our Lord most High,
Who, with the Holy Ghost and Thee,
Doth live and reign eternally. Amen.

HEAR us, O Lord, and remember now the hour in which Thou didst commend Thy blessed Spirit into the hands of thy heavenly Father, when with a torn body, and a broken heart, Thou didst show forth Thy mercy by dying to deliver us from eternal death, and so assist us by that Thy most precious death, that, dying unto the world, we may live unto Thee, and that at the hour of our departing from this mortal life we may be received into Thine everlasting kingdom, there to reign with Thee, world without end. Amen.

OUR Father, etc.

MAY the Lord of His mercy, etc.



The Angelus.

It was customary in ancient times to make the following memorial of the Incarnation at morning, noon, and night, when a bell was commonly rung—a custom which has been in some places restored.

V. The Angel of the Lord announced unto Mary,

R. And she conceived by the Holy Ghost.

V. Behold the handmaid of the Lord.

R. Be it unto me according to Thy Word.

V. The Word was made Flesh,

R. And dwelt among us.

WE beseech Thee, O Lord, pour Thy grace into our hearts; that, as we have known the Incarnation of Thy Son Jesus Christ by the message of an Angel, so by His Cross and Passion, we may be brought unto the glory of His resurrection; through the same Jesus Christ our Lord. *Amen.*



Ejaculatory Prayer, etc., for daily use.

On first arising.—I laid me down and slept and rose again, for the Lord sustained me.

Glory be to Thee, O Lord, Who hast given us sleep to refresh the weary frame,—order, sanctify, and govern all my energies, to Thy glory and the salvation of my soul.

While washing.—Wash me, O Lord, in the Blood of Thy dear Son, that I may be found worthy to join those who stand clothed in white before Thy throne.

While dressing.—Clothe me, O Lord, with humility, and adorn my soul with the gifts of Thy heavenly grace.

Before reading Holy Scripture.—Thy word is a lantern unto my feet, and a light unto my paths.

Grace before meals.—(V.) The eyes of all wait upon Thee, O Lord. (R.) Thou givest them meat in due season. (V.) Thou openest Thy Hand (R.) And fillest all things living with plenteousness. Bless us, O Lord, and these Thy gifts, which of Thy bounty we receive, through Jesus Christ our Lord. Amen.

Grace after meat.—(V.) All Thy works praise Thee, O Lord, (R.) And Thy saints give thanks unto Thee. (V.) Glory be. (R.) As it was. For these and all His other mercies, God's Holy Name be praised ; through Jesus Christ our Lord. Amen.

When the clock strikes.—Watch therefore, for

ye know neither the day nor the hour wherein the Son of Man cometh.

On going forth for a journey.—The Lord preserve my going out, and my coming in : from this time forth for evermore.

On a journey.—Show me Thy ways, O Lord, teach me Thy paths. Lead me forth in Thy truth and learn me, for Thou hast been my guide all the day long.

At its completion.—Then are they glad because they are at rest, and so He bringeth them unto the haven where they would be. O that men would therefore praise the Lord for His goodness, and declare the wonders that He doeth for the children of men.

In beginning any new undertaking.—Prevent us, O Lord, in all our doings with thy most gracious favour, and further us with Thy continual help ; that in all our works begun, continued, and ended in Thee, we may glorify Thy Holy Name, and finally by Thy mercy obtain everlasting life ; through Jesus Christ our Lord. Amen.

Before taking medicine.—Heal me, O Lord, and I shall be healed, save me and I shall be saved, for Thou art my praise.

In pain or agony.—If it be Thy Will let this cup pass from me, nevertheless not my will

but Thine be done, for what son is he whom the Father chasteneth not.

In any danger.—The Lord Himself is my Keeper, the Lord is my defence upon my right hand.

Submission to God's Will.—

“Give me with Thee, at length to be,
And give me *here*, what pleaseth Thee.”

At any moment.—

“Remember what thou art, and where,
A sinner in a world of care.”

On hearing the passing bell.—Eternal rest give unto *him* O Lord, and let perpetual light shine upon *him*.

At any moment.—O Father, sustain me by Thy power : O eternal Son, enlighten me by Thy wisdom : O Holy Spirit, sanctify me by Thy indwelling.

In moments of doubt or unbelief.—Lord, I believe, help Thou mine unbelief.

“I believe whate’er the Son of God hath told,
What the Truth hath spoken, that for Truth I hold.”

In temptation to anger.—Who being reviled, reviled not again : when He suffered He threatened not.

Forgive us our trespasses, as we forgive them that trespass against us.

In temptation to sloth.—

The trivial round, the common task,
Will furnish all we need to ask,
Room to deny ourselves, a road
To lead us daily nearer God.

Not slothful in business, but fervent in spirit,
serving the Lord.

In temptation to hatred or envy.—If a man
love not his brother, whom he hath seen, how
shall he love God, whom he hath not seen?

Under temptation to sins of thought.—Let the
meditation of my heart be always acceptable in
Thy sight: O Lord, my strength, and my Re-
deemer. “For God shall bring every secret
thought into judgment.”

Under temptation to “idle words.”—Set a
watch, O Lord, before my mouth, and keep the
door of my lips.

In any severe temptation.—✠ By Thy Cross
and Passion: Good Lord, deliver me.

“O grant, O Lord, this mortal frame
May know no sin, may feel no shame,
Whereby the fires of hell may rise,
To torture me in fiercer wise.”

After any fall.—Wash me thoroughly from my
wickedness, and cleanse me from my sins.
Create in me a clean heart O God, and renew a
right spirit within me.

After any special mercy or blessing.—Praise the Lord, O my soul, and all that is within me praise His Holy Name. For like as a Father pitieth his children, so is the Lord merciful to them that fear Him.

At sunset.—

“Grant when life’s short day is past,
I may be with Thee at last.”

At darkness.—Yea, the darkness is no darkness with Thee, but the night is as clear as the day: the darkness and light to Thee are both alike.

When you lie down.—✠ I will lay me down in peace, and take my rest, for it is Thou, Lord, only, that makest me dwell in safety.

“Teach me to live, that I may dread
The grave as little as my bed ;
Teach me to die, that so I may
Rise glorious at the awful Day.”

Last words ere sleeping.—Into Thy Hands, O Lord, I commend my spirit, for Thou hast redeemed me, O Lord, Thou God of truth.





EVENING PRAYERS.

Abide with us, for it is towards evening, and
the day is far spent.

First form of Evening Prayer.

*Place yourself reverently in the presence of God, and make
this act of adoration.*

✝ In the name of the Father, and of the Son,
and of the Holy Ghost. *Amen.*

O Joyful Light of the Holy Glory of the
Everlasting Father, Which is in Heaven, Holy
and Blessed, Jesus Christ our Lord.

We are come unto the going down of the sun,
and at eventide we have seen Light : therefore
we give thanks and praise to the Father, and to
the Son, and to the Holy Spirit of God.

Worthy art Thou at all times to be praised
with holy voices, Son of God, Giver of life :
therefore doth the world glorify Thee. *Amen.*

Then make, as in the morning, an act of thanksgiving.

O MOST merciful God, I render Thee
thanks and praise for all the blessings
Thou hast bestowed upon me through my life
past, and more especially at this moment, for

Thy loving care and protection through the day.

And now, dear Lord, add this one blessing to the rest, that I may clearly discover the sins that I have committed this day, in thought, word, and deed, that no part of my guilt may be hidden from my eyes, but that I may see my sins, and detest them as I ought. *Amen.*

Here ask yourself carefully the following questions: if you can answer them favourably, say,—

NOT unto us, O Lord, but unto Thy name give the praise.

But if you cannot thus answer them, say,—

O GOD, wash away this sin, through the Blood of Thy dear Son.

I. How have I performed my duty towards God this day? What was the character of my devotions this morning? Have I been guilty of irreverence to His holy Name or word? Have I striven to keep myself as in His presence, and to do all things as in His sight? (Have I neglected the public worship of the Church?)

II. What duties have I neglected towards my neighbour? Have I been froward or unkind to those around me? Have I hurt any body by word or deed, or borne ill-will to any one? Have I been truthful and honest in word and

deed? Have I spoken evil concerning anyone, or been envious and discontented?

III. What duties have I neglected towards myself? Have I kept my body in temperance, soberness, and chastity? Have I been vain, conceited, or self-willed? Have I wasted my time?

IV. Should it please God to call me this night, am I prepared to die? If not, why not?

Here say the Confiteor.

I CONFESS to God the Father Almighty, to His only begotten Son Jesus Christ our Lord, and to God the Holy Ghost, before the whole company of heaven, that I have sinned exceedingly in thought, word, and deed, through my fault, my own fault, my own most grievous fault: (especially —) For these and all my other faults, I am heartily sorry, purpose amendment by the help of the Divine grace, and humbly implore God the Father Almighty, His only begotten Son Jesus Christ our Lord, and God the Holy Ghost, to have mercy upon me, and forgive me my sins. Amen.

MAY the Almighty Lord grant unto me remission of my sins, space for true repentance, amendment of life, and the grace and comfort of His Holy Spirit. Amen.

OUR Father, &c.

Turn us again, O Lord God of Hosts.
 Shew us the light of Thy countenance, and
 we shall be whole.

O Christ, arise, help us.
 And deliver us for Thy Name's sake.
 Lord, hear our prayer.
 And let our cry come unto Thee.

Here you may add prayers for the graces you need (Part III.), the Memorial for the day, or proper Collect from the Prayer Book, and of Intercession (Part IV.)

VISIT, I beseech Thee, O Lord, this dwelling, and drive far from it all the snares of the enemy. Let Thy holy angels dwell in it to preserve us in peace, and may Thy blessing be upon us evermore: through our Lord Jesus Christ. *Amen.*

O LORD Jesus Christ, who never slumberest nor sleepest, be pleased in Thy mercy to watch over me, this night, and make me ever mindful of the time when I shall lie down in the dust. Preserve me waking, and defend me sleeping, that when I am awake, I may watch with Christ, and when asleep, I may rest in peace. *Amen.*

THE Almighty and merciful God, the Father, the Son, and the Holy Ghost,

bless, preserve, and keep me this night, and for evermore. Amen.

Glory to Thee, my God, this night
For all the blessings of the light ;
Keep me, O keep me, King of kings,
Under Thine own Almighty wings.

Forgive me, Lord, for Thy dear Son,
The ills that I this day have done,
That with the world, myself, and Thee,
I, ere I sleep, at peace may be.

Teach me to live, that I may dread
The grave as little as my bed ;
Teach me to die, that so I may
Rise glorious at the awful Day.

O may my soul on Thee repose,
And may sweet sleep mine eyelids close,
Sleep that shall me more vigorous make
To serve my God when I awake.

When in the night I sleepless lie,
My soul with heavenly thoughts supply ;
Let no ill dreams disturb my rest,
No powers of darkness me molest.

Praise God from Whom all blessings flow ;
Praise Him all creatures here below ;
Praise Him above, angelic host ;
Praise Father, Son, and Holy Ghost.

Amen.



Second Form of Evening Prayer.

✠ In the Name of the Father, and of the Son,
and of the Holy Ghost. Amen.

PSALM 121.

I WILL lift up mine eyes unto the hills : from
whence cometh my help.

My help cometh even from the Lord : Who
hath made heaven and earth.

He will not suffer thy foot to be moved : and
He that keepeth thee will not sleep.

Behold, He that keepeth Israel : shall neither
slumber nor sleep.

The Lord Himself is thy keeper : the Lord is
thy defence upon thy right hand ;

So that the sun shall not burn thee by day :
neither the moon by night.

The Lord shall preserve thee from all evil :
yea, it is even He that shall keep thy soul.

The Lord shall preserve thy going out, and
thy coming in : from this time forth for ever-
more.

Glory be to the Father, and to the Son : and
to the Holy Ghost ;

As it was in the beginning, is now, and ever
shall be : world without end. Amen.

Make an Act of Adoration.

Blessed be the Holy and undivided Trinity from this time forth for evermore.

O ETERNAL God, Whom the heaven of heavens cannot contain : Thou holdest my feeble being, I am the creature of Thy hands, whom Thou hast fashioned out of dust, for dust I am, and unto dust shall I return. Whom have I in heaven but Thee, and what shall I desire on earth in comparison of Thee. I bless Thee for Thou art my God, and I will praise Thee ; Thou art my God, and I will thank Thee.

I adore Thee, as Thou hast revealed Thyself to Thy Church, Three Persons yet one God, Trinity in Unity, my Creator, my Redeemer, my Sanctifier. I believe in Thee, for Thou art the Truth and cannot lie ; I hope in Thee for Thy compassions fail not, and in Thee is neither variableness nor shadow of turning. I love Thee, for Thou hast made me for Thyself, and the heart knoweth no rest till it find rest in Thee. Amen.

Here seat your conscience upon its throne and prepare for Self-Examination ; go through the day hour by hour, consider your actions towards God, your neighbour, and yourself.

Recall, the company and conversation in which you have joined. (2,) The places you have visited. (3,) The recreation in which you have indulged. (4,) The books you have read. (5,) The means of grace you have used or neglected.

Then say the CONFITEOR (p. 56), pausing to mention the faults you have discovered, or make the following

ACT OF CONTRITION.

O MOST Mighty God, and Merciful Saviour, Who hatest nothing that Thou hast made, Who wouldest not the death of a sinner, but rather that he should turn from his wickedness and live, I acknowledge and bewail my manifold sins and wickedness, which I have committed against Thee in *thought, word, and deed*, through my fault, my own fault, my own most grievous fault, (especially)

But Thou, O Lord, have mercy upon me a sinner; rebuke me not in Thine indignation; cast me not away in Thy displeasure; for if I have done that whereby Thou mayest condemn me, Thou hast not undone that whereby Thou art wont to save.

To whom shall I fly but to Thee? If Thou castest me out, who will receive me? Would that I had never offended Thee! that I had ever preserved my Baptismal innocence!

But Thou hast said, 'Ask, and ye shall receive; seek, and ye shall find; knock, and it shall be opened.' I ask for pardon; I seek Thee, the good Physician, to heal my sin; I knock at the door of Thy mercy; Lord, open to me, my God, open to me, that I may live.

OUR Father, etc.

RENEWAL OF BAPTISMAL VOWS.

O ALMIGHTY Father, relying upon the help of Thy grace, I offer and present unto Thee my body, soul, and spirit, to be a reasonable, holy, and lively sacrifice unto Thee, beseeching Thee that I may continue Thine for ever.

Therefore, I solemnly renew my baptismal vow, I renounce the world, the flesh, and the devil, I believe all that Thou hast revealed through Thy Church, and in Thy Word, and resolve, through the aid of Thine Holy Spirit, to walk in the path of Thy commandments, all the days of my life. I know that in me, that is in my flesh, dwelleth no good thing, but that I can do all things through Thy dear Son ; with Him, and in Him, accept this my sacrifice. Amen.

ACT OF THANKSGIVING.

O MY God, I adore Thee and thank Thee, Who art my chief Good, for all Thy mercies bestowed upon me, a miserable sinner. Thou hast created me out of dust ; Thou hast redeemed me by the Blood of Thy dear Son ; Thou hast sanctified me by Thy Holy Spirit ; Thou hast preserved me from countless dangers, and prolonged my unprofitable life, even to this

hour, although I have so often and grievously sinned against Thee; and now that Thou hast brought me one day nearer Home, I thank Thee for Thy many mercies during its course. O my God, I cannot thank Thee as I ought; therefore I plead before Thee the Spotless life of Thy dear Son as my one Thank-offering. Together with the praises and thanks which angels and saints have given Thee, accept my humble thanks, and teach me to yield my whole body, soul, and spirit, a perpetual Burnt Offering to Thy Divine Majesty. Amen.

Here you may add prayers for the graces you need (Part III.), the Memorial for the day, and the proper Collect from the Prayer Book, and of Intercession (Part IV.)

THE day, O Lord, has now ended, what blessings hast Thou given me during its course! what ingratitude have I shewn Thee; O preserve in me that which is Thine; wash away in the Blood of Thy dear Son that which is mine. Amen.

Here rising from your knees prepare for bed.—See directions at the end of the forms for ejaculatory prayer.

HYMN.

And now the day is past and gone,
 Holy God I bow to Thee;
 Again as shades of night roll on,
 To Thy sheltering side I flee.

For ills that I this day have done,
Let my bitter sorrow plead ;
And keep me from the wicked one,
When myself I cannot heed.

Ravens he prowls Thy fold around,
In his watchful circuitings ;
Father this night may I be found,
'Neath the shadow of Thy wings.

O when shall that, Thy day, have come,
Day ne'er sinking in the west ;
That country and that holy home,
Where no foe shall break our rest.

Where Thy Saints preserved beneath,
The shadow of Thy outstretched wing,
For evermore Thy joy shall share,
For evermore Thy mercy sing.

Now to the Father, and the Son,
And Holy Ghost, our prayer we raise ;
To One in Three, and Three in One,
Sing we in exile songs of praise.





Third Form of Evening Prayer.

✠ In the Name of the Father, and of the Son,
and of the Holy Ghost. Amen.

I.

PREPARATION. Place yourself in the
presence of God as in the morning.

II. Thanksgiving as in the morning.

III. Preparation for self-examination. Ask
grace to discover your sins in thought, word, or
deed; go through the day, hour after hour;
consider your failings with regard to God, your
neighbour, and yourself.

(If necessary, use the form given on page 55.)

IV. Make an act of contrition for faults com-
mitted against a loving Lord and Saviour; pray
earnestly for pardon; make resolutions, by His
help, to shun sins for the future; think of
Magdalene, of the lost sheep, and of the
Prodigal Son.

V. Make acts of faith, hope, and love.

VI. Commemorate the season as in the
morning.

VII. Make acts of intercession as in the
morning.

VIII. Pray for protection during the night, and for the guardianship of the holy Angels; pray for all those whom you especially desire to commend to God, that the day now past may have brought you and them a day nearer Heaven; and pray also that you may at last lie in the grave as peacefully as now in your bed.

IX. Conclude (as in the morning) with the Lord's Prayer, the Apostles' Creed, and end as in either of the preceding forms.

Here, rising from your knees, prepare for bed. As you unclothe yourself, reflect that so must your soul at last, unclothed of its vesture of flesh, stand before God; pray that it may be with joy, and not with grief.

Let your last words be—

'Into Thy hands I commend my spirit, for Thou hast redeemed me, O Lord, Thou God of truth.'





Memorials for the Days of the Week.

ON SUNDAY, OF THE HOLY TRINITY.

Antiphon.

HOLY ! Holy ! Holy ! Lord God of Hosts,
Heaven and earth are full of Thy
Glory.

℣. Let us bless the Father, the Son, and the
Holy Ghost.

℟. Let us praise and exalt Him for ever.

ALMIGHTY and everlasting God, Who hast-
given unto us, Thy servants, grace by the
confession of a true faith to acknowledge the
glory of the eternal Trinity, and in the power of
the Divine Majesty to worship the Unity ; we
beseech Thee, that Thou wouldest keep us sted-
fast in this faith, and evermore defend us from
all adversities, Who livest and reignest, one God,
world without end. Amen.

ON MONDAY, OF THE FAITHFUL DEPARTED.

Antiphon.

I HEARD a voice from Heaven, saying unto
me : Blessed are the dead which die in the

Lord, yea, saith the Spirit, for they rest from their labours.

℣. Eternal rest, give unto them, O Lord.

℞. And let perpetual light shine upon them.

O ALMIGHTY God, unto Whom all live, we beseech Thee to remember the spirits of all flesh who have departed this life in the hope of Thy appearing, especially our parents, friends, kinsfolk, and benefactors. Grant them, O Lord, we beseech Thee, a place of refreshment, light, and peace, in the bosom of Abraham, Isaac, and Jacob, where all sighing and sadness are banished away, and the light of Thy countenance shineth for ever. Amen.

ON TUESDAY, OF THE HOLY SPIRIT.

Antiphon.

COME, O Holy Ghost, fill the hearts of Thy faithful people, and kindle in them the fire of Thy love.

℣. Send forth Thy spirit, and they shall be created.

℞. And Thou shalt renew the face of the earth.

GOD, Who as at this time didst teach the hearts of Thy faithful people, by the sending to them the light of Thy Holy Spirit; Grant us by the same Spirit to have a right judgment in all things, and evermore to rejoice

MEMORIALS OF THE DAYS OF THE WEEK. 69

in His holy comfort ; through the merits of Christ Jesus our Saviour, Who liveth and reigneth with Thee, in the unity of the same Spirit, one God, world without end. Amen.

