

**Creative Aging:  
Inclusive Visual art for older people in a care setting.**



Figure 1: Artist at work

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Figure 2: Table of contents

# Literature Review

**Introduction (Cohen, 2006)**

- \* **Creative Aging**

- \* **Arts Engagement**

**Inclusion (Fox & Macpherson, 2015)**

- \* **Benefits to individual**

- \* **Value of work produced**



Figure 3: Introducton

## Literature review

### Differentiation (O'Sullivan & Rogers, 2016)

- \* Information on students
- \* Flexibility (Jermyn, 2004)

### Benefits of art participation

- \* Physical and mental health (Ellis-Hill et al., 2019)
- \* Social
- \* Well being
- \* Improved quality of life



Figure 4: Health Benefits

# Literature review

## Additional Benefits

- \* Residents and staff  
(Hughes, Woods, Algar-Skaife & Hedd-Jones, 2019)
- \* Communication (Basting, 2006)

## Conclusion

- \* Policy (Ní Léime & O' Shea, 2010)
- \* Art intervention is essential (Gross-McAdam, 2012)



Figure 5: Art for all

## Part two: Overview of resource pack contents

- \* Positive Impact of Art
- \* Exhibitions
- \* Painting and Painted glass
- \* Technology and Photography
- \* Patchwork
- \* Community Quilt
- \* Printing
- \* Online Resources
- \* References



Figure 6: Innovation in art

## Documentary on the positive impact of Art



Figure 7: I remember better when I paint. (Ellena & Heubner, 2010)

# Exhibitions

- \* Looking and Responding
- \* Local artists
- \* Own work
- \* Collaborative work



Figure 8 : Art exhibition

# Painting

- \* **Drawing**
- \* **Abstract pictures**
- \* **Exploring colour**
- \* **Mixing colours**
- \* **Colour wheel**



Figure 9 : Painting

## Painted glass



Figure 10 : Stained glass effect (Blick, 2017)

# Technology

**Ipads are a cost effective and innovative way to introduce technology to dementia patients (Ford, 2014).**



Figure 11: Art set (Ford, 2014)

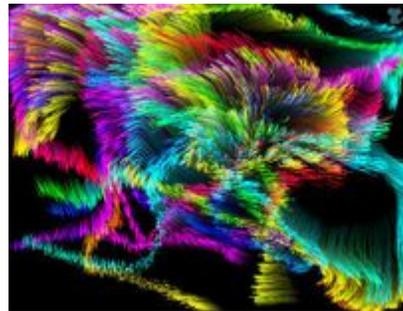


Figure 12: Swirlicity (Ford, 2014)



Figure 13: MidnightHD (Ford, 2014)



Figure 14: Book Creator (Ford, 2014)

# Photography

- \* Disposable camera
- \* Old photographs
- \* Digital camera



Figure 15: Photographer at work

## Quilt as art



Figure 16: Quilt Artist (Browning, 2017)

# Community Quilt

- \* Plain white square material or card
- \* Reflects something about the individual
- \* Decorate with fabric pens, crayons, paint, felt etc.
- \* Drawings, colouring, printing, fabric,
- \* Squares tied/sewn together
- \* Wall hanging or a quilt



Figure 17: Patchwork cushions

# Printmaking

\* **Monoprinting**

\* **Collagraphy**



Figure 18: Printing in action

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