ON WEDNESDAY, OF THE SAINTS.

Antiphon.

O HOW glorious is the kingdom, where all the saints rejoice with Christ ; they are arrayed in white robes, and follow the Lamb whithersoever He goeth.

V. The voice of joy and health

R. Is in the dwellings of the righteous.

O ALMIGHTY God, Who hast knit together Thine elect in one communion and fellowship, in the mystical body of Thy Son Christ our Lord ; Grant us grace so to follow Thy blessed Saints in all virtuous and godly living, that we may come to those unspeakable joys, which Thou hast prepared for them that unfeignedly love Thee ; through Jesus Christ our Lord. Amen.

ON THURSDAY, OF THE BLESSED SACRAMENT.

Antiphon.

O SACRED Feast, wherein Christ is received ; the memory of His Passion is renewed ; our souls are fulfilled with grace ; and

the pledge of eternal glory is given unto us.
Alleluia.

℣. Thou feddest Thine own people with
angels' food ;

℞. And didst give them Bread from heaven.

O GOD, Who unto us, in the Blessed Sacrament, has left a memorial of Thy Passion, grant that we may so venerate the sacred Mysteries of Thy Body and Blood here on earth, that we may evermore perceive in ourselves the fruit of Thy Redemption, Who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

ON FRIDAY, OF THE HOLY CROSS.

Antiphon.

GOD forbid that I should glory, save in the Cross of our Lord Jesus Christ, by Whom the world is crucified unto me and I unto the world.

℣. Christ was made obedient unto death,

℞. Even the death of the Cross.

O LORD Jesus Christ, Son of the Living God, Who didst descend from the bosom of the Father to this sinful earth, and on the Tree of the Cross didst endure Five Wounds, and shed forth Thy precious Blood in atonement for my sins, I humbly beseech Thee that at the Day of

Judgment I may be placed at Thy Right Hand, and be found worthy to hear those most sweet words, "Come ye blessed of my Father, receive the kingdom prepared for you," Who livest and reignest God, world without end. Amen.

ON SATURDAY, OF THE INCARNATION.

Antiphon.

O WONDERFUL Exchange, the Creator of the world being born of the Virgin Mary, hath vouchsafed to take upon Him our humanity, that we may become partakers of His Divinity.

V. The Word was made flesh,

R. And dwelt among us.

O GOD, Whose blessed Son was manifested that He might destroy the works of the devil, and make us the sons of God, and heirs of eternal life ; Grant us, we beseech Thee, that, having this hope, we may purify ourselves, even as He is pure ; that, when He shall appear again with power and great glory, we may be made like unto Him in His eternal and glorious kingdom ; where with Thee, O Father, and Thee, O Holy Ghost, He liveth and reigneth, ever one God, world without end. Amen.





PART III.

Prayers for Particular Graces, and in Divers Necessities.

ACTS OF FAITH, HOPE, LOVE, CONTRITION,
ETC.



I. FOR HUMILITY, AGAINST PRIDE.

O ALMIGHTY God, Who resistest the proud, and givest grace to the humble: mortify and kill all pride and vain glory within me; that following the steps of Thy dear Son in all lowliness, meekness, and patience, I may receive that kingdom which His merits have purchased for those who love and follow Him, through the same Jesus Christ our Lord. Amen.

II. FOR MEEKNESS, AGAINST ANGER.

O LORD Jesus Christ, Who wast led as a lamb to the slaughter, and yet openedst not Thy mouth: grant me power and strength to resist the impulses of anger, and to give no

place unto wrath ; refrain my lips from strife, my heart from bitterness ; that I may overcome evil with good, and resisting with Thee, even to the death, may hold fast the blessed hope of Thine eternal kingdom, where love and peace reign for ever. Amen.

III. FOR BROTHERLY LOVE, AGAINST ENVY AND HATRED.

O ALMIGHTY God, Who hast given us a commandment, that we should love one another, as Thou hast loved us ; grant unto me that spirit of charity, which shall never fail, that I may rejoice in my brother's good as in my own, that I may be afflicted in his affliction, and forgive as I hope to be forgiven. Grant that we may all be united in one holy bond of love and peace, of faith and charity, until the love begun on earth be perfected in heaven. Amen.

IV. FOR TEMPERANCE, AGAINST GLUTTONY.

O LORD, Who for our sake didst fast forty days and forty nights : give me grace to use such abstinence, that, my flesh being subdued to the Spirit, I may ever obey Thy godly motions in righteousness, and true holiness, to Thy honour and glory, Who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

V. FOR CHASTITY, AGAINST LUST.

O GOD, Whose blessed Son was manifested that He might destroy the works of the devil, and make us the sons of God, and heirs of eternal life : grant me, I beseech thee, that, having this hope, I may purify myself, even as He is pure ; that, when He shall appear again with power and great glory, I may be made like unto Him in His eternal and glorious kingdom ; where with Thee, O Father, and Thee, O Holy Ghost, He liveth and reigneth, ever one God, world without end. Amen.

VI. FOR DILIGENCE, AGAINST SLOTH.

O GOD, Who by Thy blessed Apostle S. Paul hast said, "If any would not work, neither should he eat," grant me grace to labour diligently in the vocation to which Thou hast called me, while it is yet day, knowing that the night cometh when no man can work ; give me grace to remember that I must give an account of my time unto Thee, and to use it worthily to Thy honour and glory, through Jesus Christ our Lord. Amen.

VII. FOR THE LOVE OF GOD.

O GOD, Who hast prepared for them that love Thee such good things as pass man's understanding ; pour into my heart such love

toward Thee, that I, loving Thee above all things, may obtain Thy promises, which exceed all that I can ask or desire ; through Jesus Christ our Lord. Amen.

VIII. FOR THE LOVE OF YOUR NEIGHBOUR.

O LORD, Who hast taught us that all our doings without charity are nothing worth ; Send Thy Holy Ghost, and pour into my heart that most excellent gift of charity, the very bond of peace and of all virtues, without which whosoever liveth is counted dead before Thee : grant this for Thine only Son Jesus Christ's sake. Amen.

IX. FOR TRUE CONTRITION.

ALMIGHTY and everlasting God, Who hatest nothing that Thou hast made, and dost forgive the sins of all them that are penitent ; create and make in me a new and contrite heart, that I, worthily lamenting my sins, and acknowledging my wretchedness, may obtain of Thee, the God of all mercy, perfect remission and forgiveness ; through Jesus Christ our Lord. Amen.

X. AGAINST EVIL THOUGHTS.

ALMIGHTY God, unto Whom all hearts be open, all desires known, and from Whom

no secrets are hid ; Cleanse the thoughts of my heart by the inspiration of Thy Holy Spirit, that I may perfectly love Thee, and worthily magnify Thy holy Name ; through Christ our Lord. Amen.

XI. FOR SINCERITY, AGAINST DECEIT.

O HOLY God, Who searchest the heart and triest the reins, cleanse my heart from all hypocrisy and deceit, give me truth in the inward parts, and honesty in all that I do or say, that I may live as in Thy sight, unto Whom all hearts are open ; through Jesus Christ our Lord. Amen.

XII. FOR DEVOTION, AGAINST WANDERING THOUGHTS.

O THOU, Who didst spend whole nights in prayer to Thy Father, and hast bidden us also to watch and pray, grant that I may not draw near to Thee with my lips while my heart is far from Thee, but may yield Thee the devotion of my whole heart ; and grant unto me such perseverance in prayer here upon earth, that I may praise Thee for ever in heaven. Amen.

XIII. AGAINST IRREVERENCE.

O ALMIGHTY God, Who hast said that for every idle word we must give account at the day of Judgment, and hast bidden

us honour Thy holy Name and Word : keep the door of my lips, that I may never displease Thee by irreverent or profane words ; keep my foot when I go to Thine House, that I may worship Thee in spirit and in truth, and grant me the spirit of holy fear, that I may have a reverent awe of Thy holy Name and Word, and may reverence Thee in Thy Sacraments, through Jesus Christ our Lord. Amen.

XIV. FOR FAITH AGAINST UNBELIEF.

O ALMIGHTY God, Who hast taught us that without faith we cannot please Thee : grant me that precious gift, the evidence of things not seen, that I may cheerfully acknowledge, and readily obey, all Thou wouldst have me believe and do. Grant that this holy gift may ever be an anchor of my soul, sure and steadfast, whereby I may safely overcome the storms of life's tempestuous sea, and clinging to Thee Who art my first beginning, and my chief good, may at length see Thee face to face, when faith shall be lost in sight ; through Jesus Christ our Lord. Amen.

XV. A STUDENT'S PRAYER.

(By St. Thomas Aquinas.)

O INCOMPREHENSIBLE Creator, the true Fountain of light, and only Author

of all knowledge ; vouchsafe, I beseech Thee, to enlighten my understandings, and to remove from me all darkness of sin and ignorance. [Thou Who makest eloquent the tongues of those that want utterance, direct my tongue, and pour on my lips the grace of Thy blessing.] Give me a diligent and obedient spirit, quickness of apprehension, capacity of retaining, and the powerful assistance of Thy holy grace ; that what I hear or learn I may apply to Thy honour and the eternal salvation of my own soul, through Jesus Christ our Lord. Amen.

XVI. FOR GRACE TO KNOW YOUR VOCATION.

O GOD, to Whom the present, past, and future are alike known, give me the help of Thy grace, and guide me in choosing my future path in life, so that I may embrace that calling wherein I may best glorify Thy Holy Name, and work out my own salvation ; through Jesus Christ our Lord. Amen.

XVII. FOR CONTENTMENT.

O THOU, Who for our sakes didst become poor, that we through Thy poverty might be rich, and hast taught us that godliness, with contentment, is great gain, grant me such grace that I may not covet, nor desire, other men's goods, but, being content with my own, may

learn, and labour truly to do my duty in that station of life to which Thou art pleased to call me. Amen.

XVIII. FOR PERSEVERANCE.

O ALMIGHTY God, Who hast said, "He that endureth to the end the same shall be saved," grant that I, being numbered amongst Thy children in Baptism, may ever abide a branch of the True Vine, and, continuing in Thy love here below, may at last be made a partaker of everlasting joy; through Jesus Christ our Lord. Amen.

XIX. FOR CONTEMPT OF THE WORLD.

O GOD, Who by Thy grace turnest our weak and earthly minds to the desire of heavenly things, break, I beseech Thee, the chains which bind me to the world; preserve me from its snares and allurements, teach me to look down upon its splendour, to despise its pleasures and all things which it holds out to us, and to count them but dross that I may win Christ, and be found in Him. Grant, O Lord, that, though in the world, I may not be of the world, but may there direct my heart where alone true joys are to be found; through Jesus Christ our Lord. Amen.

XX. A PRAYER OF S. AUGUSTINE.

(In times when tempted to despair of Forgiveness.)

I HAVE sinned, O Lord, against Thee and in Thy sight. The multitude of my offences crieth for judgment against me; yet, O Lord, Thou hast promised that, where sin hath abounded, grace shall yet more abound. And Thy promise forbids me to despair, for he who despairs of pardon denies Thee to be a God of mercy. The multitude of my offences weigheth me to the dust, but the thought of Thy most pitiful Passion raiseth me; the nails and spear cry aloud that Thou hast reconciled me by Thy Blood. The soldier opened Thy wounded Side, wherein, as in a cleft of the Rock of Ages, I hide myself from the foe and rest secure. Thou inclinest Thy head, O crucified love, even in death as if to greet me; Thou openest Thy arms as if to embrace me. In that embrace I am willing to live, yet long to die. Amen.

XXI. A PRAYER OF S. THOMAS AQUINAS.

GRANT me, O merciful God, fervently to desire, prudently to search out, trustfully to acknowledge, and perfectly to fulfil such things as are well pleasing to Thee. Order my worldly condition to the praise and glory of Thy Name; grant me to know Thy will and to perform it as I ought. Grant that I may neither be

elated in prosperity, nor dejected in adversity. Grant that I may rejoice in nothing which leads not *to* Thee, nor grieve over aught which does not lead *from* Thee.

Grant that all earthly things may appear vile in comparison of Thee; all that is Thine, dear unto me; but be Thyself, O Lord, dearest of all.

Make me, O Lord, obedient without servility, humble without affectation, cheerful without excess, active without levity, fearing Thee without despair, trusting in Thee without presumption.

Grant me, O Lord, a watchful heart, which no curious imaginations may lead from Thee,—a noble heart which no unworthy affection may draw backward,—a true heart which no deceit may defile,—a stedfast heart which no tribulation may subdue.

Bestow upon me, O Lord, diligence to seek Thee, wisdom to find Thee, perseverance to put my whole trust in Thee to the end.

Let me cheerfully embrace Thy chastisements, which my sins have deserved, and use the benefits of Thy grace in this my pilgrimage, that at length I may attain to Thy eternal and everlasting glory, through Jesus Christ our Lord. Amen.

XXII. IN SEVERE TEMPTATIONS OR TROUBLES.

O GOD, wherefore art Thou absent from me so long. The enemy crieth so, and the ungodly cometh on so fast, and in me, that is in

my flesh, dwelleth no good thing. But Thou, O Lord, help and sustain me ; the depth of my wretchedness crieth unto the depth of Thy mercy. Thou hast worn our mortal flesh, Thou knowest all our infirmities. O abandon me not, but remember that never was it known that any who cried to Thee for succour were forsaken. Our fathers have told us what Thou hast done in their time of old, and Thou art evermore the same, shew forth Thy power in me. I seek Thine aid, and Thou hast said, seek and ye shall find. O my Lord and my God, by the fervent love which brought Thee down to die,—by the mighty power Thou hast in heaven and earth,—drive away my foes. Arise, O Lord, and let Thine enemies be scattered, let them, O Lord, that hate Thee flee before Thee. Thou art my succour, haste Thee to help me. So shall I praise Thy holy Name for ever. Amen.

XXIII. AN ACT OF FAITH AND HOPE.

I BELIEVE, O God, that Thou didst send Thy Son to die for me, a miserable sinner ; that Thou didst make me, in my Baptism, a member of Christ, a child of God, and an inheritor of the kingdom of heaven ; that Thou dost hear my prayers, and sanctify me by Thy Holy Spirit ; that through Thee alone I can do all things. And therefore, O God, I praise Thy Name ; in this Faith I would live, and in this Faith, by Thy help,

would die. And, O my God, trusting only in Thee, and Thy grace, so freely bestowed upon me, I look for the pardon of my sins, through faith in Thy dear Son ; and for that eternal bliss which His merits, and not my own, have purchased. Therefore, in Thy strength I will strive, so long as life lasts, to fight against the world, the flesh, and the devil, and to continue Thy soldier and servant unto my life's end ; for Thy sake forgiving all who have offended me, for Thy sake cheerfully bearing all Thou wouldst have me bear, even death itself, and those pains which accompany it ; so that loving Thee above all things, I may be with Thee in Paradise. Amen.

XXIV. AN ACT OF LOVE.

TO Thee, O God, my heart aspires,—to Thee, O Lord and Saviour, Who alone art worthy of adoring Love. I love Thee, not with the slavish fear of those who dread Thy wrath, nor with the selfish hope of gaining eternal joy, but for Thyself, O Lord. For me Thou layest an infant in the manger ; for me Thou didst weep, a suppliant in the garden ; for me Thou didst hang upon the bitter Cross, while derision was added to each cruel pang ; for me Thy sacred Head, upon which angels gaze in adoring awe, was wreathed with cruel thorns ; for me the heart of Thy Blessed Mother was pierced as with a sword ; for me the saving tide of Blood and Water

gushed forth that Baptism might cleanse me and Blood refresh me ; for me Thou didst suffer the desolation of bereavement as one forsaken of the Father ; for me Thou didst breathe forth Thy spirit into the hands of Thy Father. Yes, for me and such as me, Thou didst mourn, suffer, and pray, till torture was ended by death. O my God, can Thy suffering love fail to win my heart ? To Thee I would in return devote myself. Thy love shall inspire my life, Thy love soothe me in death, until I lose myself in its boundless ocean in eternity. Amen.

XXV. AN ACT OF CONTRITION.

BEHOLD, Thou art angry, for we have sinned ; we are all as an unclean thing, and all our righteousness as filthy rags.

We all do fade as a leaf, and our iniquities like the wind have taken us away.

But now, O Lord, Thou art our Father ; we are clay, works of Thy hands all. Be not wroth very sore, neither remember iniquity for ever.

Yet Thou, O Lord, art in the midst of us, and we are called by Thy Name ; leave us not, O Hope of Israel, O Saviour of them that trust in Thee.

For I know that in me, that is, in my flesh, dwelleth no good thing ; for the good I would I do not, the evil I would not that I do.

O wretched man that I am, who shall deliver

me from the body of this death? I thank God, through Jesus Christ our Lord.

O Lamb without blemish, and without spot, Who hast redeemed me with Thy precious Blood, have mercy upon me, Thou that takest away the sins of the world, grant me Thy peace.

XXVI. RENEWAL OF BAPTISMAL VOWS.

O ALMIGHTY Father, Who didst make me Thine own child by regeneration and grace, behold I have sinned against heaven and before Thee, I am no more worthy to be called Thy son. I have strayed into a far country; I have fed my immortal soul on the husks which the swine do eat; I have yielded to the snares of the world, the flesh, and the devil; I have dug me out broken cisterns which yield no water; I have sought that joy in creatures which is alone to be found in Thee.

Too late, O Lord, I return to Thee Who art my loving Father; too late to Thee Who hast prevented me in Thy love while yet afar off.

Therefore, O Father, I would renew my vows unto Thee, whereby I was vowed unto Thee in my infancy, whereby I vowed myself unto Thee in my Confirmation. Trusting in Thy help, I do now renounce the world, the flesh, and the devil; I heartily believe all that Thou hast revealed through Thy word and in Thy Church; I will strive to obey Thy holy will and commandments,

and to walk in the same all the days of my life. O Father, Who hast made me Thy child, Who hast given me all that I have and am, receive me, Thy exiled son, exiled through my own fault ; receive me the returning prodigal, weary of my wanderings, afar from Thee, my only good ; and receive the residue of my sinful and polluted life. Cleanse me from the past ; clothe me anew with the vesture of Thy grace ; render again to me the ring which betokeneth Thy love, and my union to Thee, and cause my feet to be shod with the preparation of the gospel of peace, that evermore I may tread the narrow way which leadeth to my home. Refresh me with the bread of angels, the corn of Thine elect, that, in the strength of that meat, I may attain unto the heavenly Zion, my true fatherland, and abide with Thee for ever. Amen.

XXVII. FOR A HAPPY DEATH.

O LORD Jesus Christ, Who didst bow Thy sacred Head in death upon the Cross for our salvation, and hast thereby made death the gate to eternal life : Grant by that, Thy precious Death, that dying unto the world, I may live unto Thee, and at the last hour of my life, may commend my spirit into Thy Hands, as into the hands of a merciful Creator and most loving Saviour. O crucified Jesus, Who didst die upon the Cross for me, suffer me not in my last hour, for any

pains of death, to fall from Thee. Remember, O good Shepherd, that I am one of Thy sheep, purchased by Thy Blood. O guide me through the Valley of the Shadow of Death ; let Thy rod and staff comfort me ; be with me when all earthly help shall fail ; suffer me not to be separated from Thee ; forget not the ransom Thou hast paid for me ; at my last hour receive me, and call me to Thee ; hide me in Thy Wounds, wash me in Thy Blood, that, with Thy Saints, I may praise Thee to all eternity. Amen.

XXVIII. A PRAYER FOR MOURNERS.

O JESUS, Son of Mary, Who hast worn our throbbing flesh, and shed the frequent tear for us, Who knowest every sigh of the mourner, and countest every tear ; Thou only Good ; Thou only Wise ; Who dost chasten those whom Thou lovest,—grant me perfect submission to Thy will, knowing that, as a father pitieth his children, so art Thou merciful to those who fear Thee. Thou Who didst weep over the grave of Lazarus, grant that, while I thus weep, I may yet look by Faith to that bright land where Thou art the uncreated Sun ; and may so live here through Thy grace, that I may meet *him* who is but gone before in that happy Home, where Thou livest and reignest with the Father and the Holy Ghost, God, world without end. Amen.



PART IV.

Prayers of Intercession.

Intercession for others is a Christian duty of the highest importance, as set forth by S. Paul (1 Tim. ii. 1), and it is one of the chief means of nourishing and sustaining that love of our brethren, which should be the characteristic of every Christian, as it is written, "We know that we have passed from death unto life because we love the brethren."

Again, we must remember that the love of Christ was shown first in dying to redeem us; secondly, in living to make intercession for us; if we are His through the first act of His Love, we must imitate Him in its second and abiding manifestation; thereby fulfilling His Divine command, "A new commandment give I unto you, that ye love one another as I have loved you."

Neither should our intercession be confined to those who are yet living. The faithful departed have ever claimed their share in the Church's supplications, since they are yet one with us in Him of Whom the whole family in heaven and earth is named, and their bliss is not yet fully accomplished.

The following Intercessions and Prayers are intended to assist you in discharging this great duty, as time and circumstances permit.

I. A LITANY OF INTERCESSION FOR THE PARISH IN WHICH YOU LIVE.

O GOD the Father, of heaven: have mercy
upon us miserable sinners.

O God the Son, Redeemer of the world : have mercy upon us miserable sinners.

O God the Holy Ghost, proceeding from the Father and the Son : have mercy upon us miserable sinners.

O holy, blessed, and glorious Trinity, three Persons and one God : have mercy upon us miserable sinners.

Remember not, Lord, our offences, nor the offences of our forefathers ; neither take Thou vengeance of our sins : spare us, good Lord, spare Thy people, whom Thou hast redeemed with Thy most precious Blood, and be not angry with us for ever.

From all impenitence and hardness of heart, from presuming upon Thy mercy, or despairing of Thy forgiveness,

Good Lord, deliver us.

From fearing to confess Thee before men, from want of love to the souls Thou hast redeemed,

Good Lord, deliver us.

By the mystery of Thy holy Incarnation ; by Thy holy Nativity and Circumcision ; by Thy Baptism, Fasting, and Temptation,

Good Lord, deliver us.

By Thine Agony and bloody Sweat ; by Thy Cross and Passion ; by Thy precious Death and Burial ; by Thy glorious Resurrection and Ascension ; and by the coming of the Holy Ghost,

Good Lord, deliver us.

We sinners do beseech Thee to hear us, O Lord God ; and that it may please Thee to rule and govern Thy holy Church universal in the right way ;

We beseech Thee to hear us, good Lord.

That Thou wilt grant unto Thy Church at large (and especially in this parish), deliverance from heresy and schism, and grant her that peace and unity which is acceptable to Thy will ;

We beseech Thee to hear us, Good Lord.

That Thou wilt clothe Thy priests (especially those who minister amongst us) with righteousness, and grant that they shew forth Thy praise with their lips and in their lives ;

We beseech Thee to hear us, Good Lord.

That Thou wouldst bless their labours for the salvation of souls, granting unto Thy word spoken by their lips, such success, that it may never be spoken in vain ;

We beseech Thee to hear us, Good Lord.

That Thou wouldst vouchsafe to grant to all those who lead the praises of Thy sanctuary, purity of heart and reverence, that what they sing with their lips they may believe in their hearts and shew forth in their lives ;

We beseech Thee to hear us, Good Lord.

That Thou wouldst bless all the children of our schools, and grant that they may be true, pure, and obedient ;

We beseech Thee to hear us, Good Lord.

(That Thou wouldst grant unto us a Church

restored to the beauty of holiness, and ministers to minister to this portion of Thy vineyard ;)

We beseech Thee to hear us, Good Lord.

That Thou wouldst bless all the fallen who turn to Thee for help, that as they have yielded their members servants to iniquity, they may serve before Thee in newness of life ;

We beseech Thee to hear us, Good Lord.

That Thou wouldst stablish the hearts of Thy faithful people, and confirm what Thou hast wrought in them ;

We beseech Thee to hear us, Good Lord.

That Thou wouldst bless all those who are sick, and who suffer in mind or body amongst us, and grant them grace to submit to Thy holy will ;

We beseech Thee to hear us, Good Lord.

That Thou wouldst have mercy upon all in their last agony, and deliver them from the bitter pains of eternal death ;

We beseech Thee to hear us, Good Lord.

Son of God, we beseech Thee to hear us.

O Lamb of God, That takest away the sins of the world,

Have mercy upon us.

O Lamb of God, That takest away the sins of the world,

Have mercy upon us.

O Lamb of God, That takest away the sins of the world,

Grant us Thy peace.

OUR Father, &c.

O Lord, deal not with us after our sins.

Neither reward us after our iniquities.

OMIGHTY and Everlasting God, Who dost govern all things in heaven and earth ; mercifully hear the supplications of us Thy servants ; and grant unto this parish all things that are necessary for its spiritual welfare. Strengthen and confirm the faithful ; visit and relieve the sick ; turn and soften the wicked ; arouse the careless ; recover the fallen ; restore the penitent ; and bring all to be of one mind within the fold of Thy Holy Church ; through Jesus Christ our Lord. Amen.

OSAVIOUR of the world, Who by Thy Cross and precious Blood hast redeemed us, save us and help us, we humbly beseech Thee, O Lord. Amen.



II. A GENERAL INTERCESSION.

REMEMBER, O Lord, Thy Holy Catholic Church throughout the world ; where it is in error correct it ; where it is in superstition purify it ; where it is wanting supply its needs ; especially have mercy upon the branch of Thy

Church which Thou hast planted in this land, our mother of whom we were born to God.

Turn Thee again, Thou Lord of Hosts ; look down from heaven, behold and visit this vine.

Remember, O Lord, our spiritual Fathers and brethren, the Bishops, Priests, and Deacons, who throughout the world rightly divide the world of truth.

Let Thy priests be clothed with righteousness, and Thy saints sing with joyfulness.

Remember, O Lord, all those who travel, all those in trouble, sorrow, need, sickness, bonds, imprisonment, and who from their affliction call upon Thee, and have none else to help them.

Save them, O God, for Thy Name's sake, and avenge them in Thy strength.

Remember, O Lord our God, the spirits of all flesh who have departed this life in Thy faith and fear, whom we remember and who are forgotten upon earth, from Abel, Thy just servant, until this present day. Grant them, O Lord, refreshment, light, and peace, in the land of the living, in Thy kingdom, in the bosom of Abraham, where sorrow, and pain, and sighing are banished away, where the Light of Thy countenance ever shineth, and Thou dost wipe away all tears from their eyes.

Eternal rest give unto them, O Lord, and let perpetual light shine upon them.

And to us sinners, Thy servants, hoping in the

multitude of Thy mercies, grant that the end of our lives may be peaceful, and dear in Thy sight. Gather us under the feet of Thine elect, when Thou wilt and *as* Thou wilt, only without shame and sin ;

Through Jesus Christ our Lord, Thine only-begotten Son, in Whom Thou art well pleased, with Whom Thou art worshipped and glorified, in the unity of the Holy Ghost, now and for ages of ages. Amen.

III. GENERAL INTERCESSION FOR FRIENDS AND RELATIONS.

O ALMIGHTY Father, Who hast taught us to make prayers and intercession for all men, graciously receive these my supplications for those whom Thou hast given me. I pray Thee for my dear *Father* and *Mother*, that Thou wilt repay them for their love and care during my tender years, and, granting them all that they need here below, wilt at length bring them to Thine everlasting kingdom. I pray Thee for my *Brothers* and *Sisters*, that Thou wilt unite us in peace below, and grant that the love begun on earth, may be perfected in heaven. I pray Thee for those whom 'Thou hast set over me in the Lord, my *spiritual Pastors*, that Thou wilt bless their work for the salvation of our souls. I pray Thee for all the *Members of this Household*, that Thou wilt bless our labours, and grant that, in

our several stations, we may discharge our duty to Thee. I pray Thee for all those who are sick, afflicted, or distressed in mind, body, or estate, that Thou wilt give them patience under their sufferings, and a happy issue out of all their afflictions. I pray Thee for all those whom I may in any way have grieved or injured, or who may have grieved or injured me; for all with whom I may ever have sinned, or whom by precept or example I have led astray, that Thou wilt grant us grace so to live here, that we may meet at length in Thy kingdom. Finally, I pray Thee, O Lord, to remember all those dear to me who have departed this life in Thy faith and fear, and do sleep the sleep of peace, and grant that we and they may have our perfect consummation and bliss in Thy eternal and everlasting glory : through Jesus Christ our Lord. Amen.

IV. FOR YOUR PARENTS IF LIVING.

O ALMIGHTY God, my heavenly Father, Who hast given me, in my earthly Parents, an image of Thy tender love towards me, and hast bidden me in return to love, honour, and succour them. Grant unto them all things necessary for their welfare in this mortal life, and above all fill them with that heavenly wisdom while they live here, which may in the end bring them to life everlasting. And grant me to love them fervently, to honour them truly, and to

succour them in every need. Recompense them tenfold for all their loving care in my infancy and childhood, and grant that we may be ever united in Thy love in Heaven through Jesus Christ our Lord. Amen.

V. FOR YOUR PARENTS (IF DEPARTED.)

O GOD, Who hast commanded us to honour our father and mother, be merciful to the souls of my parents, and grant them rest and peace, and a place where the light of Thy countenance may shine upon them. Grant also that I [and all their children] may see them in the bliss of Thine eternal Glory; through Jesus Christ our Lord. Amen.

VI. PRAYER OF PARENTS FOR THEIR CHILDREN.

O FATHER of mercies whose Providence hath intrusted my children to my care—be Thou their Father and their God. Supply all that is wanting on my part according to Thy perfect wisdom. Protect them against all sin and evil, make them true, pure, obedient—ready to do Thy will in that state of life to which Thou shalt be pleased to call them. Grant them all that is necessary to soul and body in this life, security from the temptations of wealth or of poverty, lead them in Thy faith and fear. Grant that they may know and follow their vocation here, and grant

that we may ever be united in Thy love in Heaven, through Jesus Christ our Lord. Amen.

VII. FOR THE SCHOOL OR COLLEGE TO WHICH
YOU BELONG OR MAY HAVE BELONGED

(1) **V**OUCHSAFE, O merciful Jesus, to direct and prosper all that is done for the welfare of Thy servants in this *college*; and grant that all the members of the same may work together for the good of each other, to Thy honour and glory. Amen.

(2.) O Thou true Light, that lightest every man that cometh into the world, do Thou in Thy mercy touch the hearts and lighten the understanding of all who are here gathered together, that they may readily acknowledge and cheerfully obey all that Thou wouldest have them believe and practise for the good of their souls. Amen.

(3.) Remember, O merciful God, for good all who have gone from amongst us into the world; pour out upon them Thy Holy Spirit to strengthen and purify them, that, giving themselves up to Thy service here, they may reign with Thee in life everlasting. Amen.

(4.) And pardon, O Lord, through Thy most precious Blood, the sins and infirmities of those whom Thou hast set over this *college*; save them from taking to themselves the glory of Thy work in the souls of others, O Prince of Pastors, Who livest and reignest with the Father

and the Holy Ghost, one God, world without end. Amen.

VIII. FOR SCHOOLBOYS GENERALLY.

O LORD Jesus Christ, Child of Bethlehem, everlasting God, bless, we beseech Thee, all those who are at school, to the end that they may be true, pure, obedient, and ready to do their duty in that state of life to which it shall please Thee to call them, giving to those whom Thou hast set over them grace so to bring them up for Thee, that they may hereafter be received by Thee, Who with the Father and the Holy Ghost livest and reignest, world without end. Amen.

IX. FOR OUR UNIVERSITIES.

PRESERVE our Universities, O Lord, as the bulwarks of Thy Church, that the youth of our land may find in them a home sanctified by religious discipline and sound learning. Root out from them whatever is contrary to faith or morals. Grant that habits of self-denial may be formed amongst the scholars, and the endowments of charity may be so distributed by the authorities that their advantages may be extended to all the poor and deserving in our land; but chiefly revive in them such a spirit of devotion that they may send forth many to the work of Thy Church at home and abroad, loving Thee with a pure love,

and resolved to offer themselves a sacrifice to Thy love ; through Jesus Christ. Amen.

X. FOR THE PEACE OF THE CHURCH.

I.

O LORD Jesus Christ, Who saidst unto Thine Apostles, 'Peace I leave with you, My peace I give unto you,' regard not my sins, but the faith of Thy Church, and grant unto Her that peace and unity which are acceptable to Thy Will, Who livest and reignest with the Father and the Holy Ghost, one God, for ever and ever. Amen.

II.

O GOD the Father of our Lord Jesus Christ, our only Saviour, the Prince of Peace, give us grace seriously to lay to heart the great dangers we are in by our unhappy divisions. Take away all hatred and prejudice, and whatsoever else may hinder us from godly Unity and Concord ; that as there is but one Body and one Spirit, and one Hope of our Calling, one Lord, one Faith, one Baptism, one God and Father of us all, so we may henceforth be all of one heart and of one soul, united in one holy bond of Truth and Peace, of Faith and Charity, and may with one mind and one mouth glorify Thee ; through Jesus Christ our Lord. Amen.

XI. FOR THOSE WITHOUT THE CHURCH.

O LORD Jesus Christ, Who art the Way, the Truth, and the Life, have mercy upon those without Thy fold, wandering in error (*especially*——), and bring them to a knowledge of Thy truth. Unite them to Thee by the Sacraments of Thy love, that, partaking of the blessedness of Thy grace in this life, they may dwell with Thee in the life everlasting, Who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

XII. FOR THOSE WHO MAY HAVE BEEN YOUR COMPANIONS IN SIN.

O ALMIGHTY God, Who despiseth not a broken and contrite heart, have mercy upon me, and all with whom I have sinned, in thought, word, and deed; look not upon our unworthiness, but upon Thy dear Son, Who bare our sins in His own Body upon the tree; for His sake forgive us the past, and grant us so to live here, that we may meet in heaven; through the same Thy dear Son Christ our Lord. Amen.

XIII. FOR YOUR ENEMIES.

O LORD Jesus Christ, Who didst pray for Thy murderers, saying, 'Father, forgive

them, for they know not what they do,' have mercy, I beseech Thee, on those who have in any way injured me, and grant me Thy grace to return good for evil, Who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

XIV. FOR TRAVELLERS BY SEA OR LAND.

O GOD, Who didst call Abraham to leave his home, and didst protect him in all his wanderings, grant to those who now travel by land or sea (*especially*——) a prosperous journey, a quiet time, and a safe arrival at their journey's end. Be to them a shadow in the heat, a refuge in the tempest, a protection in adversity; and grant that, when life's pilgrimage is over, they may arrive at the heavenly country; through Christ our Lord. Amen.

XV. FOR MOURNERS.

O GOD Who dost hear the cry of Thy children and number their tears, have mercy upon those whom Thou hast afflicted in Thy love (*especially*——), and grant them grace to submit to Thy Will, knowing that it is a Father's hand which holds the rod; so that this brief affliction, which is but for a moment, may work for them a far more abundant weight of glory; through Christ our Lord. Amen.

XVI. FOR THE POOR.

O LORD Jesus Christ, Who when on earth hadst not where to lay Thine Head, have mercy upon all those who are in poverty and distress. Be Thou the Comforter of the widow, the Father of the orphan, the succour of those in distress, and their wealth in poverty; minister to their bodily necessities; supply their wants while they dwell upon earth; and bring them to that eternal kingdom where there are no tears, neither sorrow nor crying, Who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

XVII. FOR THE SICK AND DYING

O LORD Jesus Christ, Who in Thy last agony didst commend Thy Spirit into into the Hands of Thy Heavenly Father, have mercy upon all sick and dying persons (*especially* —); and grant that they may omit nothing which is necessary to make their peace with Thee before they die, Who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

XVIII. FOR MISSIONS.

O LORD Jesus Christ, Who didst charge Thy Apostles to preach the Gospel to every nation, prosper, we pray Thee, all Missions both at home and abroad, (*especially* —); give them

all things needful for their work, to the quickening of many souls, and the glory of Thy Holy Name. Support, guide, and bless the Clergy who labour in them : give them grace to bear faithful witness to the Truth, endue them with ardent zeal and love, make them patient under disappointments, and submissive under persecutions, that they may turn many to righteousness, and may win to themselves a crown of glory, through Thy Merits, Who livest and reignest with the FATHER and the HOLY SPIRIT, world without end. Amen.

XIX. FOR THE CONVERSION OF SINNERS

O ALMIGHTY God, we beseech Thee to hear our prayers for all such as sin against Thee, or neglect to serve Thee (*especially—*), that Thou wouldest bestow upon them true contrition, and an earnest desire to devote themselves to Thy holy service ; through Jesus Christ our Lord. Amen.

XX. LITANY FOR THE FAITHFUL DEPARTED.

O GOD the Father of Heaven ; have mercy upon the souls of the faithful departed.

O God the Son, Redeemer of the world ; have mercy upon the souls of the faithful departed.

O God the Holy Ghost, proceeding from the Father and the Son ; have mercy upon the souls of the faithful departed.

O Holy, Blessed, and Glorious Trinity, Three Persons and One God ; have mercy upon the souls of the faithful departed.

O Thou Who hast the keys of hell and death, and art the Resurrection and the Life ;

Grant them eternal rest.

O Thou Who didst spare Magdalene, Who didst pardon Peter though he denied Thee, Who didst hear the dying thief on the cross ;

Grant them eternal rest.

O Thou Who didst bruise the serpent's head, Who didst die for our sins, didst rise for our justification, and ever livest to make intercession for us ;

Grant them eternal rest.

By the Mystery of Thy Holy Incarnation, by Thy Holy Nativity and Circumcision, by Thy Baptism, Fasting, and Temptation ;

Grant them eternal rest.

By Thine Agony and Bloody Sweat, by Thy Cross and Passion, by Thy Precious Death and Burial ;

Grant them eternal rest.

By Thy glorious Resurrection and Ascension, and by the coming of the Holy Ghost ;

Grant them eternal rest.

We sinners beseech Thee to hear us.

That Thou wilt hasten the day when Thou wilt admit these Thy expectant servants to the Beatific Vision ;

We beseech Thee, hear us.

That Thou wilt hear the prayers and alms of Thy Church, and regard the Sacrifice we present upon their behalf at Thine earthly Altar ;

We beseech Thee, hear us.

That Thou wouldst crown their longing desires with fruition, and admit them into Thy Sanctuary, where nothing unclean can enter ;

We beseech Thee, hear us.

That Thou wouldst have mercy upon the souls of our fathers and ancestors, who have departed this life in Thy faith and fear ;

We beseech Thee, hear us.

That Thou wouldst grant a place of refreshment, light, and peace to the souls of our relations and friends, whom Thou hast caused to depart in the hope of a blessed resurrection ;

We beseech Thee, hear us.

That Thou wouldst remember those who have left no name on earth, but yet form part of Thy Mystical Body ;

We beseech Thee, hear us.

That Thou wouldst hasten the day when we, with all the faithful, shall receive our perfect consummation and bliss in Thine eternal and everlasting glory ;

We beseech Thee, hear us.

King of tremendous Majesty ;

We beseech Thee, hear us.

Son of God ;

We beseech Thee, hear us,

℣. O Lamb of God, That takest away the sins of the world ;

℞. Grant them Thy peace.

℣. O Lamb of God, that takest away the sins of the world ;

℞. Grant them Thy peace.

℣. O Lamb of God, That takest away the sins of the world ;

℞. Grant them Thy eternal peace.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

OUR Father, &c.

℣. From the gates of hell,

℞. Deliver their souls, O Lord.

℣. Eternal rest give unto them ;

℞. And let perpetual light shine upon them.

℣. Lord, hear our prayer ;

℣. And let our cry come unto Thee.

Let us pray.

O ALMIGHTY God, unto Whom all live, we beseech Thee to remember the spirits of all flesh who have departed this life in the hope of Thy appearing, especially our parents, friends, kinsfolk, and benefactors. Grant them, O Lord, we beseech Thee, a place of refresh-

ment, light, and peace in the bosom of Abraham, Isaac, and Jacob, where all sighing and sadness are banished away, and the Light of Thy Countenance shineth for ever. Amen.

HASTEN, O Lord, the day when Thou shalt send Him Whom Thou wilt send, at Whose Coming the Heaven and earth shall be moved. Under the veil of earthly things we now behold Him as through a glass darkly, but then shall we behold Him face to face. In that day deliver us, and place us at His Right Hand. Amen.

V. Deliver us, O Lord, in that tremendous day,

R. When Thou shalt come to judge the world by fire.

MAY the souls of the faithful, through the mercy of God, rest in peace. Amen.





PART V.

Devotions for the Seasons of the Church.

LITANIES.

I. LITANY FOR ADVENT.

O GOD the Father of Heaven, have mercy upon me a miserable sinner.

O God the Son, Redeemer of the world, have mercy upon me a miserable sinner.

O God the Holy Ghost, proceeding from the Father and the Son, have mercy upon me a miserable sinner.

O Holy, Blessed, and Glorious Trinity, three Persons and one God, have mercy upon me a miserable sinner.

O Thou Who didst take upon Thee our Flesh, and didst become subject to suffering and sorrow,
Have mercy upon me.

Thou Who didst raise the daughter of Jairus from the bed of death, the widow's son from the bier, Lazarus from the tomb,
Have mercy upon me.

Thou Who didst bear our infirmities and heal
our sicknesses,

Have mercy upon me.

Thou Who didst become obedient to death,
even the death of the Cross,

Have mercy upon me.

Thou Who didst first breathe into man the
breath of life, and hast appointed the hour of my
death,

Have mercy upon me.

I, Thine unworthy servant, beseech Thee, hear
me.

That, dying unto sin here, I may live unto
Thee in heaven,

Good Jesu, hear me.

That, abiding Thy faithful soldier and servant
here, I may receive the crown hereafter,

Good Jesu, hear me.

That I may cheerfully submit to all the suffer-
ing of sickness and death, as the just penalty of
my sin,

Good Jesu, hear me.

That Thou wilt be with me in the dark valley
of the shadow of death,

Good Jesu, hear me.

That Thou wouldst not suffer me in my last
hour for any pains of death to fall from Thee,

Good Jesu, hear me.

That Thou wouldst forgive me all my sins, and

strengthen my fainting soul with the Bread of Life,

Good Jesu, hear me.

That Thou wouldst enable me to close my eyes in Thy faith and fear, in the sure and certain hope of the resurrection to eternal life,

Good Jesu, hear me.

Deliver me, O Lord, in my last hour, as Thou didst deliver Enoch and Elijah from the common doom. Amen.

As Thou didst deliver Noah from the flood. Amen.

As Thou didst deliver Job from his sufferings. Amen.

As Thou didst deliver Isaac from the uplifted knife. Amen.

As Thou didst deliver Lot from Sodom. Amen.

As Thou didst deliver the children of Israel from Pharaoh. Amen.

As Thou didst deliver Daniel from the den of lions. Amen.

As Thou didst deliver the three children from the burning fiery furnace. Amen.

As Thou hast ever delivered the souls of them that trust in Thee. Amen.

Deliver me, O God, on that tremendous day, when the heavens and the earth shall be moved, when Thou shalt come to judge the world by fire. Amen.

When the judgment shall be set, and the book be opened; when the dead, small and great, stand before Thee. Amen.

O Lamb of God, That takest away the sins of the world,

Have mercy upon me.

O Lamb of God, That takest away the sins of the world,

Have mercy upon me.

O Lamb of God, That takest away the sins of the world,

Grant me Thy peace.

OUR Father, etc.

V. Blessed are the dead,

R. Which die in the Lord.

Hear me, O Lord, and remember now the hour when Thou didst commend Thy Blessed Spirit into the hands of Thy Heavenly Father, when, with a torn body and broken heart, Thou didst show forth Thy mercy and unspeakable loving-kindness towards us miserable sinners. I beseech Thee, O Thou Brightness of the Father's glory, so to assist me by that Thy precious Death, that, dying unto this world, I may live unto Thee, and that at the last hour of my life Thou mayest receive me into the arms of Thy mercy, Who livest and reignest with the Father and the Holy Ghost, one God, for ever and ever. Amen.

V. Lord, hear my prayer,

R. And let my cry come unto Thee.

May the Lord of His mercy grant unto me,
with all His faithful servants, eternal rest and
peace. Amen.

II. CHRISTMAS-TIDE AND EPIPHANY.

O GOD the Father, Creator of the world,
Have mercy upon me.

O God the Son, Redeemer of mankind,
Have mercy upon me.

O God the Holy Ghost, Sanctifier of the elect,
Have mercy upon me.

O Holy Trinity, three Persons and one God,
Have mercy upon me.

O Thou Who, being God, didst take upon
Thee the form of a servant, and wast conceived
by the Holy Ghost of the Virgin Mary,
I give Thee thanks and praise.

O Thou Who, being the Brightness of the
Father's glory and the express Image of His
Person, didst not abhor the Virgin's womb,
I give Thee thanks and praise.

O Thou Who art God and Man in one Person,
God of the substance of Thy Father, begotten
before all worlds, Man of the substance of Thy
Mother, born in the world,
I give Thee thanks and praise.

O Thou Who didst take the manhood into
God, that we, through Thy life-giving Sacraments,
might become partakers of the Divine Nature,

I give Thee thanks and praise.

O Thou Who art *Man*, to be touched with the
feeling of our infirmities, and *God*, to succour
and to save,

I give Thee thanks and praise.

By Thy tarrying in the womb of Thy blessed
Mother, let my life be hid with Thee in God.
Amen.

By Thy humility, when Thou didst vouchsafe
to lie between the ox and the ass, let this mind be
in me which was also in Thee. Amen.

By Thy silence in the manger, help me to
take heed to my ways, that I offend not in my
tongue. Amen.

By Thy patient endurance of cold and dis-
comfort, grant that I may cheerfully endure
hardness as Thy true servant. Amen.

By the song of the Angels at midnight, bring
me to join the everlasting song. Amen.

I, Thy servant, beseech Thee hear me.

That I may learn humility and lowliness of
heart from Thy manger cradle,

I beseech Thee, hear me.

That I may learn temperance, soberness, and
chastity from Thy spotless boyhood,

I beseech Thee, hear me.

That I may learn obedience from Thy sub-
jection to Joseph and Mary,
I beseech Thee, hear me.

O Lamb of God, That takest away the sins of
the world,
Have mercy upon me.

O Lamb of God, That takest away the sins of
the world,
Have mercy upon me.

O Lamb of God, That takest away the sins of
the world,
Grant me Thy peace.

OUR Father, etc.

The Word was made Flesh. Alleluia.
And dwelt among us. Alleluia.

ALmighty God, Who hast given us Thy
only-begotten Son to take our nature
upon Him, and as at this time to be born of a
pure Virgin, grant that we being regenerate, and
made Thy children by adoption and grace, may
daily be renewed by Thy Holy Spirit : through
the same our Lord Jesus Christ, Who liveth and
reigneth with Thee and the same Spirit, ever
one God, world without end. Amen.

Lord, hear my prayer,
And let my cry come unto Thee.

MAY the Lord of His mercy grant unto me, with all His faithful servants, eternal rest and peace. Amen.

III. LENT.

O GOD the Father of Heaven, have mercy upon me a miserable sinner.

O God the Son, Redeemer of the world, have mercy upon me a miserable sinner.

O God the Holy Ghost, proceeding from the Father and the Son, have mercy upon me a miserable sinner.

O Holy, Blessed, and Glorious Trinity, three Persons and one God, have mercy upon me a miserable sinner.

Jesus, receive my prayers.

Jesus, grant my petitions.

Thou, Who willest not the death of a sinner,

Thou, Who didst say unto Magdalene, 'Thy sins be forgiven thee,'

Thou, Who sparedst Peter, though he denied Thee,

Thou, Who didst come to seek and save the lost,

Thou, Who didst pardon the penitent thief upon the Cross,

Thou, Who knowest our infirmities,

Thou, Who knowest our temptations,

Thou, Who sittest at God's Right Hand,

Have mercy upon me.

By Thy Holy Incarnation,
By Thy painful life upon earth,
By Thine Agony and bloody Sweat,
By Thy thorn-crowned brow,
By Thy stripes and anguish,
By Thine unknown sufferings,
By Thy pain upon the Cross,
By Thy bitter Death,
By Thy Burial,

From all the vanity of the world,
From all the lusts of the flesh,
From all the powers of the devil,

} Good Lord, deliver me.

I (a most grievous sinner) pray Thee
that I may yield my body a willing
sacrifice unto Thee,
That I may crucify the flesh with its
affections and lusts,
That I may trample under foot every
evil passion,
That I may abstain from all evil
words,
That I may be delivered from all evil
thoughts,
That I may be preserved from all evil
deeds,
That I may fight manfully against the
world, the flesh, and the devil,
That I may continue Thy soldier and
servant until my life's end,

} I beseech Thee, hear me.

That Thou wilt tread down Satan under
my feet,

I beseech Thee, hear me.

Lamb of God, That takest away the sins of the
world,

Have mercy upon me.

Lamb of God, That takest away the sins of the
world,

Have mercy upon me.

Lamb of God, That takest away the sins of the
world,

Grant me Thy peace.

OUR Father, etc.

V. Create in me a clean heart, O God.

R. And renew a right spirit within me.

O ALMIGHTY God and Merciful Father,
Who hatest nothing that Thou hast
made, and dost forgive the sins of all them that
are penitent, Who wouldest not the death of a
sinner, but rather that he should turn from his
wickedness, and live, mercifully forgive me my
trespasses, receive and comfort me, who am
grieved and wearied with the burden of my sin.
Thy property is always to have mercy; to Thee
only it belongeth to forgive sin. Spare me,
therefore, O good Lord; enter not into judg-
ment with Thy servant, for I am but dust and
ashes in Thy sight; but so turn Thine anger

from me, who meekly acknowledge my vileness, and truly repent me of my faults, that I may ever live with Thee in the world to come: through Jesus Christ our Lord. Amen.

℣. Lord, hear my prayer.

℞. And let my cry come unto Thee.

○ SAVIOUR of the world, Who by Thy Cross and precious Blood hast redeemed me, save me, and help me, I humbly beseech Thee, O Lord. Amen.

IV. LITANY OF THE PASSION.

○ GOD the Father of Heaven, have mercy upon me a miserable sinner.

O God the Son, Redeemer of the world, have mercy upon me a miserable sinner.

O God the Holy Ghost, proceeding from the Father and the Son, have mercy upon me a miserable sinner.

O Holy, Blessed, and Glorious Trinity, three Persons and one God, have mercy upon me a miserable sinner.

○ BLESSED Jesu, delivered to the will of Thine enemies, despised and rejected of men, a Man of sorrows, and acquainted with grief,

Have mercy upon me.

O Blessed Jesu, Who hast borne our griefs

and carried our sorrows, wounded for our transgressions, bruised for our iniquities,

Have mercy upon me.

O Blessed Jesu, laden with our iniquity, oppressed and afflicted, led as a lamb to the slaughter, dumb as a sheep before her shearers,

Have mercy upon me.

O Blessed Jesu, cut off from the land of the living, made an offering for sin, pouring forth Thy soul unto death,

Have mercy upon me.

O Blessed Jesu, numbered with the transgressors, making intercession for Thy murderers, loving us and washing us from our sins in Thy blood,

Have mercy upon me.

By Thine Agony and Bloody Sweat, by Thy Cross and Passion, by Thy precious Death and Burial,

Good Jesu, deliver me.

From all the deceits of the world,
From all the lusts of the flesh,
From all the power of the devil,

In all time of our tribulation,
In all time of our wealth,
In the hour of death,
In the day of judgment.

}
Lord Jesu,
deliver me.

I beseech Thee hear me :

That I may crucify the flesh, with
its affections and lusts.

That I may take up my cross daily,
and follow Thee,

That I may ever have this Thy
Blessed Passion in devout remem-
brance.

That I may daily increase in love
towards Thee, my Crucified Lord,
That, living or dying, I may be
Thine,

I beseech Thee,
hear me.

Lamb of God, That takest away the sins of the
world,

Have mercy upon me.

Lamb of God, That takest away the sins of the
world,

Have mercy upon me.

Lamb of God, That takest away the sins of the
world,

Grant me Thy peace.

OUR Father, etc.

℣. I adore Thee, O Christ, and bless Thee,

℞. Because by Thy Cross Thou hast re-
deemed the world.

O JESU Christ, Saviour of the world, I cast
all my sins into Thy most sorrowful
wounds. Whatsoever is wanting in me of con-
trition and penitence, do Thou vouchsafe merci-

fully to supply, out of the riches of Thy merits, of all Thy griefs, pains, and labours, which Thou tookest upon Thee to bear for me, even to the most bitter death. According to Thy mercy, vouchsafe to me pardon and forgiveness here, and the bliss of Thy presence hereafter. Amen.

Lord, hear my prayer,
And let my cry come unto Thee.

O SAVIOUR of the world, Who by Thy Cross and precious Blood hast redeemed me, save me and help me, I humbly beseech Thee, O Lord. Amen.

V. LITANY FOR EASTER-TIDE.

O GOD the Father, Creator of the world,
Have mercy upon me.

O God the Son, Redeemer of mankind,
Have mercy upon me.

O God the Holy Ghost, Sanctifier of the elect,
Have mercy upon me.

O Holy Trinity, three Persons and one God,
Have mercy upon me.

O Thou Who didst die for our sins, and rose again for our justification,

I give Thee thanks and praise.

O Thou Who art the second Adam, in Whom
Thy faithful people shall all be made alive,

I give Thee thanks and praise.

O Thou the First-begotten from the dead, Who
by death hast destroyed death,

I give Thee thanks and praise.

O Thou unto Whose Death we are baptized—
in Whom we are risen again,

I give Thee thanks and praise.

O Thou Who art the Resurrection and the Life
in Whom whosoever believeth shall never die,

I give Thee thanks and praise.

By Thy victory over death ;

Grant that dying unto sin I may live *unto* Thee
here, and *with* Thee hereafter. Amen.

By Thy rising again on the third day ;

Grant that risen with Thee, I may seek the
things which are above, where Thou sittest
at the right Hand of God. Amen.

By Thy triumph over the grave ;

Grant that through the grave and gate of death
I may pass to my joyful resurrection.
Amen,

Jesus, Who didst first appear to the happy
penitent Magdalene ;

Grant me here to weep with her, that I may
be with her at the Eternal Easter.

Jesus, Who wast pleased to make Thyself known
to the disciples at Emmaus, in the Breaking of
Bread.

Grant me through the same Blessed Sacrament of Thy Love, to know Thee as Thou art and to find in Thee the pledge of immortality.

Jesus Who didst appear to Thy disciples and didst breathe on them the gift of the Holy Ghost.

Grant me in the sacred ministry of Thy Church to know Thee, the Great High Priest, and through Thine earthly gifts to reach the Heavenly Shore.

O Lamb of God, That takest away the sins of the world,

Have mercy upon me.

O Lamb of God, That takest away the sins of the world,

Have mercy upon me.

O Lamb of God, That takest away the sins of the world,

Grant me Thy peace.

OUR Father, etc.

V. Christ is risen indeed. Alleluia.

R. Who died to save us from our sins.
Alleluia.

Let us pray.

ALMIGHTY God, Who through Thine only-begotten Son Jesus Christ hast overcome death, and opened unto us the gate of everlasting life: we humbly beseech Thee, that, as by Thy

special grace preventing us Thou dost put into our minds good desires, so by Thy continual help we may bring the same to good effect : through Jesus Christ our Lord, Who liveth and reigneth with Thee and the Holy Ghost, ever one God, world without end. Amen.

Lord, hear my prayer,
And let my cry come unto Thee.

MAY the Lord of His mercy grant unto me,
with all His faithful servants, eternal rest
and peace.

VI. LITANY OF THE ASCENSION.

O GOD the Father, Creator of the world,
Have mercy upon me.

O God the Son, Redeemer of mankind,
Have mercy upon me.

O God the Holy Ghost, Sanctifier of the elect,
Have mercy upon me.

O Holy Trinity, three Persons and one God,
Have mercy upon me.

Jesus, King of Glory, Who didst ascend
into heaven in the sight of Thine
Apostles,

Jesus, Who didst ascend to Thy Father
and our Father, Thy God and our
God,

Jesus, Who ledst captivity captive,
Who spoiledst principalities and
powers,

I yield Thee thanks
and praise.

Jesus, Who art entered within the veil, and Who sittest at the Right Hand of God, Jesus, Who ever livest to make inter- cession for us, Jesus, Who hast the keys of hell and death, Jesus, Who must reign till Thou hast put all enemies under Thy feet, Jesus, Who hast opened the Kingdom of Heaven to all believers, Jesus, Who shalt come again in like manner as Thou hast ascended into heaven,	}	I yield Thee thanks and praise.
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I beseech Thee, hear me :

That Thou wouldst grant me to seek those things that are above, where Thou sittest at the Right Hand of God, That where my treasure is hidden with Thee, my heart may be also, That the Comforter, Whom Thou didst send, may lead and guide me into all truth, Jesus, Prophet, Priest, and King,	}	I beseech Thee, hear me.
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O Lamb of God, That takest away the sins of
the world,

Have mercy upon me.

O Lamb of God, That takest away the sins of
the world, Have mercy upon me.

O Lamb of God, That takest away the sins of
the world,

Grant me Thy peace.

OUR Father, &c.

V. Thou hast led captivity captive.

R. And received gifts for men.

GRANT, we beseech Thee, Almighty God,
that like as we do believe Thy only
begotten Son our Lord Jesus Christ to have
ascended into the heavens: so we may also in
heart and mind thither ascend, and with Him
continually dwell, Who liveth and reigneth with
Thee and the Holy Ghost, one God, world
without end. Amen.

Lord, hear my prayer.

And let my cry come unto Thee.

MAY the Lord of His mercy grant unto
me, with all His faithful servants,
eternal rest and peace.

VII. LITANY OF THE HOLY GHOST.

O GOD the Father, Creator of the world,
Have mercy upon me.

O God the Son, Redeemer of mankind,
Have mercy upon me.

O God the Holy Ghost, Sanctifier of the elect,
Have mercy upon me.

O Holy Trinity, three Persons and one God,
Have mercy upon me.

Spirit of Wisdom and Understanding ; of
Counsel and Ghostly strength ; of Knowledge
and True Godliness ; and of the Holy Fear of the
Lord ;

Inspire the souls of Thy faithful people, and
kindle in them the fire of Thy love.

O Thou, Who art the Comforter, the Sanc-
tifier of the elect, the Guest of the soul ;

Inspire the souls of Thy faithful people, and
kindle in them the fire of Thy love.

O Thou Who art the desire of the heart, the
Father of the poor, the Giver of all good gifts ;

Inspire the souls of Thy faithful people, and
kindle in them the fire of Thy love.

O Thou Who art Rest in labour, Shelter from
the noontide heat, Solace in weeping ;

Inspire the souls of Thy faithful people, and
kindle in them the fire of Thy love.

O Thou Who didst speak by the prophets, Who
didst overshadow Mary, Who didst descend upon
Jesus at His Baptism,

I give Thee thanks and praise.

O Thou Who didst descend in the form of fiery
tongues, Who didst give the Apostles the gift of
languages, and boldness with fervent zeal to preach
the Gospel,

I give Thee thanks and praise.

O Thou Who didst regenerate me in Baptism,

Who didst strengthen me in Confirmation, Who
makest intercession for me,

I give Thee thanks and praise.

That Thou wouldst shed abroad Thy light in
my heart, and guide me into all truth,

Holy Spirit, I beseech Thee, hear me.

That Thou wouldst help me to pray, and Thy-
self make intercession for me,

Holy Spirit, I beseech Thee, hear me.

That Thou wouldst purify my heart and reins,
that our Lord Jesus Christ when He cometh may
find in me a tabernacle prepared for Himself,

Holy Spirit, I beseech Thee, hear me.

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

OUR Father, &c.

V. Send forth Thy Spirit, and they shall be
made ;

R. And Thou shalt renew the face of the earth.

GOD, Who as at this time didst teach the
hearts of Thy faithful people, by the send-
ing to them the light of Thy Holy Spirit ; grant
us by the same Spirit to have a right judgment in
all things, and evermore to rejoice in His holy
comfort ; through the merits of Christ Jesus our
Saviour, Who liveth and reigneth with Thee, in
the unity of the same Spirit, one God, world
without end. Amen.

O GOD the Holy Ghost, Sanctifier of the elect, save me and help me, I humbly beseech Thee, O God. Amen.

VIII. LITANY FOR ALL SAINTS' DAY.

O GOD the Father, Creator of the world,
Have mercy upon me.

O God the Son, Redeemer of mankind,
Have mercy upon me.

O God the Holy Ghost, Sanctifier of the elect,
Have mercy upon me.

O Holy Trinity, three Persons and one God,
Have mercy upon me.

For all the graces Thou hast made manifest in Thy Saints, who have pleased Thee from the beginning, and chiefly in the Blessed Virgin Mary, Mother of our Lord and God, Jesus Christ,

I yield Thee thanks and praise.

For the holy lives and triumphant deaths of Thine Apostles, through whom the sound of the Gospel has gone forth unto all the world,

I yield Thee thanks and praise.

For those who have followed Thee through the Red Sea of blood, and of whom the world was not worthy,

I yield Thee thanks and praise.

For those who have been master-builders in Zion, the Bishops and Doctors of Thy Church, for the purity of Virgins, the zeal of Thy priests,

I yield Thee thanks and praise.

For all that great multitude which no man can number, of all nations and people and tongues, who have come out of great tribulation, and washed their robes, and made them white in the Blood of the Lamb,

I yield Thee thanks and praise.

I beseech Thee, hear me :

That Thou wilt grant me grace to follow these Thy Blessed Saints in all virtuous and godly living, so that while I venerate their memory I may imitate their example,

I beseech Thee, hear me.

That, seeing I am encompassed with so great a cloud of witnesses, I may lay aside every weight, and the sin that doth so easily beset me, looking unto Jesus, the Author and Finisher of my faith,

I beseech Thee, hear me.

That so I may at last gain that eternal shore, where there are no tears, neither sorrow nor crying, where Thou dost wipe away all tears from the eyes of Thy people,

I beseech Thee, hear me.

O Lamb of God, That takest away the sins of the world,

Have mercy upon me.

O Lamb of God, That takest away the sins of the world,

Have mercy upon me.

O Lamb of God, That takest away the sins of the world,

Grant me Thy peace,

OUR Father, &c.

V. The path of the just is as the shining light.

R. Which shineth more and more unto the perfect day.

O ALMIGHTY God, Who hast knit together Thine elect in one communion and fellowship, in the mystical body of Thy Son Christ our Lord, grant us grace so to follow Thy blessed Saints in all virtuous and godly living, that we may come to those unspeakable joys which Thou hast prepared for them that unfeignedly love Thee: through Jesus Christ our Lord. Amen.

MAY the Lord of His mercy grant unto me, with all His faithful servants, eternal rest and peace. Amen.





PART VI.

Meditations for the Seasons.

INSTRUCTIONS ON MEDITATION.



When we pray, we speak to God. When we read His Word, He speaks to us. Meditation combines these things: it is a colloquy between the soul and its God.

Without meditation, it is impossible to advance in the spiritual life; while on the other hand, those who habitually live in its exercise, can hardly remain in wilful sin.

There are various kinds and degrees of meditation—(1.) Every time some religious thought strikes the heart, and brings forth the fruit of prayer, we may be said to meditate. (2.) Whensoever we read God's Word, not as in a lesson, but prayerfully, striving to apply its maxims to ourselves, and making such acts of Faith, Hope, Love, and Contrition, as the subject suggests, we do most effectually meditate. (3.) When we take some distinct subject for Meditation, such as Death, or Judgment, Time and Eternity, the Incarnation, the Atonement, the relations between the soul and its Maker, and consider them in all their bearings, so far as we are able, we are practising the divine art of meditation.

Meditation is often the best kind of prayer, and is especially recommended to those who wish to overcome temptations, or wandering thoughts, such as often beset us in more formal prayer.

The first kind of meditation mentioned above is almost involuntary, and, while it is of frequent occurrence in the case of those who have made any progress in the 'things of God,' it cannot be acquired through any formal instruction; it is the natural result of habitual reliance on God, and fervent love towards Him. 'Where the treasure is, there will the heart be also.'

The following directions may assist you in acquiring the habit of meditation of the second kind mentioned, which is perhaps the most easy:—

1. First choose your subject.
2. Kneel down in some quiet place, in Church if possible, or where you generally say your prayers. Compose your thoughts.
3. Make an act of faith in the presence of God, and invoke the aid of the Holy Spirit, *after this sort:—*

O MY God, I firmly believe that Thou art here present, that Thou knowest the most secret thoughts of my heart, and the inmost desires of my soul. I confess that I am unworthy to raise my eyes to Thee, yet I beseech Thee, for the sake of Thy dear Son, to grant me the aid of Thine Holy Spirit, that the words of my mouth, and the meditations of my heart, may ever be acceptable in Thy sight, O Lord, my Strength and my Redeemer.

You may also add the 'Veni Creator' (page 61).

4. Now read the passage of Scripture you have chosen; let it be short, and complete in itself, such as one of the Parables,

or one of the Epistles or Gospels, for
for Sundays and Holy-days.

5. Pause after each sentence, and raise your heart to God. Make acts of contrition, faith, love, hope, adoration, or thanksgiving, as suggested by the subject of your meditation.
6. When you have concluded, gather up the principal ideas, and make some one resolution, to conquer some sin or acquire some grace, suggested by the subject.
7. Then you may say the Anima Christi and the Lord's Prayer, as follows:—

ANIMA CHRISTI.

Soul of Christ, sanctify me,
Body of Christ, save me,
Blood of Christ, refresh me,
Water from the Side of Christ, wash me,
Passion of Christ, strengthen me,
O Good Jesu, hear me.
Within Thy wounds hide me,
Suffer me not to be separated from Thee.
From the malicious enemy defend me,
In the hour of my death call me,
And bid me come unto Thee,
That with Thy saints I may praise Thee
To all eternity. Amen.

OUR Father, etc.

GRANT, O Lord, that these truths upon which I have now meditated, may be received in my heart and shown forth in my life, through Jesus Christ our Lord. Amen.

O SAVIOUR of the world, Who by Thy Cross and precious Blood hast redeemed me, save me and help me, I humbly beseech Thee, O Lord. Amen.

AN ACT OF FAITH.

O ETERNAL God, Who hast revealed Thyself to mankind as three Persons yet one God, I believe in all the truths that Thou hast revealed in Thy Word and by Thy Church, which is the pillar and ground of the truth, because Thou hast taught them, Who art the truth itself. In this faith I would live, in this faith I would die. Lord, I believe; help Thou mine unbelief. Amen.

AN ACT OF HOPE.

O MOST merciful God, Who hast given unto me the hope of eternal life through Thy dear Son Jesus Christ, I hope, through His merits, to serve Thee faithfully here, and to dwell with Thee in Heaven hereafter. O Lord, in Thee have I trusted; let me never be confounded, Amen.

AN ACT OF CHARITY (OR LOVE).

O THOU Who art love itself, Who didst form me in love, and in love redeem me; Who madest me that I might wear Thine image here, and attain Thy glory hereafter; Who hast led, and wilt lead me in all my life; I love Thee with my whole heart, and desire, for Thy sake, to love my neighbour as myself: like as the hart desireth the water brooks, so longeth my soul after Thee, O God. Amen.

You will also find written meditations, such as those in the 'Bread of Life,' which should be treated in a similar manner, although, being written for that purpose, they require less intellectual effort on your part.

Examples will be given of the mode of meditating on passages of Scripture, only remember that the written words are not necessarily the expressions of your own heart: hence it will be far better for you to acquire the art of meditation without any such aids. These will but serve as examples for your own imitation,—in your own words,—and with your own thoughts, wishes, prayers, and resolutions.

I. THE LAST JUDGMENT. [FOR ADVENT.]

'When the Son of man shall come in His glory, and all the Holy Angels with Him, then shall He sit upon the throne of His glory.'—S. MATT. XXV.

I. **B**EHOLD Him as thy Judge, my soul, Who has been thy Advocate with the Father, Him Whom they pierced on the Cross, Him Whom thou hast pierced by thy sins. All nations are gathered before Him, the righteous as sheep on the right hand, the sinners as goats

on the left. In those what joy is diffused ! amongst these what terror ! Who are the former ? They who, like sheep, amidst great tribulation, have followed the voice of their Shepherd. Who are the latter ? They who, like goats, have followed their own hearts' lusts. O my God, crucify in me the flesh here, that I may be found then at Thy right hand.

II. *'Then shall the King say unto them on His Right Hand, Come, ye blessed of My Father, inherit the kingdom prepared for you from the foundation of the world.'* Firstly, He calls the Good to their eternal reward, before He condemns the Wicked, for He is ever more ready to spare than to punish. Of His Own free Will He spares. according to His mercy, but the death of the Wicked is of themselves ; for He hath said, 'As I live, I desire not the death of the Wicked.' Of what ineffable love is His mercy to His sheep ! Wouldst thou hear that most sweet invitation ? Thou must live in His fear now, and bring forth worthy fruits of His grace. Hear His words : *'I was an hungred, and ye gave me meat, I was thirsty and ye gave me drink, I was a stranger and ye took Me in ; naked and ye clothed Me ; I was sick and ye visited Me, I was in prison, and ye came unto Me.'* Whatsoever thou shalt do, my soul, for love of Him, to the least of His brethren, He counteth it done unto Him. Love is the fulfilment of the law. Know that thou hast passed from death unto life, if thou lovest the brethren.

III. *'Then shall He say also to them on the left hand, Depart from Me, ye cursed, into everlasting fire, prepared for the Devil and his angels.'* What words of Divine wrath to the sinner, 'Depart from Me!' To want God for ever; to thirst for Him with the knowledge, now revealed, of His beauty; yet ever to thirst in vain! In eternal fire, which shall never be quenched, prepared by God indeed for the devils, but by the wicked for themselves! And wherefore? Because they neither loved God nor their neighbour, gave neither food to the hungry, nor drink to the thirsty, but lived for themselves, even as Dives in the Parable.

O my God, here purify me with the fire of Thy love; here chasten me as a son; but in the long hereafter, spare Thy servant who putteth his trust in Thee. Amen.

II. CHRISTMAS.

'Let us now go even unto Bethlehem.'

I. **C**ONSIDER, my soul, the stable at Bethlehem on the first Christmas night. It is just after midnight: there is dread silence around: the whole earth seems hushed; the ox and the ass stand motionless; Joseph and Mary, with clasped hands, gaze upon that manger. Gaze with them.

II. It is a little infant, and that Infant is Almighty God; those little Lips, scarcely able to

raise the feeble cry, will speak the doom of mankind. This is the Eternal Son—One with the Father and the Holy Ghost. This is He by Whom the inhospitable world, which now sustains Him, was framed. In that infant Hand sleeps the strength which upholds the planets in their swift courses.

III. Consider Him as revealed to the angels : as it is written, ‘ *Let all the angels of God worship Him.*’ They, the first-born of God, stand in speechless wonder as they behold His poverty, His patient endurance of earthly ill. Yet not for them, but for thee does Christ endure the narrow and hard manger ; born without the gate, He shall die without it, bearing reproach. O my soul, learn humility from Bethlehem.

IV. Consider Him as revealed to the shepherds, simple men and humble, guarding their flocks, and ready to receive the Divine message, even as thou, guarding the gifts and graces, entrusted to thee by God, from the roaring lion, even Satan, mayest learn the meaning of those words, ‘ Blessed is that servant whom his Lord, when He cometh, shall find so doing.’

Conclusion. *Let us now go even unto Bethlehem, and gaze with the shepherds.*

See how the Godhead is hidden in the Manhood ; so pray that thy life may be hid with Him in God.

See how He lies in the narrow and hard

manger; so pray that thou mayest run in the narrow and strait path of His commandments.

See how He is rejected of men in His birth; so be thou content to bear shame for His dear Name.

O Jesu, Babe of Bethlehem, I adore Thee.

III. EPIPHANY.

'And when they had opened their treasures, they presented unto Him gifts, gold, frankincense, and myrrh.'

ONCE more, my soul, consider Bethlehem, and those who approach it,—the three wise men.

I. The star which should come out of Jacob has shone upon them, and God has given them the gift of love, which can brook no delay. They leave their home, their country, to seek the new-born King. Wouldst thou leave all to seek Him? Not in Herod's palace, not receiving a people's homage, but in a stable, and attended but by poor and lowly parents, they find Him, and they adore.

O my soul, pray for such living faith.

II. They present unto Him gold, for He is a King; so learn to honour Him with thy worldly substance, to know that He is Thy King, and that all thou hast is His.

III. They present unto Him frankincense,

for He is God, and incense befits the worship of God. See that thou renderest Him the sweet incense of prayer and adoration. 'Let my prayer, O God, ascend before Thee as the incense,' and let my evening sacrifice be the oblation of soul and body to Thy service.

IV. They present unto Him myrrh, for He is Man, and must die. Thank Him, O my soul, for His sufferings for thee. Consider that thy sufferings may be hallowed by union with His most precious woes, and pray for grace to bear all for Him. So shall thy light affliction, which is but for a moment, work for thee a far more exceeding and eternal weight of glory.

IV. LENT.

'And when He had fasted forty days and forty nights, He was afterwards an hungred.'

I. **C**ONSIDER, my soul, thy Lord in the wilderness. Around Him stretches one unbroken waste of sand; there is no shade to hide the rays of the sun by day, or the chilling moonbeams by night; there is no earthly aid near; the prowling beasts of the desert are His only companions. For forty days He has endured the mortification of the flesh through His Divine power, and now He hungers. The apostate angel is near, Lucifer, son of the morning. He speaks:

II. *Command that these stones be made bread.* Could there be harm in thus using His power? My soul, He never used His miraculous power for Himself, only for thee; and now He would teach thee, in all thy necessities, to depend simply upon thine Heavenly Father. So He would teach thee to deny the cravings of the flesh, to mortify thy desires, while thou dependest upon the aid of God. Hear His reply: '*Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.*' O God, grant me entire dependence upon Thee. Thou hast provided, and Thou wilt provide. Teach me, O Lord, to mortify all the desires of my flesh, which lusteth against the Spirit.

III. '*If Thou be the Son of God, cast Thyself down.*' The fallen angel places Him on a pinnacle of the Temple; the multitude of worshippers throng the courts: surely, if He now descends unharmed amongst them, they will own Him the Messiah. Again He conquers, for the temptation was to yield to pride and impatience,—to presume upon a promise which only assures us of protection in the ways wherein we should walk. Learn, my soul, to await God's time, not to tempt Him by presumption; to be content to be lowly here, that He may exalt thee in due time. Pray for humility.

IV. '*All these things will I give Thee, if Thou wilt fall down and worship me.*' Again the scene changes, and the devil places Him on a high

mountain, that He may see all the glory of this world, and promises to give it to Him if He will but worship him, as if the kingdoms of this world could thus become 'the kingdoms of the Lord and of His Christ.' Once more the fiend is foiled—the temptation of the world overcome. *'It is written, Thou shalt worship the Lord thy God, and Him only shalt thou serve.'*

O Lord Jesus, glorious Conqueror of sin and death, Thou Who wast tempted, help me thus to conquer the world, the flesh, and the devil. So shall I possess holier joys; and as angels ministered to Thee, so, according to Thy gracious word, shall they guard me in all my ways, until I come to the everlasting Easter.

V. PALM SUNDAY.

"And when He was come near, He beheld the city, and wept over it."

I. **O**UR Lord and His disciples are descending the slope of the Mount of Olives; the valley traversed by the brook Cedron lies beneath; and Jerusalem in all its beauty, with the Temple in the foreground, crowns the opposite hill. The multitude throng before them, bearing branches of palm and olive, rending the air with the cry, "Blessed is He that cometh in the Name of the Lord: Hosanna in the Highest."

II. *'He beheld the city, and wept over it.'* Why does He weep amidst the applause of the multi-

tude? He sees Jerusalem, and sees it as a figure of the whole world. He sees all sins, even thine, my soul. He sees the fruit of His Passion wasted upon the inhabitants of Jerusalem—a type alas! of multitudes, because they will not be saved. He could, as God, save absolutely, but He wills that we should co-operate with His grace. We shall perish if we use it not. Without thine own *Will*, the grace of God will not remain with thee.

III. '*If thou hadst known, even thou, at least in this thy day.*' He indicates the cause of His weeping, the blindness of those who know not in Him the promised Messiah, from which root of ignorance spring envy, hatred, and every evil. Thus the devil labours that he may cast blindness upon our hearts, so that we may not know the goodness and long-suffering of God, which continually lead us to repentance, or the evil of sin which destroys the soul. Labour, therefore, while it is yet *thy* day, O my soul; for the night cometh wherein no man can work.

IV. '*For the days shall come upon thee when thine enemies shall cast a trench about thee.*' He predicts the future destruction of the guilty city by the Romans, on account of their sins against Him. Sin is the source of suffering, and the cause of the wrath of an angry God. In these words, O my soul, see a figure of the misery of a death-bed which closes a wasted life. The enemy, even the evil one, will cast a trench around, closing up each avenue

which may lead to repentance, blinding the darkened sight, and stupifying the spiritual senses, cutting off all supplies of grace, until the city, even the soul of man, falls beneath their repeated assaults, and that because it knew not the time of its visitation. So teach us to number our days, that we may incline our hearts unto wisdom.

VI. GOOD FRIDAY.*

‘But one of the soldiers with a spear pierced His side, and forthwith came thereout blood and water.’

I. **C**ONSIDER, my soul, the Body of Thy crucified Redeemer hanging upon the Cross ; pain and grief have done their worst ; His sacred Heart has broken beneath the weight of thy sins : the soldiers approach, one of them pierces that Side, and lo, Blood and Water flow from that sacred fountain.

II. When Adam lay in sleep, Eve was formed from his side ; when the Redeemer slept the sleep of death, the Church, His Bride, derived from His sacred Side the principle of her life. For that water prefigured the water of Baptism whereby we are new-born in Him ; that Blood the Chalice which is His Blood of the New Testament, shed for many for the Remission of Sins.

III. O my soul, consider the *price* of thy salvation ; thou hast been born anew through that

water, thou hast been nourished by that Blood ; consider the cost, mark well the price.

IV. Look at that wounded, mangled Body, the fount of thy salvation ; look at that Forehead, pierced by the thorns ; look at that Back, livid with stripes ; look at those pierced Feet, those pierced Hands ; see from the crown of the Head to the sole of the Feet there is no whole part. Every Nerve has thrilled with agony for thee,—for thee who hast crucified Him by thy sins.

O soul of mine, where wilt thou learn sorrow for sin ? where wilt thou hide thyself ?

At the foot of His Cross ; beneath His wounded Side.

VII. EASTER-DAY.

‘ Now when Jesus was risen early on the first day of the week, He appeared first to Mary Magdalene.’

CONSIDER, my soul, to whom our Lord first appeared. Why was this happy woman selected ?

Let us consider three scenes in her life.

I. Our Lord has just spoken the touching words, ‘ Come unto Me all ye who are weary and heavy laden, and I will give you rest.’ He enters the house of Simon to dine. The Pharisees watch Him, and treat Him with disrespect ; but one poor woman, a great sinner, approaches, and washes His Feet with her tears, and wipes Them with the hair of her head. While the self-

righteous Pharisees deride, our Lord says the gracious words : ' Her sins, which are many, are forgiven ; for she loved much.'

II. It is noonday, and yet it is dark ; through the gloom we indistinctly trace the Cross, whereon the Price of our salvation hangs, while the quaking earth and the rending tomb proclaim the death of the Son of God. Who is privileged to stand beneath, and give Him the tribute of human sympathy now ? There are three ; and one is Mary Magdalene, the forgiven sinner.

III. It is Easter morning, and the three Marys come early to the tomb ; the angel is yet earlier with his news of comfort. Two return to the city, but one remains with love that cannot suffer her to depart ; and so she gains a joy past joy, —the first to hear His most gracious voice : ' Mary.'

My soul, if at the great Easter-day thou wouldst meet thy Lord with joy, thou must repent with Mary, seeing the blackness of thy sins by the light of infinite Love ; thou must abide with her beneath the Cross, and then thou shalt at last hear with her His most sweet Voice : ' Come, ye blessed.'

Even so, O Lord Jesus.

VIII. ASCENSION-DAY.

' While they beheld, He was taken up ; and a cloud received Him out of their sight.'

CONSIDER, my soul, the Apostles with the Virgin Mother, attending the steps of their Lord and Master to Mount Olivet. There is something in His manner, perhaps, which tells them it is the last time they shall thus accompany Him. They arrive at the summit, and He speaks His last Words. Inhospitable as this world has been, they are yet Words of blessing ; and while He yet blesses them, they see that His Feet have left the earth ; He ascends far above them ; they gaze with awe-struck eyes, until that Holy Form becomes a mere speck in the dim distance, and a cloud at last veils Him from their earthly sight.

Where is He gone ?

I. To prepare a place for us, that where He is, there may we be also. Remember His words : ‘ In My Father’s house are many mansions : I go to prepare a place for you.’

O blessed Jesus, grant that I may at last be with Thee there.

II. To send down the promised Comforter, as He said : ‘ It is expedient for you that I go away ; for if I go not away, the Comforter will not come unto you.’

Remember, O my soul, all that this Comforter has done for thee. He sanctified thee at Baptism, He strengthened thee in Confirmation ; and every victory thou hast won, and every holy thought, are from Him.

III. To intercede for us, He hath entered into

the Holy of Holies by His own Blood, where He ever liveth to make intercession for us : there He exhibits His wounded Hands and Feet, His sacred Side, pierced for us.

O amazing love ! grant, O Lord Jesus, that I may never grieve Thee more ; that my faith may pierce the veil which hides Thee from my gaze ; and that where my treasure is, there may my heart be also. Amen.

IX. FOR WHITSUNDAY.

CONSIDER, my soul, Whose temple thy body hath by baptism become, Who dwelleth in thee now.

When the Holy Spirit descended upon the Apostles, it was in the form of cloven tongues as of fire.

What if such a tongue of fire rested visibly over thee, if it burned brightly when thou yielddest to the heavenly influence, palely when thou faintest in the strife, oh how wouldst thou struggle that it might not be quenched,—that it might proclaim thee the true servant of God, the temple of His grace !

And yet thou art not less truly *His*—His in life, that thou mayest be *His* in death.

Go forth into the world in His strength, not thine own. The Holy Ghost descended upon Jesus in His Baptism, and He was led in the desert to do battle with Satan, and to conquer.

So it must be with thee. Thou hast received grace to fight, not to fly ; to conquer, not to yield. It is good for the servant that he be as his master.

X. ALL-SAINTS' DAY.

'After this I beheld, and, lo, a great multitude, which no man could number,' etc.

CONSIDER, my soul, this glorious band. Who are these clothed in white robes, bearing palms in their hands ? Whence come they ?

I. These are they who have washed their robes, and made them white in the Blood of the Lamb, through which alone thy sins can be washed away. There is the once sinful Magdalene, there the penitent thief ; there mayest thou, though vile and unclean, be, if thou but lavest thyself in that fountain for sin and uncleanness—the precious Blood. Like thee, they did groan, being burdened with a body of sin and death ; like thee, they had the means of grace, which are the inheritance of the children of God here below, and through their use they were brought to heavenly glory ; like thee, they were weak and infirm, compassed about with temptations, but the grace of God, which was bestowed upon them, was not in vain. Use the grace bestowed upon thee, my soul ; their God is yet thy God.

II. *'These are they who have come out of great tribulation.'* Suffering is the path to glory. If

we suffer with Him, like those of whom the world was not worthy, we shall also reign with Him, when God shall wipe away all tears from the eyes of His people, and the light affliction, which is but for a moment, shall have worked a far more exceeding and eternal weight of glory. Wherefore, my soul, bear with courage the burden laid upon thee, breast manfully the waves of this life's tempestuous sea ; and when the eternal shore is gained, who will count the billows past ?

III. *'And God shall wipe away all tears from their eyes.'*

Consider, lastly, my soul, those once dear to thee, who have accomplished their earthly welfare, and who, purified through suffering, have entered upon their eternal rest. They are amongst this happy multitude ; once they suffered like thee, but they bore their sufferings for His sake ; once they sinned like thee, but they repented, and their robes were washed in Blood ; they were ever tempted and tried while life lasted ; and now it is over, and the eternal rest gained. *'Seeing, then, that we are compassed about with so great a cloud of witnesses, let us lay aside every weight and the sin that doth so easily beset us, and run with patience the race that is set before us, looking unto Jesus, the Author and Finisher of our faith.'*

In using the foregoing Meditations, remember to begin and conclude according to the directions given on page 111 and page 112.



PART VII.

Devotions on the Passion of our Lord,

SUITABLE FOR USE IN PASSION-TIDE OR ON
FRIDAYS.

*“Consider Him that endured such contradiction
of sinners against Himself, lest ye be wearied and
faint in your minds.”*

*“Is it nothing to you, all ye that pass by,
behold and see if there be any sorrow like unto
My sorrow?”*

“Could ye not watch with Me one hour.”

I. LITTLE OFFICE OF THE PASSION.

OUR Father, &c.

O God make speed to save us.

O Lord make haste to help us.

Glory be, &c.

As it was, &c.

In Passione Domini.

In the Passion of the Lord
Whereby health to man is given,
Be the Solace of the mind,
And the longing of the heart,
Bear we deep in memory
All the sorrows and the shame.

Bear we deep the thorny crown,
Cross and nails and cruel spear,
Wounds, which angels view with awe,
Worthy of our highest praise,
Vinegar and gall and reed,
And the bitterness of death.

May these in our hearts abide,
Fill us with the fruits of love,
Nourish graces in our souls,
Bearing fruit for endless life ;
Seed in tears and sorrow sown,
Fruit in life eternal reaped.

Crucified One ! unto Thee,
Suppliant, the knee we bend :
Join us to Thy ransomed saints
In the land of joy and light,
Where each tear in sorrow shed,
Forms a gem in saintly crown:

Praise, O Crucified, to Thee,
From Thy ransomed ones, is meet ;
Once for our transgressions sold ;

Sinless for our sins betrayed ;
Victim on the bitter tree ;
For man, Thy creature, tasting death.
Amen.

ANTIPHON.

Christ became obedient unto death.

PSALM xxii.

Deus, Deus, meus.

MY God, My God, look upon Me ; why hast Thou forsaken Me : and art so far from My health, and from the words of My complaint.

O My God, I cry in the day-time, but Thou hearest not : and in the night-season also I take no rest.

And Thou continuest holy : O Thou worship of Israel.

Our fathers hoped in Thee : they trusted in Thee, and Thou didst deliver them.

They called upon Thee, and were holpen : they put their trust in Thee, and were not confounded.

But as for Me, I am a worm, and no man : a very scorn of men, and the out-cast of the people.

All they that see Me laugh Me to scorn : they shoot out their lips, and shake their heads, saying,

He trusted in God, that He would deliver him : let Him deliver Him if He will have Him.

But Thou art He that took Me out of My mother's womb : Thou wast My hope, when I hanged yet upon my mother's breasts.

I have been left unto Thee ever since I was born : Thou art My God even from My mother's womb.

O go not from Me, for trouble is hard at hand : and there is none to help Me.

Many oxen are come about Me : fat bulls of Basan close Me in on every side.

They gape upon Me with their mouths : as it were a ramping and a roaring lion.

I am poured out like water, and all My bones are out of joint : My heart also in the midst of My body is even like melting wax.

My strength is dried up like a potsherd, and My tongue cleaveth to My gums : and thou shalt bring Me into the dust of death.

For many dogs are come about Me : and the council of the wicked layeth siege against Me.

They pierced My hands and My feet ; I may tell all My bones : they stand staring and looking upon Me.

They parted My garments among them ; and cast lots upon My vesture.

But be not Thou far from Me, O Lord ; Thou art My succour, haste Thee to help Me.

Deliver My soul from the sword : My darling from the power of the dog.

Save Me from the lion's mouth : Thou hast heard Me also from among the horns of the unicorns.

I will declare Thy Name unto My brethren : in the midst of the congregation will I praise Thee.

O praise the Lord, ye that fear Him : magnify Him, all ye of the seed of Jacob, and fear Him, all ye seed of Israel.

For He hath not despised, nor abhorred the low estate of the poor : He hath not hid His face from Him, but when he called unto Him He heard him.

My praise is of Thee in the great congregation : my vows will I perform in the sight of them that fear Him.

The poor shall eat, and be satisfied : they that seek after the Lord shall praise Him : your heart shall live for ever.

All the ends of the world shall remember themselves, and be turned unto the Lord : and all the kindreds of the nations shall worship before Him.

For the kingdom is the Lord's : and He is the Governour among the people.

All such as be fat upon earth : have eaten, and worshipped.

All they that go down into the dust shall kneel before Him : and no man hath quickened his own soul.

My seed shall serve Him : they shall be counted unto the Lord for a generation.

They shall come, and the heavens shall declare His righteousness : unto a people that shall be born, whom the Lord hath made.

ANTIPHON.

Christ became obedient unto death even the death of the Cross.

CHAPTER,

ISAIAH liii. v. 1—3

WHO hath believed our report? and to whom is the arm of the Lord revealed? For He shall grow up before Him as a tender plant, and as a root out of a dry ground; He hath no form nor comeliness; and when we shall see Him, *there is* no beauty that we should desire Him.

He is despised and rejected of men; a man of sorrows, and acquainted with grief: and we hid as it were *our* faces from Him; He was despised, and we esteemed Him not.

R^y. Thanks be to God.

V. He was despised and rejected of men.

R^y. He was despised and rejected of men.

V. A man of sorrows, and acquainted with grief.

R^y. And rejected of men.

V. Glory be to the Father.

R^y. He was despised and rejected of men.

V. We hid as it were our faces from Him.

R^y. He was despised, and we esteemed Him not.

Let us pray.

O LORD Jesus Christ, Who didst descend from the bosom of the Father to

save the world, and hast poured forth Thy precious Blood for the remission of our sins. We humbly pray Thee that in the day of judgment, we may be placed at Thy Right Hand, and hear Thy most joyful voice "Come ye blessed of my Father receive the kingdom prepared for you from the foundation of the world"—Who livest and reignest with the Father, in the unity of the Holy Ghost, God world without end. Amen.

℣. By Thy Cross and Passion.

℞. Good Lord deliver us.

O SAVIOUR of the world Who by Thy Cross and precious Blood hast redeemed us, save us and help us, we humbly beseech Thee, O Lord. Amen.





The Stations of the Cross.

In this most touching devotion, we place ourselves in spirit in Pilate's Hall, and behold our Lord condemned to die; we follow His sorrowful steps along the Via Dolorosa until the consummation on Calvary. Follow Him with holy love and tender emotion, and pray that you may be a partaker of His patience here, and of His glory hereafter.

Consider Him that endured such contradiction of sinners against Himself, lest ye be wearied and faint in your own minds.—*Heb. xii. 3.*

PREPARATORY PRAYERS.

RECEIVE, O Most Holy Trinity, this tribute of service which I offer to Thee, in token of my subjection to Thy Divine Majesty, of grateful acknowledgment for the mercy of my redemption, in satisfaction also for my sins, and to obtain rest for the departed, grace for the living, and the glory of Heaven for all, through the merits of Our Lord Jesus Christ, to whom with the Father and the Holy Ghost be praise, glory and honour, O Blessed Trinity, for ever and ever. Amen.

O LORD Jesus, our adorable Saviour, behold us prostrate at Thy Feet, imploring Thy mercy. Vouchsafe to apply to us the infinite merits of thy Passion, on which we are now about to meditate. Grant that while we trace this path of sighs and tears, our hearts may be so touched with contrition and repentance, that we may be ready to embrace with joy all the crosses and sufferings and humiliations of this our life and pilgrimage.

℣. O Lord, open Thou our lips.

℟. And our mouth shall show forth Thy praise.

℣. O God make speed to save us.

℟. O Lord, make haste to help us.

℣. Glory be to the Father, &c.

℟. As it was in the beginning, &c.

The First Station.

JESUS IS CONDEMNED TO DEATH.

℣. We adore Thee O Christ, and we bless Thee.

℟. Because by Thy Cross Thou hast redeemed the world.

MEDITATION FOR THE STATION.

Place thyself in spirit before the judgment seat of Pilate, listen to the wild cry, "Crucify Him ; Crucify Him ; Crucify Him !" Sion and the forsaken Temple on Mount Moriah, resound with the shouts : Pilate ascends the judgment seat, and washes his hands in the presence of the multitude, before he passes sentence on the Just One, Whom even he has declared innocent. "His Blood be upon us and our children," vociferate the mad people, and know not that the recording angel has registered the curse against them.

O break, O break, hard heart of mine,
Thy weak self-love, and guilty pride
His Pilate and His Judas were :
Jesus our Love is crucified.

℣. Lord have mercy upon us.
℞. Christ have mercy upon us.
℣. Lord have mercy upon us.

OUR Father, &c.

Glory be to the Father, &c.
As it was in the beginning, &c.

℣. God spared not His Own Son ;
℞. But delivered Him up for us all.
℣. Surely He hath borne our griefs,
℞. And carried our sorrows.

COLLECT FOR THE STATION.

O LORD Jesus Christ, who didst come down from Heaven to earth from the Bosom of the Father, and didst shed Thy precious Blood for the remission of our sins ; we humbly beseech Thee, that being placed on Thy right hand at the Day of Judgment, we may hear Thee say, "Come ye blessed," Who livest and reignest with the Father in the unity of the Holy Spirit, ever One God, world without end. Amen.

Ps. Jesus, for love of me, Thou didst tread the way of sorrows.

R. Grant that I may live *unto* Thee, suffer *for* Thee, and die *in* Thee.

MAY the souls of the faithful, through the mercy of God, rest in peace.

BETWEEN THE STATIONS.

From pain to pain, from woe to woe,
With loving hearts and footsteps slow,
To Calvary with Christ we go.

See how His precious Blood
At every footstep pours ;
Was ever grief like His !
Was ever sin like ours !

The Second Station.

THE CROSS IS LAID UPON JESUS.

V. We adore Thee, O Christ, and we bless Thee.

R. Because by Thy Cross Thou hast redeemed the world.

MEDITATION FOR THE STATION.

They place the heavy wood roughly upon Him and the most meek Lamb receives it with patience. It presses heavily upon His shoulders,—agony is added to agony—they drag Him along with cursings and revilings. Behold Him, for He is Thy Redeemer. See how He bends beneath the weight, see how grievously He pants for breath, He is bearing the Cross, that thou in turn mayst take up thy light burden with patience, looking unto Jesus, the author and finisher of thy faith.

Faithful Cross above all others,
One and only noblest tree,
None in foliage none in blossom
None in fruit Thy peers may be,
Sweetest wood and sweetest iron,
Sweetest weight is hung on Thee.

℣. Lord, have mercy upon us.

℞. Christ, have mercy upon us.

℣. Lord, have mercy upon us.

OUR Father, &c.

Glory be to the Father, &c.

As it was in the beginning, &c.

℣. The chastisement of our peace was upon Him ;

℞. And with His stripes we are healed.

℣. The Lord hath laid upon Him

℞. The iniquity of us all.

COLLECT FOR THE STATION.

O LORD Jesus Christ, who didst bear Thy heavy Cross for us, leaving us an example that we should follow Thy steps: give us grace to take up our light burdens with cheerfulness, so that following the example of Thy patience here, we may be partakers of Thy glory hereafter, Who livest and reignest with the Father, in the unity of the Holy Spirit, ever one God, world without end. Amen.

℣. Jesus, for love of me, Thou didst tread the way of sorrows.

℞. Grant that I may live *unto* Thee, suffer *for* Thee, and die *in* Thee.

MAY the souls of the faithful, through the mercy of God, rest in peace.

The Third Station.

JESUS SINKS BENEATH THE WEIGHT OF THE CROSS.

V. We adore Thee, O Christ, and we bless Thee.

R. Because by Thy Cross Thou hast redeemed the world.

MEDITATION FOR THE STATION.

It is supposed that our Blessed Lord Himself bore his cross through the city, but that when He came to the gate He could no longer support it. S. Mark tells us they led Him out, afterwards He speaks of their "bearing" Him. Behold therefore Thy God, gaze upon the unresisting Captive, men urge Him forward, like some ox driven to the slaughter, while the angels awe-smitten by the beauty of His Holiness, are saying the Sanctus round His throne. Loss of blood and mental torture have crushed His strength, the Creator seems in the power of His creatures, they crowd in upon Him as if the wickedness of all ages was concentrated in their maddened rage. See there is none to pity,—He sinks beneath the weight of Thy sins, O my soul.

I see Thy strength and vigour
 All fading in the strife,
 And death with cruel rigour
 Bereaving Thee of life.
 O agony and dying,
 O Love to sinners free,
 Jesu, all grace supplying,
 O turn Thy face on me.

℣. Lord, have mercy upon us.

℞. Christ, have mercy upon us.

℣. Lord, have mercy upon us.

OUR Father, &c.

Glory be to the Father, &c.

As it was in the beginning, &c.

℣. Surely He hath borne our griefs,

℞. And carried our sorrows.

℣. Yet we did esteem Him stricken,

℞. Smitten of God and afflicted.

COLLECT FOR THE STATION.

O LORD Jesus Christ, who wast led as a sheep to the slaughter, and didst sink beneath the burden of Thy Cross that by Thy fall we may arise : grant unto all of us over whom the enemy hath prevailed that they may not perish in their fall, but by the help of Thy grace may be raised from the death of sin to the life of righteousness, that Thou mayest see of the

travail of Thy soul and be satisfied ; Who livest and reignest with the Father, in the unity of the Holy Ghost, ever one God, world without end. Amen.

℣. Jesus, for love of me, Thou didst tread the way of sorrows.

℞. Grant that I may live *unto* Thee, suffer *for* Thee, and die *in* Thee.

MAY the souls of the faithful, through the mercy of God, rest in peace.

The Fourth Station.

THE BLESSED VIRGIN MEETS HER DIVINE SON.

℣. We adore Thee, O Christ, and we bless Thee.

℞. Because by Thy Cross Thou hast redeemed the world.

MEDITATION FOR THE STATION.

In the midst of the furious multitude, almost crushed out of life, is One of thirty-three years, so disfigured that only the eye of love may well

recognize Him, staggering beneath a cruel instrument of punishment, and falling with a dull sound on the road, stained with dust and blood, while a lonely and weak woman, the Victim's heart-broken Mother, staggers almost under the feet of the mob, or the hoofs of the centurion's horse, and that Victim is my God.—(*Faber.*)

Is there one who would not weep,
'Whelmed in miseries so deep,
Christ's dear mother to behold?
Can the human heart refrain
From partaking in her pain,
In that mother's pain untold?

V. Lord, have mercy upon us.

R. Christ, have mercy upon us.

V. Lord, have mercy upon us.

O UR Father, &c.

Glory be to the Father, &c.

As it was in the beginning, &c.

V. A sword shall pierce through thine own soul also,

R. That the thoughts of many hearts may be revealed.

V. In all their affliction

R. He was afflicted.

COLLECT FOR THE STATION.

O LORD Jesus Christ, Who didst suffer Thy Blessed Mother to weep for Thee, and

didst thereby sanctify earthly affliction, have mercy upon all who suffer for Thy Name, or grieve beneath the chastisement of Thy loving Providence, and cause them to find rest in Thee, knowing that in all their affliction Thou art afflicted; Who livest and reignest with the Father, in the unity of the Holy Ghost, ever one God, world without end. Amen.

V. Jesus, for love of me, Thou didst tread the way of sorrows.

R. Grant that I may live *unto* Thee, suffer *for* Thee, and die *in* Thee.

MAY the souls of the faithful, through the mercy of God, rest in peace.

The Fifth Station.

THE CROSS IS LAID UPON SIMON OF CYRENE.

V. We adore Thee, O Christ, and we bless Thee.

R. Because by Thy Cross Thou hast redeemed the world.

MEDITATION FOR THE STATION.

Consider how the Jews, fearing perhaps lest their Victim should die on the way, while they wished Him to die the ignominious death of the Cross, constrained Simon of Cyrene to bear the Cross behind our Lord. There is one way in which Thou mayest gain, my soul, the honour which the Cyrenian was compelled to accept. Thou mayest mortify thy desires, thy inclinations; thou mayest crucify the flesh with its affections and lusts, and learn with S. Paul to say, "God forbid that I should glory save in the Cross of our Lord Jesus Christ."

God our Maker sorely grieving
 When the first made Adam fell,
 Noted then this Tree, the ruin
 Of the ancient wood to quell.

℣. Lord, have mercy upon us.
 ℞. Christ, have mercy upon us.
 ℣. Lord, have mercy upon us.

OUR Father, &c.

Glory be to the Father, &c.
 As it was in the beginning, &c.

℣. God spared not His Own Son;
 ℞. But delivered Him up for us all.
 ℣. God forbid that I should glory,
 ℞. Save in the Cross of our Lord Jesus Christ,

COLLECT FOR THE STATION.

O LORD Jesus Christ, Who didst suffer Simon the Cyrenian to bear Thy Cross, and hast taught us that if we take not up the cross we cannot be Thy disciples; grant us grace to mortify our members which are upon the earth, to crucify the flesh with its affections and lusts, that bearing about in the body Thy Death, Thy Life also may be made manifest in us, Who livest and reignest with the Father and the Holy Ghost, God world without end. Amen.

℣. Jesus, for love of me, Thou didst tread the way of sorrows.

℞. Grant that I may live *unto* Thee, suffer *for* Thee, and die *in* Thee.

MAY the souls of the faithful, through the mercy of God, rest in peace.

The Sixth Station.

THE DAUGHTERS OF JERUSALEM LAMENT OVER CHRIST.

℣. We adore Thee, O Christ, and we bless Thee.

R⁷. Because by Thy Cross Thou hast redeemed the world.

MEDITATION FOR THE STATION.

Consider how the women lament over the Lord, seeing Him thus led as a sheep to the slaughter, but He bids them weep not over Him, but for themselves and their children, whose obstinate rejection of salvation would bring upon themselves such fearful calamities. Surely this cruel presentiment that the fruit of His Passion would be in vain for those of whom He had said, "Ye will not come unto Me that ye may have life," whom He would have gathered together "as a hen gathereth her chickens under her wings," was one of the bitterest ingredients in His cup of woe. Consider, my soul, how often thou hast rejected Him, pray that thou mayst never reject Him again.

There is an everlasting home,
Where we may safe abide,
Where sin and sorrow never come,
The Saviour's side.

V. Lord, have mercy upon us.

R⁷. Christ, have mercy upon us.

V. Lord, have mercy upon us.

O UR Father, &c.

Glory be to the Father, &c.

As it was in the beginning, &c.

V. Behold and see, all ye that pass by,

R. If there be any sorrow like unto My sorrow.

V. O Jerusalem, Jerusalem,

R. Be turned to the Lord thy God.

COLLECT FOR THE STATION.

O LORD Jesus Christ, Whom the tenderness of Thy most sweet compassion didst pity those who obstinately rejected Thy grace, forgive me, and all who like me have often slighted Thy love, refused Thy correction, and despised Thy counsel. O let not the cost of Thy Blood be in vain for us. Draw us by Thy Love, and we shall run after Thee in the straight path which leadeth to eternal joy; and give unto us, we beseech Thee, that gift of final perseverance, that enduring to the end we may be found at Thy right Hand, Who livest and reignest with the Father, in the unity of the Holy Ghost, ever one God, world without end. Amen.

V. Jesus, for love of me, Thou didst tread the way of sorrows.

R. Grant that I may live *unto* Thee, suffer *for* Thee, and die *in* Thee.

MAY the souls of the faithful, through the mercy of God, rest in peace.

The Seventh Station.

JESUS IS STRIPPED OF HIS GARMENTS.

V. We adore Thee, O Christ, and we bless Thee.

R. Because by Thy Cross Thou hast redeemed the world.

MEDITATION FOR THE STATION.

Consider our Blessed Lord's most fearful sufferings, when they stripped Him of the garments with which in mockery they had clothed Him, and which in the long walk under His painful burden, had become fastened to His wounded Flesh, then newly bleeding from the scourge, and where now every Wound is newly rent, till the torment is agonizing, and He is exposed again, unclothed, to the ribald multitude.

In the Lord's atoning grief
Be our rest and sweet relief,
Store we deep in heart's recess
All its shame and bitterness.
Jesu, Thou our refuge be,
Sweet it is to trust in Thee.

℣. Lord, have mercy upon us.

℞. Christ, have mercy upon us.

℣. Lord, have mercy upon us.

OUR Father, &c.

Glory be to the Father, &c.

As it was in the beginning, &c.

V. They parted My raiment amongst them :

℞. And for My vesture did they cast lots.

℣. They gave Me gall to eat :

℞. And when I was thirsty they gave Me vinegar to drink.

COLLECT FOR THE STATION.

OUR LORD Jesus Christ, Who wast stripped of Thy raiment, thus fulfilling the prophecy of the psalmist, and in Thine agonizing sufferings hast yet left us a lesson that we may follow Thy steps ; strip us, O Lord, of every vestige of the body of our sins, and of each clinging garment of the world, and clothe us, O Lord, anew with the spotless garment of Thy Righteousness, that at the last, mortality may be swallowed up in life, where Thou livest and reignest with God the Father, in the unity of the Holy Spirit, ever world without end. Amen.

℣. Jesus, for love of me, Thou didst tread the way of sorrows.

℞. Grant that I may live *unto* Thee, suffer *for* Thee, and die *in* Thee.

MAY the souls of the faithful, through the mercy of God, rest in peace.

The Eighth Station.

JESUS IS NAILED TO THE CROSS.

V. We adore Thee, O Christ, and we bless Thee.

R. Because by Thy Cross Thou hast redeemed the world.

MEDITATION FOR THE STATION.

Consider Jesus extended upon the Cross by His executioners ; think of the torment of the nails driven with cruel strokes through either Hand and one through His Blessed Feet, those Feet so swift in mercy, those Hands so often outstretched to bless. His Form fairer than the children of men is so ruthlessly marred ; the nails penetrate where the nerves, the seat of pain, lie thickest, and the whole Frame is convulsed in cruel agony.

See His Hands and Feet are fastened,
So He makes His people free ;
Not a wound whence Blood is flowing,
But a source of grace shall be ;
Yea the very nails that nail Him
Nail us also to the Tree.

℣. Lord, have mercy upon us.

℞. Christ, have mercy upon us.

℣. Lord, have mercy upon us.

OUR Father, &c.

Glory be to the Father, &c.

As it was in the beginning, &c.

℣. They pierced My Hands and My Feet :

℞. I may tell all My bones.

℣. I have graven thee

℞. Upon the palms of My Hands.

COLLECT FOR THE STATION.

OUR LORD Jesus Christ, Who wast wounded for my transgressions, and bruised for mine iniquities, Whose pierced Hands have often been upheld in blessing and forgiveness over me Thine unworthy servant ; renew, O Lord, these Thy Wounds in my heart, keep my feet from straying into paths of sin, keep my hands that they may never work evil in Thy sight ; nail me in spirit to Thy Cross, and keep me there, until I reach the Land of peace where Thou livest

and reignest with God the Father, in the unity of the Holy Spirit, world without end. Amen.

℣. Jesus, for love of me, Thou didst tread the way of sorrows.

℞. Grant that I may live *unto* Thee, suffer *for* Thee, and die *in* Thee.

MAY the souls of the faithful, through the mercy of God, rest in peace.

The Ninth Station.

THE CROSS IS RAISED ON HIGH.

℣. We adore Thee, O Christ, and we bless Thee.

℞. Because by Thy Cross Thou hast redeemed the world.

MEDITATION FOR THE STATION.

The moment of supreme pain and agony now approaches; they raise the Cross; the tender Body hangs with all Its weight upon the nails; they lift It with difficulty, and bear It towards the hole dug in the earth for Its reception; they

pause a moment with its foot on the brink ; one more movement, and it falls with a dull sound into the place prepared for it, while the whole Frame of the Divine Victim is convulsed with agony.

O'erwhelmed in depths of woe,
Upon the tree of scorn
Hangs the Redeemer of mankind,
With racking anguish torn.

℣. Lord, have mercy upon us.

℞. Christ, have mercy upon us.

℣. Lord, have mercy upon us.

OUR Father, &c.

Glory be to the Father, &c.

As it was in the beginning, &c.

℣. Like as Moses lifted up the serpent in the wilderness ;

℞. So must also the Son of Man be lifted up.

℣. I if I be lifted up,

℞. Will draw all men unto Me.

COLLECT FOR THE STATION.

O LORD Jesus Christ, Son of the Living God, Who at the sixth hour of the day wast lifted up on the Cross of suffering, that Thou mightest draw all men unto Thee, whereon thirsting for our salvation Thou didst permit gall and vinegar to be given Thee to drink ; we Thy

suppliants beseech Thee that kindling and inflaming our hearts with Thy love, Thou wouldst conform us to the example of Thy patience, Who livest and reignest with the Father, in the unity of the Holy Ghost, ever one God, world without end. Amen.

℣. Jesus, for love of me, Thou didst tread the way of sorrows.

℞. Grant that I may live *unto* Thee, suffer *for* Thee, and die *in* Thee.

MAY the souls of the faithful, through the mercy of God, rest in peace.

The Tenth Station.

JESUS DIES ON THE CROSS.

℣. We adore Thee, O Christ, and we bless Thee.

℞. Because by Thy Cross Thou hast redeemed the world.

MEDITATION FOR THE STATION.

It is finished, pain and agony have done their

worst ; He dies Who is immortal and eternal : a God is dead for the sins of His creatures : the Lord for the slave : the Innocent for the guilty.

It is finished,—finished His weary walk of Love ; His life of sorrow and tears ; His griefs, and pains, and labours ; the prolonged agony of the Passion. But the victory is won. O wondrous work of Love, Death then died when Life was dead on the Tree.

Jesu, by Thy bitter Death,
By Thy last expiring breath,
Give me the eternal life
Purchased by that mortal strife.
Thou didst suffer death that I
Might not die eternally ;
By Thy dying quicken me,
Miserere Domine.

V. Lord, have mercy upon us.

R. Christ, have mercy upon us.

V. Lord, have mercy upon us.

OUR Father, &c.

V. Christ became obedient unto death ;

R. Even the death of the Cross.

V. We adore Thee, O Christ, and we bless Thee.

R. Because by Thy Cross Thou hast redeemed the world.

COLLECT FOR THE STATION.

O LORD Jesus Christ, remember now in Thy glory the hour when for us miserable sinners, and for our salvation, Thou didst breathe forth Thy spirit into the Hands of Thy Heavenly Father: we beseech Thee, O Thou brightness of the Father's glory, so to assist us by that Thy precious Death, that dying unto the world, we may live unto Thee, and at our last hour commend our spirits into Thy Hands, as into the Hands of a most merciful Creator and loving Redeemer; Who livest and reignest with the Father, in the unity of the Holy Ghost, ever one God, world without end. Amen.

℣. Jesus, for love of me, Thou didst tread the way of sorrows.

℟. Grant that I may live *unto* Thee, suffer *for* Thee, and die *in* Thee.

MAY the souls of the faithful, through the mercy of God, rest in peace.

The Eleventh Station.

JESUS IS TAKEN DOWN FROM THE CROSS.

℣. We adore Thee, O Christ, and we bless Thee.

R^y. Because by Thy Cross Thou hast redeemed the world.

MEDITATION FOR THE STATION.

The multitude have forsaken the scene, the soldiers have retired, the Sacred Side has been pierced, that as from Adam in sleep Eve was formed, so from the second Adam in sleep, the sleep of death, may issue the Life-giving Sacraments, whereby His Bride the Church is fashioned. The faithful few now approach, and gently, with loving reverence and deep silent grief, take down the Holy Body. They wipe the Blood from the pallid features, they loosen the nails, and lower it into the arms of the mournful Virgin Mother.

Oh ! that mournful Virgin Mother,
See her tears how fast they flow
Down upon the mangled Body,
Pierced hands, and thorn-crowned brow.
Oft and oft His Arms and Bosom
Fondly straining to her own,
Oft her pallid lips imprinting
On each wound of her dear Son,
Till at last in swoons of anguish
Sense and consciousness are gone.

℣. Lord, have mercy upon us.

R^y. Christ, have mercy upon us.

℣. Lord, have mercy upon us.

O UR Father, &c.

℣. A sword shall pierce through Thine own soul also :

℞. That the thoughts of many hearts may be revealed.

℣. He was wounded for our transgressions :

℞. And bruised for our iniquities.

COLLECT FOR THE STATION.

O LORD Jesus Christ, Son of Mary, in Whose most sorrowful Passion, according to the prophecy of Simeon, the soul of Thy Blessed Mother was pierced with the sword of sorrow : grant of Thy mercy, that we who stand now in spirit beneath Thy Cross, may ever strive to mortify our members which are upon the earth, that crucifying the flesh with its affections and lusts, and every bearing about in our body Thy Dying, Thy Life may also be manifest in our bodies ; Who livest and reignest with the Father, in the unity of the Holy Ghost, ever one God, world without end. Amen.

℣. Jesus, for love of me, Thou didst tread the way of sorrows.

℞. Grant that I may live *unto* Thee, suffer *for* Thee, and die *in* Thee.

MAY the souls of the faithful, through the mercy of God, rest in peace.

The Twelfth Station.

JESUS IS LAID IN THE SEPULCHRE.

MEDITATION FOR THE STATION.

In this Station we contemplate the holy women, as they place the adorable Body in the Sepulchre, and retire in the silence of the falling night. Let us draw near in spirit and gaze upon that Sacred Form. All still and cold it lies, yet the divinity leaves not that Sacred Heart untenanted for one hour; neither has corruption any power over the earthly tabernacle of the God-man.

Gaze upon that Holy Body; behold the adorable Head, which shall be to the redeemed in Heaven as the light of the sun, pale, save where the thorns have pierced; those Eyes, which beamed with such tenderness upon the penitent sinner, are closed in death; those pierced Hands, so often outstretched in blessing, those pierced Feet, so swift upon errands of mercy, are motionless beneath the stroke of man's last enemy.

Yet by death He has destroyed death, and the grave has become a bed of hope to His people.

O Heart of Jesus! be Thine the reparation

of the salvation of that great multitude which none can number, who having washed their robes and made them white in Thy precious Blood, praise Thee for ever, and raise the Song of Triumph, "Worthy is the Lamb that was slain to receive power and riches and wisdom and strength and honour and glory and blessing. Amen.

Oh come that day when in this restless heart
Earth shall resign her part ;
When in the grave with Thee my limbs shall rest,
My soul with Thee be blest.

℣. Lord, have mercy upon us.

℞. Christ, have mercy upon us.

℣. Lord, have mercy upon us.

OUR Father, &c.

℣. Thou didst not leave His soul in hell :

℞. Neither shalt Thou suffer Thy Holy One to see corruption.

℣. Blessed are the dead which die in the Lord :

℞. Yea, saith the Spirit, for they rest from their labours.

COLLECT FOR THE STATION.

GRANT, O Lord, that as we are baptized into the death of Thy blessed Son our Saviour Jesus Christ, so by continual mortifying

our corrupt affections we may be buried with Him; and that through the grave and gate of death, we may pass to our joyful resurrection; for His merits, Who died, and was buried, and rose again for us, Thy Son Jesus Christ our Lord. Amen.

Anima Christi.

Soul of Christ sanctify me,
Body of Christ save me,
Blood of Christ refresh me,
Water from the Side of Christ wash me,
Passion of Christ strengthen me,
O Good Jesu, hear me,
Within Thy wounds hide me,
Suffer me not to be separated from Thee
From the malicious enemy defend me,
In the hour of my death call me,
And bid me come unto Thee,
That with Thy saints I may praise Thee
To all eternity. Amen.

✠ **O** SAVIOUR of the world, Who by Thy Cross and precious Blood hast redeemed us, save us and help us, we humbly beseech Thee, O Lord. Amen.





Seven Petitions upon the Seven Words from the Cross.

I.

HAIL, O Jesus ! Who whilst Thou sufferedst pain and agony, pleaded for Thy tormentors, "Father, forgive them, for they know not what they do." Teach me, for Thy sake, to forgive all who have ever offended me, and never to seek revenge in thought, by word, or by deed. Amen.

II.

HAIL, O Jesus ! Who didst promise Paradise to the penitent thief, grant that I may receive, like Him, the grace of true contrition, both now and in the hour of death, that so, like Him, I may be with Thee in Thy kingdom. Amen.

III.

HAIL, O Jesus ! Who didst commend Thy Mother, when overwhelmed with sorrow, to the beloved disciple : I beseech Thee that in all my afflictions, I may receive the joy of Thy loving consolations, that so I may abide secure amidst the darts of the enemy. Amen.

IV.

HAIL, O Jesus ! Who didst cry aloud, "My God, my God, why hast Thou forsaken me?" by that bitter anguish, I entreat Thee that in the hour of my death, Thou wouldst not forsake me, O my God. Amen.

V.

HAIL, O Jesus ! Who in Thine Agony didst cry aloud, "I thirst," and didst permit vinegar and gall to be given Thee to drink : teach me to thirst for eternal glory, and extinguish in my members the thirst of carnal concupiscence and the heat of earthly delight.

VI.

HAIL, O Jesus ! Who, Thy work of Love accomplished, didst cry aloud, "It is finished," grant that we, thus redeemed at so great a price, in entering the straight and narrow way, may continue therein until we reach the goal, and receive the crown from Thee the Captain of our Salvation.

VII.

HAIL, O Jesus ! Who didst cry in Thy dying hour, "Father, into Thy Hands I commend My spirit." by this Thy precious Death, I entreat Thee, O King of saints, strengthen me in my last hour to resist all the

assaults of the enemy, and do Thou, O most merciful Lord, receive at last my soul into Thy Hands, returning, as it were, an exile and stranger to its most sweet fatherland. Amen.

Christ, when Thou shall call me hence,
Be Thy Passion my defence,
Be Thy Cross my victory ;
When my body here decays,
May my soul Thy goodness praise,
Safe in Paradise with Thee.

S. Gregory's Prayers on the Passion.

I ADORE Thee, O Lord Jesus Christ, hanging on the Cross, and bearing the Crown of Thorns on Thy Head ; and I pray Thee that by Thy Cross Thou wilt liberate me from the destroying angel. Amen.

I ADORE Thee, O Lord Jesus Christ, wounded for our transgressions, and given vinegar and gall to drink, and I pray Thee that Thy Wounds may be the healing of my soul. Amen.

I ADORE Thee, O Lord Jesus Christ, Who for me, a miserable sinner, didst endure extreme bitterness and desolation of spirit, and

especially in that hour when Thy glorious Soul didst depart from Thy blessed Body : I pray Thee, have mercy upon me in my last hour, and lead me into the land of eternal life. Amen.

I ADORE Thee, O Lord Jesus Christ, descending into hell and liberating the captives ; and I pray Thee that Thou wouldst admit me at last into Thy kingdom.

O LORD Jesus Christ, I adore Thee rising from the dead, ascending into Heaven, and sitting at the Right Hand of the Father ; and I pray Thee, that there I may follow Thee, and abide with Thee for ever. Amen.

Further devotions on the Passion will be found on page 118, "The Litany of the Passion," and on page 145, "Meditation for Good Friday," &c.





Prayers for Use during Sickness.



In the midst of life we are in death, and every time God sends us sickness or bodily pain, it should remind us that our frail bodies must sooner or later yield to their assaults, and should lead us to consider whether we are living in peace with Him, and sustaining that Divine Life, implanted in us at our Baptism, which death cannot touch.

Therefore let the solitude of your sick chamber be first employed in making your self-examination, and, if there be need, in seeking the spiritual assistance of those to whom God has committed the care of your soul; an assistance which, in the case of dangerous sickness, you should never fail to seek. And remember that any sickness may become dangerous; a cold may be the precursor of a fever: therefore do not, on any account, defer the duties of examination and repentance because there seems no immediate danger; for should your sickness increase, it may render you utterly unfit to perform these duties, or if it does not, may yet prevent your discharging them with sufficient care and devotion.

Above all things, you must strive to submit yourself to God's will. What son is he whom the father chasteneth not? Our Blessed Lord, the Captain of our salvation, was made perfect through sufferings, and passed, like all His Saints, through pain to glory. He but calls us to tread the same rough road He has trodden before us; and if we bear our cross manfully after Him, we shall overcome, even as He overcame.

However great our sufferings, may be, they cannot be compared with those He bore, although at any moment He might have put them from Him ; and our sins were the cause of those sufferings, as also the cause of the pain we ourselves have to endure in disease and death. But how far are our sufferings beneath our deserts ! how infinite the love which led Him to endure the agony and shame of the Cross for us !

Therefore your chief care, when sick, must be repentance. S. Augustine used to say that no Christian, however innocent his life might have seemed, could ever die in any other state than that of a penitent.

Again : sickness is often sent as a punishment for sin ; and therefore a sincere repentance and confession of sin is often the most effectual means of recovery.

Still it will be safer to engage the best friends to give you notice if your illness be dangerous, and not to flatter you with hope of life, if there be little ground for hope.

The following directions and prayers may enable you to discharge the duties of the sick-bed without difficulty.

RESIGN YOURSELF TO GOD'S WILL.

O MOST blessed Lord Jesus, Who wast our example in Thy submission to Thy Father's will, and Thy patience in suffering, behold, I desire to receive this sickness as a merciful chastisement from Thy loving Hand, and as being far less than my sins have deserved. It is Thy will it should be thus with me, and I submit. Thy will be done in earth as it is in heaven. I am Thy creature, and the work of Thy Hands, and it is in Thy mercy Thou dost send me pain and suffering here. O most merciful Lord, take away from me all murmuring,

and resistance to Thy will ; strengthen me to endure, that, bearing my cross after Thee here, I may pass through the trials and suffering of this world to that eternal rest Thy sufferings have purchased for me : Who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

IMPLORE GOD'S MERCY.

BUT, O Lord, rebuke me not in Thine indignation, neither chasten me in Thy displeasure. Have mercy upon me, for I am weak. Thou knowest how frail I am, that I am but dust and ashes in Thy sight ; deal not with me, therefore, after my sins, neither reward me after my misdeeds, for in Thy sight shall no man living be justified. O most loving Saviour, receive me into Thine Arms in the hour of my distress, hide me in Thy Wounds, bathe my soul in Thy most precious Blood. Amen.

A PRAYER FOR RECOVERY.

O ALMIGHTY Father, in Whose hands are the issues of life and death, Who didst hear the prayer of Hezekiah, and add fifteen years to his life, if it be Thy will, raise me up from this bed of sickness, prosper the means used for my recovery, and grant that I may spend all the years it shall please Thee

to grant me here, in holy obedience to Thy will: through Jesus Christ our Lord. Amen.

BEFORE TAKING MEDICINE.

GRANT Thy blessing, O Lord, upon the means I am about to use for the recovery of my health, and restore me, if it be Thy good pleasure: through Jesus Christ our Lord. Amen.

So soon as you are able, begin your self-examination; the Form already provided in this book will answer your purpose, or you will find a fuller form in the 'Bread of Life.'

Be sure, if you cannot quiet your own conscience, through the pressure of deadly sin, to seek the assistance of God's minister, to whom He has committed the care of your soul, and to open to him your grief, that you may receive ghostly counsel and advice, together with the benefit of absolution, through the precious Blood.

It will be well during your sickness to use the Litany of the Passion, and to get your friends to read to you the chapters of the Gospels which tell of the sufferings of your Lord, that you may bear yours the more patiently for His sake.

If your sickness should become dangerous, remember that there can be no greater succour in the Valley of the Shadow of death than the Sacrament of the Body and Blood of Christ, which you should earnestly seek of those to whom God has committed the care of your soul; they will assist you in your preparation, which need not be long or burdensome. See the devotions for 'Sunday,' in the 'Bread of Life.' The Protestation concerning death will also test your preparation for receiving Jesus on earth, or being with Him in Heaven.

SHORT ACTS OF DEVOTION FOR THE TIME OF
SICKNESS.

1. LORD, I accept this sickness from Thy hands, praying for strength to resign myself to Thy blessed will. Not my will, but Thine be done.

2. O Lord, rebuke me not in Thine indignation, neither chasten me in Thy displeasure.

3. O Thou who wast made perfect through sufferings, grant me strength to endure all that Thou mayest see fit to send me, so that, enduring to the end, I may be saved.

4. I give Thee thanks and praise for all that Thou, O Lord, hast borne for me. O grant me patience to follow in the path Thou hast trodden before me.

5. O most sweet Jesus, Thou didst suffer, being innocent ; shall I not suffer, being guilty ?

6. Thou, Who hast said, ' As many as I love, I rebuke and chasten,' grant that in this chastisement I may be supported by Thy love.

7. Grant that my light affliction, which is but for a moment, may work for me an exceeding weight of glory.

8. O Lord Jesus, fill me with Thy love, that I may enter upon those joys which eye hath not seen, ear hath not heard, but which Thou hast prepared for them that love Thee.

9. O sweet Jesus, receive me into Thine arms in my distress ; wash my soul in Thy blood ;

create in me a clean heart, and renew a right spirit within me.

10. O Lord, for Thy sake I forgive all who have ever offended me, as I hope to be forgiven by Thee.

11. God be merciful to me a sinner.

12. Have mercy upon me, O God, after Thy great goodness: according to the multitude of Thy mercies, do away mine offences.

13. O that I had never offended so good a God: would that I had always preserved my Baptismal innocence! I renounce the world, the flesh, and the devil; I desire to renew my Baptismal Covenant, and to remain Thy soldier and servant until my life's end.

14. I commend my soul to God the Father, Who created me; to God the Son, Who redeemed me; to God the Holy Ghost, Who sanctifieth me. Into Thy hands I commend my spirit, for Thou hast redeemed me, O Lord, Thou God of Truth.

IN SUFFERING.

O LORD Jesus, accept my sufferings, which I desire to unite with Thine; sanctify these afflictions to my soul, so that the pain of body I suffer may bring me nearer Thee. O fill me with such love towards Thee, that for Thy sake I may rejoice to be conformed to Thine image in suffering, and to be made like unto Thee; come to my help, and fill me with that

love which casteth out fear. Oh ! how light are my sufferings compared with Thine ! and Thou didst of Thine own love bear all for me, a most miserable sinner. O Lord, help me ; let me never be separated from Thee ; give me strength to bear all for Thee. Amen.

Anima Christi.

Soul of Christ, sanctify me ;
 Body of Christ, save me ;
 Blood of Christ, refresh me ;
 Water from the Side of Christ, wash me ;
 Passion of Christ, strengthen me.
 O good Jesu, hear me,
 Within Thy Wounds hide me,
 Suffer me not to be separated from Thee.
 From the malicious enemy defend me,
 In the hour of my death call me,
 And bid me come unto Thee,
 That with Thy saints I may praise Thee
 To all eternity. Amen.

O UR Father, etc.

O SAVIOUR of the world, Who by Thy Cross and precious Blood hast redeemed me, save me and help me, I humbly beseech Thee, O Lord.

*See also the Litany given for use in Advent, page 108.
 It may be very useful.*

THANKSGIVING FOR RECOVERY.

Should it please God to restore your health, you must not forget to render Him thanks and praise for raising you up. The following form may assist you :—

BLESS the Lord, O my soul ; and all that is within me, bless His holy Name.

Bless the Lord, O my soul, and forget not all His benefits :

Who forgiveth all thy sin, and healeth all thine infirmities :

Who saveth thy life from destruction, and crowneth thee with mercy and loving-kindness.

Bless the Lord, O my soul ; and all that is within me, bless His Holy Name.

O MOST gracious God, Who hast in Thy great mercy raised me up from the gates of death, and prolonged my days upon the earth, grant that I may devote the life Thou hast spared, to Thy service ; let me never forget the mercies Thou hast shown me ; grant me grace to keep all the vows and resolutions I have made unto Thee ; that so I may live as a faithful soldier of the Cross, until I receive the everlasting Crown, which Thou hast promised to those who love and serve Thee. Amen.

OUR Father, etc.

May the Lord Almighty order all my days and doings in His peace.

Use this form for several days after your recovery: be very careful to remember all you have promised to God in your sickness.

‘Sin no more, lest a worse thing come unto thee.’

PREPARATION FOR DEATH.

Although it may please God to grant you length of days, yet death may be very near indeed. It is well, not only in sickness, but even in health, to meditate upon your latter end; that, should it come suddenly, it may not find you unprepared. The following Protestation concerning death may assist you, but you must examine yourself deeply as to whether it is the language of your heart. The Litany given for use in Advent will be very useful.

O GOD, in Whose Hand are the issues of life and death, Who upholdest all things by the word of Thy power, I desire to accept of death with meek submission, as the debt due to Thy Divine Majesty on account of my sins.

I believe in Thee, O Blessed Trinity, Three Persons yet One God, and in all the truths which Thou hast revealed through Thy Word to Thy Church.

I BELIEVE in God the Father Almighty, Maker of heaven and earth;
And in Jesus Christ His only Son our Lord, Who was conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate,

Was crucified, dead, and buried, He descended into hell ; The third day He rose again from the dead, He ascended into heaven, And sitteth at the right hand of God the Father Almighty ; From thence He shall come to judge the quick and the dead.

I believe in the Holy Ghost ; The holy Catholic Church ; The Communion of Saints ; The forgiveness of Sins ; The Resurrection of the Body ; And the Life Everlasting. Amen.

I BELIEVE, O God, that Thou didst send Thy Son to die for me, a miserable sinner ; that Thou didst make me, in my Baptism, a member of Christ, a child of God, and an inheritor of the kingdom of Heaven ; that Thou dost hear my prayers, and sanctify me by Thy Holy Spirit ; that through Thee alone I can do all things. And therefore, O God, I praise Thy Name ; in this Faith I would live, and in this Faith, by Thy help, would die. And, O my God, trusting only in Thee and Thy grace, so freely bestowed upon me, I look for the pardon of my sins, through faith in Thy dear Son ; and and for that eternal bliss which His merits, and not my own, have purchased. Therefore in Thy strength I will strive, so long as life lasts, to fight against the world, the flesh, and the devil, and to continue Thy soldier and servant unto my life's end ; for Thy sake forgiving all who have offended me, for Thy sake cheerfully bearing all

Thou wouldst have me bear, even death itself, and those pains which accompany it ; so that loving Thee above all things, I may be with Thee in Paradise. O crucified Saviour, Who, that I might die in Thee, didst die upon the Cross for me, suffer me not in my last hour, for any pains of death, to fall from Thee. Remember, O good Shepherd, that I am one of Thy sheep, purchased by Thy Blood. O guide me through the Valley of the Shadow of Death ; let Thy rod and staff comfort me ; be with me when all earthly help shall fail ; suffer me not to be separated from Thee ; forget not the ransom Thou hast paid for me ; at my last hour receive me, and call me to Thee ; hide me in Thy Wounds, wash me in Thy Blood, that, with Thy Saints, I may praise Thee to all eternity. Amen.

OUR Father, &c.

IN the midst of life we are in death : of whom may we seek for succour, but of Thee, O Lord, Who for our sins art justly displeased ?

Yet, O Lord God most holy, O Lord most mighty, O holy and most merciful Saviour, deliver us not into the bitter pains of eternal death.

Thou knowest, Lord, the secrets of our hearts ; shut not Thy merciful ears to our prayer ; but spare us, Lord most holy, O God most mighty, O holy and merciful Saviour, Thou most worthy

Judge eternal, suffer us not, at our last hour, for any pains of death, to fall from Thee.

O SAVIOUR of the world, Who by Thy Cross and precious Blood hast redeemed me, save me and help me, I humbly beseech Thee, O Lord. Amen.

THE COMMENDATION OF A DEPARTING SOUL,
FOR THOSE WHO WATCH BY THE DYING.

O GOD the Father of Heaven,
Have mercy upon *him*.
O God the Son, Redeemer of the world,
Have mercy upon *him*.
O God the Holy Ghost, proceeding from the
Father and the Son,
Have mercy upon *him*.

By the Mystery of Thy Holy Incarnation,	} Good Lord, deliver <i>him</i> .
By Thy Holy Nativity and Circumcision,	
By Thy Baptism, Fasting, and Temptation,	
By Thine Agony and Bloody Sweat,	
By Thy Cross and Passion,	
By Thy precious Death and Burial,	
By Thy glorious Resurrection and Ascension,	
By the wonderful Coming of the Holy Ghost,	

In the hour of death,
In the day of judgment,
Good Lord, deliver *him*.

Lord, have mercy :
Christ, have mercy :
Lord, have mercy.

GO forth, O Christian soul, from this world, in the name of God the Father Who created Thee ; in the name of Jesus Christ, the Son of the Living God, Who suffered for thee ; in the name of God the Holy Ghost, Who hath sanctified thee ; in the name of Angels and Archangels ; of Thrones and Dominations ; in the name of Principalities and Powers ; in the name of Cherubim and Seraphim ; in the name of the Patriarchs and Prophets ; in the name of the Holy Apostles and Evangelists ; in the name of the blessed Martyrs and Confessors ; and of all the Saints of God. May thy place be this day in peace, and thine abode in Mount Sion, through Christ our Lord. Amen.

O MOST merciful God, Who, according to the multitude of Thy mercies, dost so put away the sins of those who truly repent, that Thou rememberest them no more ; open Thine eye of mercy upon this Thy servant, who most earnestly desireth pardon and forgiveness. Renew in *him*, most loving Father, whatsoever hath been decayed by the fraud and malice of the

devil, or by *his* own carnal will and frailness ; preserve and continue this sick member in the unity of the Church ; consider *his* contrition, accept *his* tears, assuage *his* pain, as shall seem to Thee most expedient for *him*. And forasmuch as *he* putteth *his* full trust only in Thy mercy, impute not unto *him* *his* former sins, but strengthen *him* with Thy blessed Spirit ; and since Thou art pleased to take *him* hence, take *him* unto Thy favour, through the merits of Thy most dearly beloved Son Jesus Christ our Lord. Amen.

We commend thee to Almighty God, dearest *brother*, and commit thee to Him Whose creature thou art, that when thou shalt have paid the debt of humanity by death, thou mayest return to thy Maker, Who formed thee from the dust of the earth. Therefore, as thy soul departeth from the body, may the bright host of angels meet thee ; may the glorious company of the Apostles greet thee ; the noble army of Martyrs welcome thee ; and the great multitude which no man could number, clothed in white robes, encompass thee. May Christ Jesus look upon thee in gentleness and love, and set thee for ever amongst those who shall stand before Him, where are no tears, neither sorrow, nor crying. Mayst thou never know the outer darkness, the flame that is not quenched, the worm that dieth not ; but let Satan with his apostate

angels flee before thee into the vast abyss of eternal night. Let God arise, and let His enemies be scattered; let them also that hate Him flee before Him. Like as the smoke vanisheth, so shalt Thou drive them away, and like as wax melteth at the fire, so let the ungodly perish at the presence of God. May Christ, Who was crucified for thee, deliver thee from eternal death. May Christ, the Son of the Living God, place thee in the ever verdant gardens of His Paradise; and may He the true Shepherd acknowledge thee amongst His sheep. May He absolve thee from all thy sins, and place thee at His Right Hand; mayst thou behold thy Redeemer face to face, and ever standing in the joy of His Presence, drink of the fount of life eternal, and enjoy the beatific vision for evermore. Amen.

Receive, O Lord, the soul of Thy servant, who hath no hope but in Thy mercy. Amen.

Deliver, O Lord, the soul of Thy servant from the bitter pains of eternal death. Amen.

Deliver *him* as Thou didst deliver Enoch and Elijah from the common doom. Amen.

As Thou didst deliver Noah from the flood. Amen.

As Thou didst deliver Job from his distress. Amen.

As Thou didst deliver Isaac from the uplifted knife. Amen.

As Thou didst deliver Lot from Sodom on its day of doom. Amen.

As Thou didst deliver Moses from Egypt. Amen.

As Thou didst deliver Daniel from the lions' den. Amen.

As Thou didst deliver the three children from the burning fiery furnace. Amen.

As Thou hast ever delivered the souls of them who trust in Thee. Amen.

WE commend to Thee, O Lord, the soul of Thy servant, M., and we beseech Thee, O Saviour of the world, that as Thou didst of Thy love come down to earth in mercy to seek it, so Thou wouldst now not refuse it a place in the bosom of Thy Patriarchs. Acknowledge, O Lord, Thy creature, not made by strange gods, but by Thee, the Living and True God, for there is none other beside Thee, and none that can do as Thou doest. Make *him* glad, therefore, O Lord, in Thy sight, and remember not the old sins or the iniquities which through the frailty of the flesh *he* hath committed, but according to Thy great mercy be mindful of *him* in the brightness of Thy glory, that loosed from the bonds of the flesh, *he* may attain unto the glory of the heavenly kingdom.

through the grace of our Lord Jesus Christ, Who with the Father and the Holy Ghost, liveth and reigneth for ever. Amen.

THE LAST AGONY.

When the soul is about to depart from the body, then more than ever ought those who are by to pray earnestly upon their knees around the bed, and if the dying be unable to speak, the Holy Name of Jesus should be breathed into his ear, and such expressions as, "Into Thy Hands, O Lord, I commend my spirit."

At the moment of Departure (or immediately after),

Let us pray.

O ALMIGHTY God, with Whom do live the spirits of just men made perfect after they are delivered from their earthly prisons, we humbly commend the soul of this Thy servant, our dear *Brother*, into Thy hands, as into the hands of a faithful Creator, and most merciful Saviour; most humbly beseeching Thee, that it may be precious in Thy sight. Wash it, we pray Thee, in the Blood of that immaculate Lamb that was slain to take away the sins of the world; that whatsoever defilements it may have contracted in the midst of this miserable and naughty world, through the lusts of the flesh, or the wiles of Satan, being purged and done away, it may be presented pure and without spot before Thee. And teach us who survive, in this and other like daily spectacles of mortality, to see how frail

and uncertain our own condition is ; and so to number our days, that we may seriously apply our hearts to that holy and heavenly wisdom, whilst we live here, which may in the end bring us to life everlasting, through the merits of Jesus Christ, Thine only Son, our Lord. Amen.

℣. Eternal rest give unto *him*, O Lord.

℞. And let perpetual light shine upon *him*.

OUR Father, &c.

℣. The Lord gave and the Lord hath taken away.

℞. Blessed be the name of the Lord.



FOR MOURNERS.

Should you have to grieve over the loss of one dear to you, remember that our dear Lord grieved over Lazarus, and suffered His Blessed Mother to grieve for Him. He knows all our sorrows, and counts all our tears, and He will pity you, and unite those who love Him in that Blessed Land where there are no tears, neither sorrow nor crying : where dear families, once scattered, are gathered again ; where the sobs of the mourner are hushed in perfect peace, and no shadow of the future dims the glory of the present.

O JESUS, Son of Mary, Who hast worn our throbbing flesh, and shed the frequent

tear for us, Who knowest every sigh of the mourner, and countest every tear ; Thou only Good ; Thou only Wise ; Who dost chasten those whom Thou lovest,—grant me perfect submission to Thy will, knowing that, as a father pitieth his children, so art Thou merciful to those who fear Thee. Thou Who didst weep over Lazarus's grave, grant that, while I thus weep, I may yet look by faith to that bright land where Thou art the uncreated Sun ; and may so live here through Thy grace, that I may meet *him* who is but gone before in that happy Home, where Thou livest and reignest with the Father and the Holy Ghost, God, world without end. Amen.

The following meditation upon the state of the Blessed may strengthen your faith and hope :

Consider my soul, the Blessed Company of the Redeemed, who have passed safely through the waves of life's tempestuous sea, and through the merits of their Redeemer, have reached the haven of eternal peace. While, like thee, they wore this body of sin and death, they so lived unto the Lord of Life, that they now reign with him for ever, and where faith is lost in sight, hope in fruition, but love never faileth, they pour forth effectual prayers for those whom they loved upon earth, that like them, they may be where tears and sorrow are banished away.

These are they who have overcome through

the Precious Blood of the Lamb, and now dwell where Jesus is, and behold His glory without a veil between. Once they were mourning here below ; how great the change ! Once they were plagued with bodies of sin and death under which they did groan being burdened, but now the conflict is over, sin and sorrow can never reach their ransomed souls. O with what adoring gratitude can they not look back on the way that the Lord hath led them, to prove them, and to try them. Their gracious Lord hath brought them off more than conquerors through the Precious Blood : He hath made them meet to be partakers of the inheritance of the saints in light, where they will dwell for ever, ascribing all honour and glory to Him that sitteth upon the throne, and to the Lamb for ever and ever.

Farewell, O beloved one, farewell, yet not for ever, I would not recall thee to this vale of tears. Faith bids me behold thee in this happy company. Hope tells me that I shall join thee in thy song of praise, and O, till then, may I ever lean on Him, Who is strong, for strength and for safety in the perils of the way ; I loved thee on earth, but how shall I love thee, when I meet thee in His Presence, Who is infinite Love, in Heaven. Till then farewell, yet not farewell !

Cease, ye tearful mourners,
Thus your hearts to rend ;
Death is life's beginning
Rather than its end.

What though to corruption
We this body give?
Soon shall all its senses
Re-awake and live.

Soon shall life revisit
These poor bones again,
And the blood be flowing
Through each tingling vein.

And from its corruption
This same body soar,
With the self-same spirit
That was here of yore.

Here Eternal Wisdom
Lately made its home,
And again shall claim it
In the days to come.

Then shall hope in glory
Its fruition see ;
Then shall life be lost
In immortality.

O Eternal Justice,
Make no more delay ;
O divinest Period,
Speed thou on thy way. Amen.



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